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TECNIA INSTITUTE OF ADVANCED STUDIES

Approved by AICTE, Ministry of Education Govt. of India, Affiliated to GGSIP University Recognized Under Sec. 2(f) of UGC Act 1956 INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085 Tel:91-11-27555121-24, E-Mail : directortias@tecnia.in, Website: www.tiaspg.tecnia.in



FIT India Youth Club & NSO

Volleyball Competition Volleyball Competition Title of Activity Sports Activity **Activity Type** The Volleyball Competition upholds values of integrity, excellence, and sportsmanship. We prioritize fair play, respect for all participants, and a commitment to the sport. Our dedication to Values fostering a positive competitive environment ensures that athletes perform with honor and enthusiasm, while promoting growth, inclusivity, and camaraderie in volleyball. • Enhanced Teamwork and Communication: essential for effective play and strategic execution on the court. Improved Technical Skills: leading to more precise and effective performance during matches. Increased Strategic Understanding: gained a deeper understanding of game strategies and tactics, learning to **Learning Outcomes** anticipate opponents' moves and adjust their play accordingly. Enhanced Physical Fitness and Agility: agility, strength, and endurance, which are crucial for high-level volleyball performance. Organized by (Dept./ **FIT INDIA YOUTH & NSO CLUB** Centre/ Cells/Clubs/ Committees Name)* **External Expert / Internal** Mr. Deepak Prasad Expert 22nd March. 2024 Date* 10:00 AM Onwards Time* serpak prasad

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Swarn Jayanti Park , Sector 10, Rohini, Delhi, 110085

Poster/Flyer/Notice*

TECNIA INSTITUTE OF ADVANCED STUDIES GRADE "A" INSTITUTE C, Ministry of HRD, Govt. of India, Affiliated to GOSIP University Recognized Under Sec. 2(f) of UGC Act 1956 AREA MADHUBAN CHOWK, ROHINI, DELHI 110085

ORGANIZING

FIT India Youth Club & NSO

Internal Expert : Mr. Deepak Prasad

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Date : 22nd March, 2024 Time: 10:00 AM Onwards

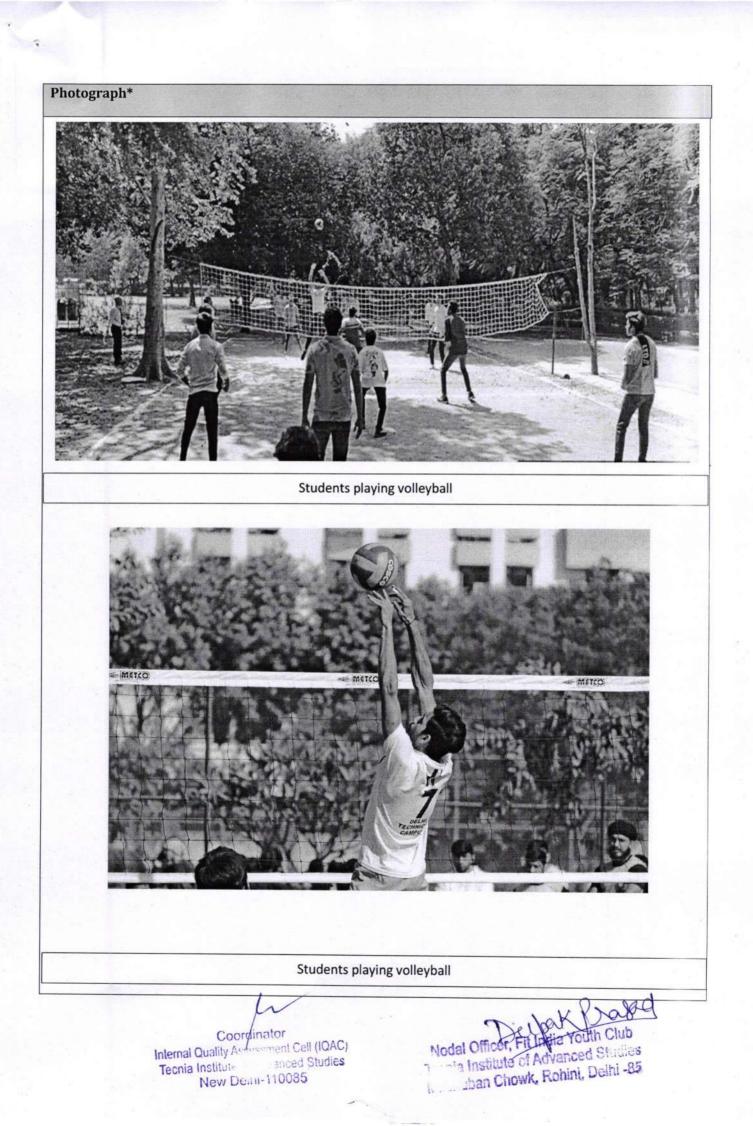
Venue : Swarn Jayanti Park , Sector 10, Rohini, Delhi, 110085

No. of Participants	30		
No. of External Participants (students + faculty) [write NA if not applicable]	NA		
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Event Overview

The Volleyball Competition has successfully concluded, marking another exciting chapter in the world of competitive volleyball held on 22nd March. 2024 from at the Swarn Jayanti Park,Sector 10, Rohini, Delhi, 110085, this year's event showcased thrilling matches, outstanding performances, and a celebration of the sport's dynamic nature. This report provides a comprehensive overview of the event, including key highlights, learning outcomes, and recommendations for future editions.

Thank you for arranging the ground at Swarn Jayanti Park, Sector 10, Rohini. Your support made our game enjoyable and memorable. We appreciate your effort in providing such a fantastic venue. It was a great experience, and we look forward to using the ground for future games. Thanks again!

Event Overview

The competition was structured into preliminary rounds followed by knockout stages leading to the finals. Teams competed under standard volleyball rules, with each match played in a best-of-five sets format. The event focused on maintaining a high level of competitive integrity and fair play.

Participation and Competitors

The Volleyball Competition attracted a diverse group of participants, ranging from local enthusiasts to elite teams from various regions. Competitors included rising stars, seasoned players, and top-tier professionals, all contributing to a vibrant and dynamic event. The variety of skill levels and team strategies showcased the depth and breadth of talent in volleyball.

Key Highlights

- 1. Thrilling Matches: The tournament was marked by several exhilarating matches, with notable contests including [Team A vs. Team B] in the semifinals and [Team C vs. Team D] in the finals, both of which demonstrated exceptional teamwork and strategic play.
- 2. **Outstanding Performances**: Individual performances were particularly noteworthy. [Player Name] showcased exceptional skill in setting and spiking, while [Player Name] excelled in defensive plays and serving. Both players delivered performances that were highlights of the event.
- 3. Memorable Finals: The final matches were the highlight of the tournament. [Winning Team] emerged victorious in a thrilling five-set match, demonstrating consistent

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Report: Description in (min 250 to max 800 words)*

performance and tactical prowess. The finals were wellattended and featured a high level of play that thrilled the audience.

Learning Outcomes -

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The Volleyball Competition offered several valuable learning outcomes for participants:

- Enhanced Teamwork and Communication: Teams developed stronger communication and coordination, leading to improved collective performance on the court.
- **Improved Technical Skills**: Players refined their skills in serving, passing, setting, and spiking through rigorous competition and practice.
- **Increased Strategic Understanding**: Competitors gained a deeper understanding of game strategies and tactics, applying these insights to outmaneuver their opponents.
- Enhanced Physical Fitness: The event fostered improvements in players' agility, strength, and endurance, contributing to overall athletic development.
- Developed Resilience and Adaptability: Athletes learned to adapt to different playing styles and recover from setbacks, building mental toughness.
- **Goal Setting and Achievement**: Teams and individuals set and pursued performance goals, enhancing their motivation and sense of accomplishment.
- **Respect and Sportsmanship**: The tournament emphasized the importance of respect for opponents, officials, and teammates, with participants upholding high standards of sportsmanship.
- Mental Strength and Confidence: Competing in highpressure matches helped players develop confidence and the ability to manage competitive stress.

Challenges and Resolutions

The Volleyball Competition encountered a few challenges, including scheduling adjustments due to unforeseen weather conditions and managing varying skill levels among teams. These issues were addressed through careful planning and flexibility. The organizing team implemented timely adjustments and ensured that all matches proceeded smoothly, maintaining the event's quality and competitive integrity.

Feedback and Testimonials

Feedback from players, coaches, and spectators was overwhelmingly positive. Participants appreciated the well-

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