



**TECNIA INSTITUTE OF ADVANCED STUDIES**

NAAC ACCREDITED GRADE "A" INSTITUTE

Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to GGSIP University  
Recognized Under Sec. 2(f) of UGC Act 1956

INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085

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## Fit India Youth Club

### Report

### On

### Intra Institute Sports Competition

**EVENT** : Intra Institute Sports Competition  
**THEME** : Hygiene and Cleanliness  
**Convener** : DR.ROHTASHKUMAR  
**Participation** : BBA  
**Date** : 31/12/2020 , Thursday  
**Time** : 12:00AM onwards  
**No of Beneficiary** : 61  
**Platform** : Online



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INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085



**Fit India Youth Club**

Organizes

**Talk by Specialist**

**(Theme: Hygiene and cleanliness)**

**Departments: MBA, BBA, BA(J&MC) & BCA**

**Date : 31/12/2020 , Thursday**

**Time : 12:00 Noon Onwards**

**Platform : Online**

In Association With



**DR. ROHTASH KUMAR**  
Nodal Officer

*Coordinator*  
Internal Quality Assessment Cell (IQAC)  
Tecnica Institute of Advanced Studies  
New Delhi-110085

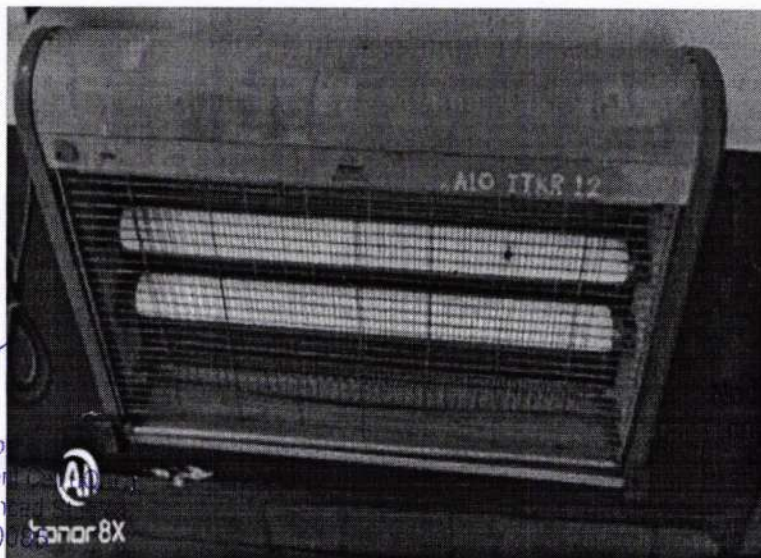
*DR. ROHTASH KUMAR*  
Nodal Officer, Fit India Youth Club  
Tecnica Institute of Advanced Studies  
Madhuban Chowk, Rohini, Delhi -85

## OBJECTIVES OF THE EVENT

- To provide an environment for physical development of the students.
- To provide opportunity to the student to show case their talent in sports field.

## REPORT

An event "Talk by Specialists" of Fit India Youth Club of Tecnia Institute of Advanced Studies with reference to UGC's letter no 1-54/2019 (Website/Fit India) dated 13th December, 2019 for the implementation of "Fit India Campaign" in Higher Educational Institutions was organized on 28.06.2021, Monday. In contrast with physical activity, Based on the "Theme: Hygiene and Cleanliness" which is related to the movements that students perform, physical fitness is a set of attributes that students have or achieve. A hygiene audit will provide an insight into how an organization operates in a sustainable manner in terms of hygiene environment to the stakeholders as per the International Standard for Occupational Health and Safety Management Systems (ISOHSMS). If an organization has a hygiene auditing process implemented already, then it should apply environmental context into a clean environment. Environmental audit is a natural management tool and it will become more effective when hygiene audit is added to it. It is an essential requirement to adopt an audit process for a sustained utilization of resources in a hygienic way in both developed and developing countries like India. Hygiene will be of different types such as personal hygiene, environmental hygiene, medical hygiene and public hygiene which are all interrelated between each other in terms of maintaining a hygienic atmosphere to the stakeholders.



Coordinator  
Internal Quality Assessment  
Tecnia Institute of Advanced Studies  
New Delhi-110

Rohitash Kumar  
Officer, Fit India Youth Club  
Tecnia Institute of Advanced Studies  
Urban Chowk, Rohini, Delhi -85

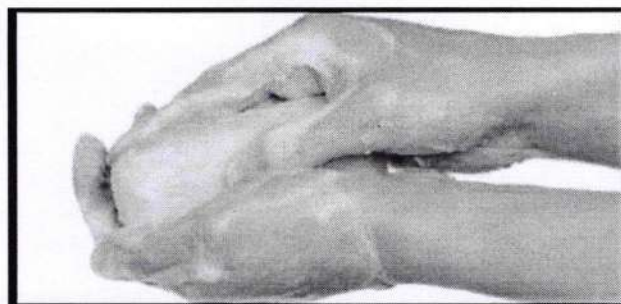




  
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**Hand wash with a soap**

A healthy population is the essential component of a country's wealth in terms of political, economic and environmental sustainability. In terms of population growth statistics, India is the fastest populating country to strike the second position in total population cover which is about 138 million and constitutes 17.25% of the total global population (IGBC, 2021; WGBC, 2021). Demographic status of India revealed that if the population increase continues to be at this rate, India is expected to be the most populated country by 2050. Along with the birth rate, social and environmental issues are also increasing and alarming now-a-days. As consequences of over population, 2 social well-being of man and status of quality environment of the country get affected by the developing pressure on food, clothes, housing and other basic necessities, unemployment, loss of standard of living, decrease of forest cover, environmental pollution, energy crisis, ecological degradation and lack of hygienic condition-resulting in the distortion of well-being of a country.

## Learning outcome

### Students have learnt about

- tactical and decision making skills on the basis of tactics involved in playing the games
- the strategic skills by involving themselves in the mind game such as chess.

## List of Beneficiary -

S.No	NAME	ENROLLMENT NO.	DEPARTMENT
1	Soumya Sharma	06121302418	BA (JMC)
2	Tanisha	07717002419	BA (JMC)
3	Srishti Verma	36021302418	BA (JMC)
4	Love Manchanda	41421302418	BA (JMC)
5	Yuvraj Singh	09317001719	BBA
6	Yuvraj Singh	09317001719	BBA
7	Abha Bansal	11717001719	BBA
8	Yuvraj Singh	09317001719	BBA
9	Manav Jawa	03717001719	BBA

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10	ABHA BANSAL	11717001719	BBA
11	GORANG KAUSHIK	35221302418	BA (JMC)
12	CHAINIKA	01917001719	BBA
13	RIYA JAIN	04821302418	BA (JMC)
14	Akansha Sharma	07217001719	BBA
15	Renu	35821302418	BA (JMC)
16	Kanishk	08817002419	BA (JMC)
17	Umar Farooq	02317001719	BBA
18	TUSHAR ARORA	05217001719	BBA
19	Twinkle	06421302418	BA (JMC)
20	MahimaNagpal	42621302418	BA (JMC)
21	SHIVAM THAKUR	05721302418	BA (JMC)
22	TANISH BANSAL	00221301719	BBA
23	AARUSHI SAXENA	12117001719	BBA
24	AARUSHI BANSAL	35121302418	BA (JMC)
25	ANANDITA	00317002019	BCA
26	ASHWIN ATRISH	00421301718	BBA
27	MAHESH JOSHI	07317001719	BBA
28	ASHWIN ATRISH	00421301718	BBA
29	ADITYA PRATAP SINGH	06921302419	BA (JMC)
30	MANAV JAWA	03717001719	BBA
31	AKANKSHA SUYAL	00321302418	BA (JMC)
32	HARDIK MANCHANDA	36621301719	BBA
33	YASHITA KANSAL	01517001719	BBA
34	ASHWIN ATRISH	00421301718	BBA
35	RIYA CHADHA	03817001719	BCA
36	VIDHI THUKRAL	08321301719	BBA
37	SHIVANSH JAIN	08880301719	BBA
38	YASHITA KANSAL	01517001719	BBA
39	ASHWIN ATRISH	00421301718	BBA
40	YASH ARYAN JHAWAR	42917001718	BBA
41	GAGAN GOEL	00117001719	BBA
42	SAKSHI HARSANA	05521302418	BA (JMC)
43	SANDHYA GUPTA	43121302418	BA (JMC)
44	CHANDRESH VERMA	42517001718	BBA
45	KARAN GULATI	41121302418	BA (JMC)
46	MAHEK BHATIA	35421302418	BA (JMC)
47	GAURI PAHUJA	43017001718	BBA
48	ISHA BATRA	00717002019	BCA
49	Himanshi Rathi	00217004418	MCA
50	PRABHLEEN KAUR	35721302418	BA (JMC)
51	Humanshu Dua	00321324419	MCA
52	SHIVAM THAKUR	01417002019	BCA
53	RIDHIMA SHARMA	40521302418	BA (JMC)

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54	RASHMI	80776684330	MCA
55	VANSH BATRA	06817001719	BBA
56	TUSHAR THAKUR	11617001719	BBA
57	RASHMI	35417004418	MCA
58	SUSHMITA	90117004418	MCA
59	GAGAN GOEL	00117001719	BBA
60	SUSHMITA	90117004418	MCA
61	JANUAL ABDIN	02717002019	BCA

  
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