



TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC ACCREDITED GRADE "A" INSTITUTE

Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to GGSIP University
Recognized Under Sec. 2(f) of UGC Act 1956

INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085

Tel: 91-11-27555121-24, E-Mail : directortias@tecniainstitute.in, Website: www.tiaspg.tecniainstitute.in



Fit India Youth Club

REPORT

Event	: Intra Institute Sports Competition
Theme	: Physical Activity: Key Ingredient of Fitness
Nodal Officer	: Dr. Rahul Tripathi
No of Beneficiary	: 65
Participation	: BBA, BJMC, BCA, MBA
Date	: 30/09/2019, Monday
Time	: 09:30 AM onwards
Platform	: Online



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INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085

Fit India Youth Club

Organizes

Intra Institute Sports Competition:

Indoor Game (Chess, Carom) -

Fitness Sporting Activity

Theme: Physical Activity: Key Ingredient of Fitness

Departments: MBA, BBA, BA(J&MC) & BCA

Date : 30/09/2019

Time : 09:30 AM Onwards

Platform : Online



In Association With



Internal Quality Assurance Cell (IQAC)
Tecnia Institute of Advanced Studies
New Delhi-110085

Nodal Officer: Fit India Youth Club
Tecnia Institute of Advanced Studies
Madhuban Chowk, Rohini, Delhi -05

OBJECTIVES


1. To provide an opportunities to the students for showcasing their talent
2. To promote sportsmanship among students
3. To develop the interests of the students among sports


REPORT

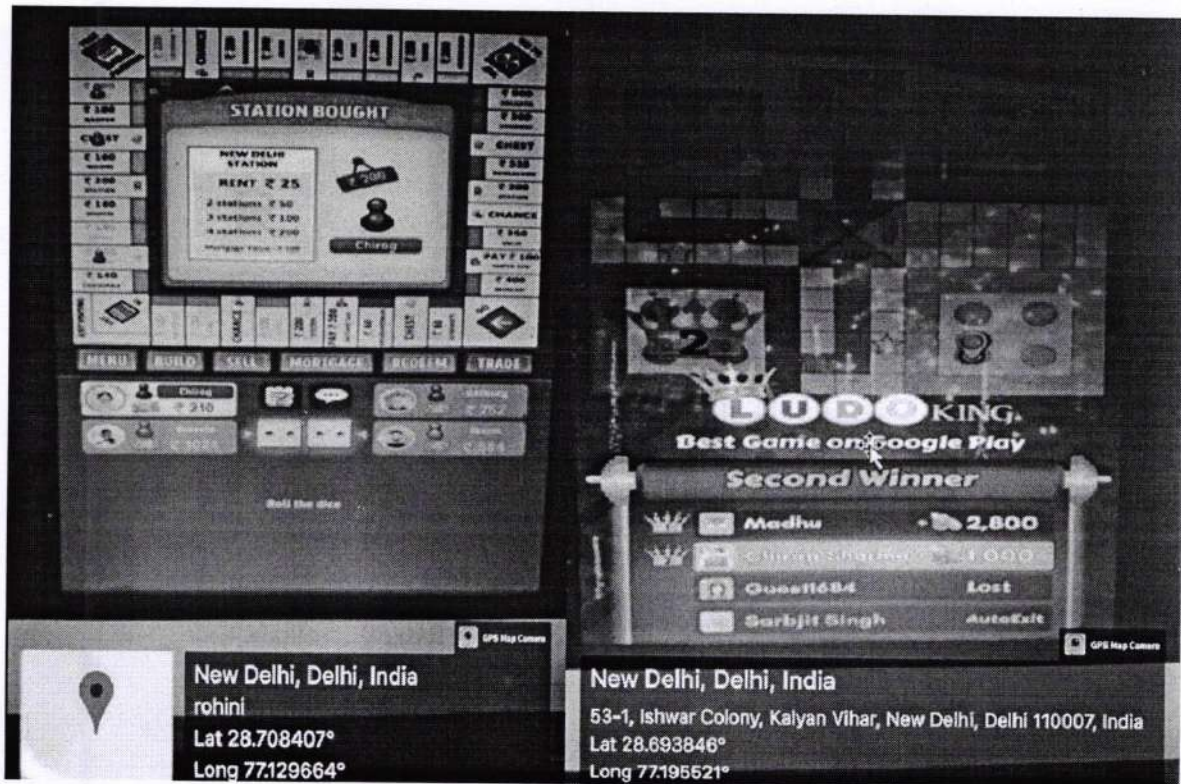
An event of Fit India Youth Club of Tecnia Institute of Advanced Studies on dated 30 September 2019, Monday for the implementation of "Fit India Campaign" in Higher Educational Institutions. In this event, indoor games chess, carom and Ludo were designed for the students where they could play and enhance their skills. All the participants enjoyed this event. The main aim of this event was to provide a platform where the students can compete with each other and hone their skills.

In this event, indoor games like chess, carom and Ludo was designed for the students where they can enhance themselves. All the participants enjoyed this event and were glad that these types of events were organised in the institution where they can achieve something and grow themselves. Sports helps an individual much more than in the physical aspects alone. It builds

character, teaches and develops strategic thinking, analytical thinking, leadership skills, goal setting and risk taking. During this Pandemic, it was also an active move towards the students where they can enjoy themselves and can feel relief.


Coordinator
Internal Quality Assessment Cell (IQAC)
Tecnia Institute of Advanced Studies
New Delhi-110085


Nodal Officer, Fit India Youth Club
Tecnia Institute of Advanced Studies
Munuban Chowk, Rohini, Delhi -85



Students Participation in the event

Coordinator
Internal Quality Assessment Cell (IQAC)
Tecnia Institute of Advanced Studies
New Delhi-110085

Nodal Officer, India Youth Club
Tecnia Institute of Advanced Studies
Madhuban Chowk, Rohini, Delhi-85

LEARNING OUTCOME

Students have learnt -

1. Acquired Relevance Of Indoor Games
2. Enhanced Their Tactical And Decision Making Skills On The Basis Of Tactics Involved In Playing The Games
3. Attained Strategic Skills By Involving Themselves In The Mind Game Such As Chess.

LIST OF BENEFICIARIES

SR.NO	ENROLLMENTNO	NAME
1	00117001719	GAGAN GOEL
2	00217001719	HARDIK SUNEJA
3	00317001719	TARINI AGGARWAL
4	00417001719	VARUN CHOPRA
5	00517001719	JATIN KUMAR
6	00617001719	RUDRANSH SHARMA
7	00717001719	LAKSHAY SINGHAL
8	00817001719	ROHAN AGGARWAL
9	00917001719	AKSHAT GARG
10	01017001719	ARUN KUMAR CHAUHAN
11	01117001719	ARYAN ATREYA
12	01217001719	DEEPANSHU
13	01317001719	DEEPANSHU CHUTANI
14	01417001719	HARDIK SHARMA
15	01517001719	YASHITA KANSAL
16	01617001719	VIBHOR SHARMA
17	01717001719	ROHAN MITTAL
18	01817001719	SOMYA AGARWAL
19	01917001719	CHAINIKA GAMBHIR
20	02017001719	PANSY KHAJURIA
21	02117001719	RAHUL KHANNA
22	02217001719	UTKARSH GAUR
23	02317001719	UMAR FAROOQ
24	02417001719	TANMAY GUPTA
25	02517001719	VANSH GROVER
26	02617001719	ANKIT GULATI
27	02717001719	SAMARTH CHUGH

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Nodal Officer
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28	02817001719	ASHI SACHDEVA
29	02917001719	ADITI
30	03017001719	MAYNAK JINDAL
31	03117001719	BHAVAY SEHGAL
32	03217001719	KAJAL JHA
33	03317001719	MANISH SINGH NEGI
34	03417001719	PRITI CHAUDHARY
35	03517001719	JATIN KATARIA
36	03617001719	YASHIKA TANWAR
37	03717001719	MANAV JAWA
38	03817001719	RIYA CHADHA
39	03917001719	DEVANSH BORA
40	04017001719	HARSHIT ASIJA
41	04117001719	KUNAL BANSAL
42	04217001719	TUSHAR BHATIA
43	04317001719	MAYANK MALHOTRA
44	04417001719	DEVESH KHANDELWAL
45	04517001719	SNEHA TOMAR
46	04617001719	DHRUV GARG
47	04717001719	ISHIKA KANSAL
48	04817001719	KALASH JAIN
49	04917001719	PRAKHAR TRIPATHI
50	05017001719	PRIYA MATHUR
51	05117001719	ANSHITA AGGARWAL
52	05217001719	TUSHAR ARORA
53	05317001719	NAKUL BADAL
54	05417001719	TWINKLE DHINGRA
55	05517001719	HARSH MALHOTRA
56	05617001719	TUSHAR SHARMA
57	05717001719	DIVYA SHARMA
58	05817001719	RIYA GOEL
59	05917001719	HIMANSHU BANSAL
60	06017001719	BHAVNEET SINGH
61	06117001719	HARDIK SHARMA
62	06217001719	SANYAM AHUJA
63	06317001719	SAKSHI SHARMA
64	06417001719	SAKSHAM KHANNA
65	06517001719	NITYAM TALWAR

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