



TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC ACCREDITED GRADE "A" INSTITUTE

Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to GGSIP University
Recognized Under Sec. 2(f) of UGC Act 1956

INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085

Tel: 91-11-27555121-24, E-Mail: directortias@tecnia.in, Website: www.tiaspg.tecnia.in



Fit India Youth Club

REPORT

On

Intra Institute Sports Competition

EVENT	:	Intra Institute Sports Competition
Nodal Officer	:	Dr. Rahul Tripathi
Convener-In-charge	:	Mr. Inderpreet
Singh No. of Beneficiary	:	68
Participation	:	BBA, BJMC, BCA, MBA
Date	:	30/05/2020, Saturday
Time	:	09:00 AM onwards
Platform	:	Online



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Fit India Youth Club

Organizes

Intra Institute Sports Competition:

Indoor Game (Chess, Carom) -

Fitness Sporting Activity

Theme: Physical Activity: Sleep Well to Stay Fit

Departments: MBA, BBA, BA(J&MC) & BCA

Date : 30/05/2020

Time : 09:00 AM Onwards

Platform : Online

In Association With



Coordinator

Internal Quality Assessment Cell (IQAC)

Tecnia Institute of Advanced Studies

New Delhi-110085

Nodal Officer, Fit India Youth Club

Tecnia Institute of Advanced Studies

Madhuban Chowk, Rohini, Delhi-110085

OBJECTIVES


1. To provide an opportunities to the students for showcasing their talent
2. To promote sportsmanship among students
3. To develop the interests of the students among sports

REPORT

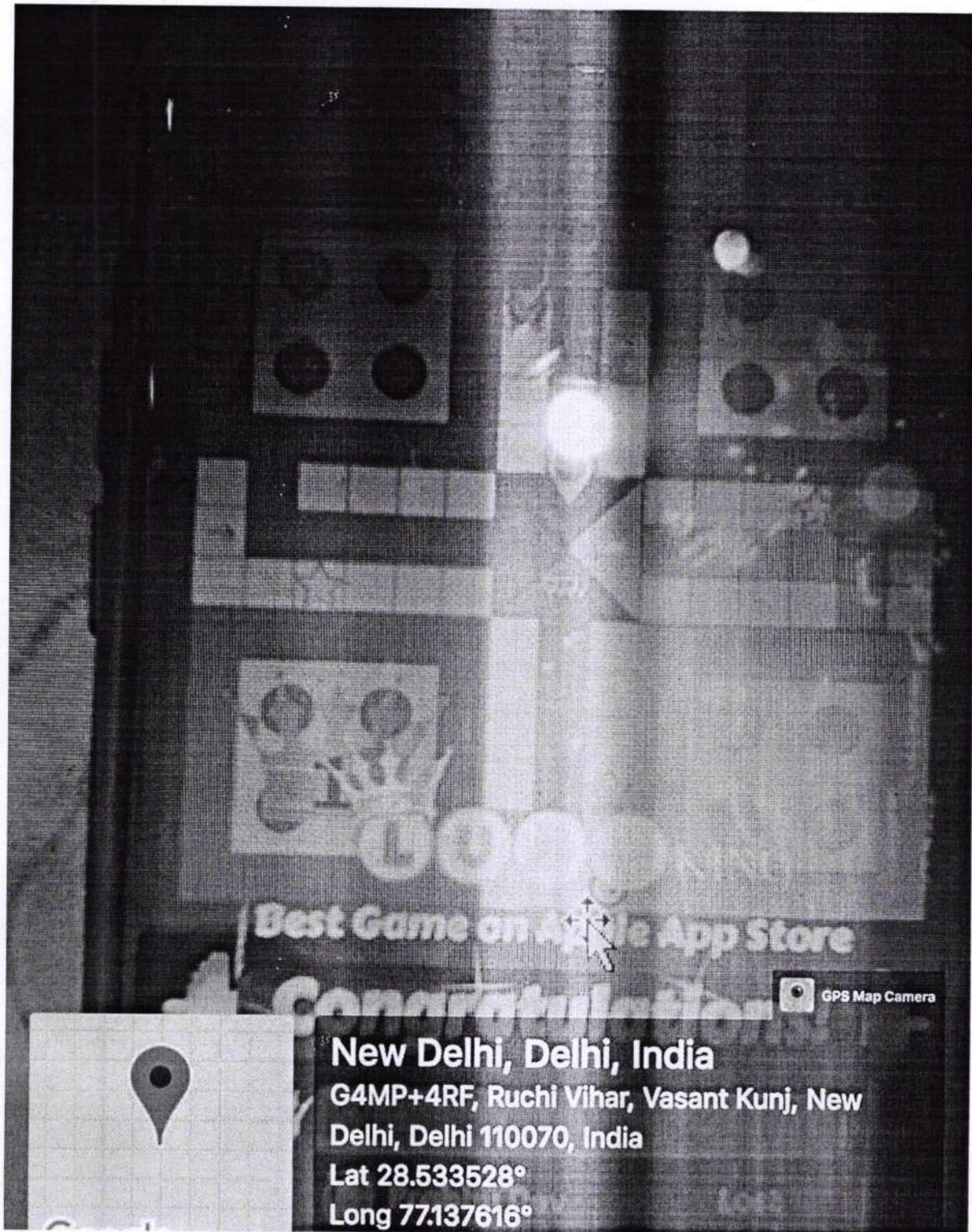
An event Intra Institute Sports Competition was organized on 30.05.2020 , Saturday in Fit India Youth Club of Tecnia Institute of Advanced Studies for the implementation of "Fit India Campaign" in Higher Educational Institutions. In this event, indoor games like chess, carom and Ludo was designed for the students where they can enhance themselves. All the participants enjoyed this event and were glad that these types of events were organized in the institution where they can achieve something and grow themselves. Sports helps an individual much more than in the physical aspects alone. It builds character, teaches and develops strategic thinking, analytical thinking, leadership skills, goal setting and risk taking.

All the students were motivated to devote time to each game and were also instructed to play each game. The main aim was to provide emotional concern for the students in Pandemic to


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build their mental health and to create awareness through this event.



[Signature]
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LEARNING OUTCOME

Students have

1. acquired relevance of indoor games
2. enhanced their tactical and decision making skills on the basis of tactics involved in playing the games
3. attained strategic skills by involving themselves in the mind game such as chess.

LIST OF BENEFICIARY :

SR.NO	ENROLLMENTNO	NAME
1	00121301719	VIVEK KUMAR SINGH
2	00221301719	TANISH BANSAL
3	00321301719	SIDHARTH MAHESHWARI
4	00421301719	VISHESH DAHIYA
5	00521301719	ANKIT KUMAR
6	00621301719	HANU RAJ GAUR
7	00721301719	SAKSHAM TYAGI
8	00821301719	DIYA JAIN
9	00921301719	NEHA GUPTA
10	01021301719	KHUSHI ARORA
11	01121301719	PIYUSH ANAND
12	01221301719	PREETAM GOLA
13	01321301719	GAURAV KALRA
14	01421301719	SAHIL GARG
15	01521301719	ISHITA JAIN
16	01621301719	GURNOOR SINGH
17	01721301719	NEERAJ KUMAR BANSAL
18	01821301719	ANUKRITI JAIN

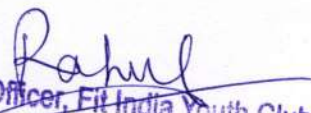
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19	01921301719	LOKESH SEHRAWAT
20	02021301719	RISHIK
21	02121301719	ADISH GUPTA
22	02221301719	MANAV MALHOTRA
23	02321301719	SURAJ CHAUHAN
24	02421301719	HARSHIT GARG
25	02521301719	KULJOT & WALIA
26	02621301719	VAIBHAV GOEL
27	02721301719	SWAYAM KASHYAP
28	02821301719	PAAWAN DHINGRA
29	02921301719	RITIK BHATIA
30	03021301719	SOUMIL SAXENA
31	03121301719	VAIBHAV GUPTA
32	03221301719	BHAVNA JAIN
33	03321301719	SHIVAM GUPTA
34	03421301719	RASHI KHER
35	03521301719	SRISHTI GUPTA
36	03621301719	SAKSHAM AGGARWAL
37	03721301719	MOHAMMAD AMIR
38	03821301719	ANSH JAIN
39	03921301719	PURVI AHLUWALIA
40	04021301719	MANSI SINGH
41	04121301719	AADITI TOKISH
42	04221301719	KARTIK DUREJA
43	04321301719	PRATIK MAMGAIN
44	04421301719	UJWAL SHARMA
45	04521301719	DEEPANSHU JAIN
46	04621301719	PIYUSH THAKUR
47	04721301719	HARSHIT TULI
48	04821301719	AAKARSHAN DHINGRA

49	04921301719	YASH KAPOOR
50	05021301719	JAANVI
51	05121301719	LAVISH GOYAL
52	05221301719	RIYA SHAH
53	05321301719	SARTHAK BISHT
54	05421301719	ADITI KUKREJA
55	05521301719	PARV SINGH
56	05621301719	KESHAV SHARMA
57	05721301719	CHARU BATRA
58	05821301719	AMAN ANAND
59	05921301719	SHUBH AHUJA
60	06021301719	SIMRAN JAGGI
61	06121301719	HRITIK SYAL
62	06221301719	SRISHTI JAIN
63	06321301719	MANAN BHUTANI
64	06421301719	RITIK
65	06521301719	MENARK SINGH
66	06621301719	ABHAY CHAUHAN
67	06721301719	RAHUL
68	06821301719	MIHIR MUTREJA


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