



## TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC ACCREDITED GRADE "A" INSTITUTE

Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to GGSIP University

Recognized Under Sec. 2(f) of UGC Act 1956

INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085

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# Fit India Youth Club

## REPORT

### ON


## INTRA INSTITUTE SPORTS COMPETITION: INDOOR GAMES

<b>EVENT</b>	: Intra Institute Sports Competition: Indoor Games (Chess, Carom)
<b>Theme</b>	: Yoga and Meditation: Looking Inwards for Mental Peace
<b>Nodal Officer</b>	: Dr. Ruchi Srivastava
<b>Convener-Incharge</b>	: Mr. Inderpreet Singh
<b>Student Beneficiary</b>	: 70
<b>Participation</b>	: BBA, BJMC, BCA, MBA
<b>Date</b>	: 25/06/2022
<b>Time</b>	: 10:00 AM Onwards
<b>Platform</b>	: Offline, TIAS


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 INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085


**Fit India Youth Club**  
 Organizes



**Intra Institute Sports Competition: Indoor Games  
(Chess, Carom)**  
**Departments: MBA, BBA, BA(J&MC) & BCA**  
**25.06.2022, Saturday**  
**10:00 AM Onwards**  
**Venue: Offline, TIAS**  
 In Association With






Dr. Ruchi Srivastava  
Nodal Officer

Mr. Inderpreet Singh  
Incharge - Fitness Club

Coordinator  
Internal Quality Assessment Cell (IQAC)  
Tecnia Institute of Advanced Studies  
New Delhi-110085

Nodal Officer, Fit India Youth Club  
Tecnia Institute of Advanced Studies  
Madhuban Chowk, Rohini, Delhi -85

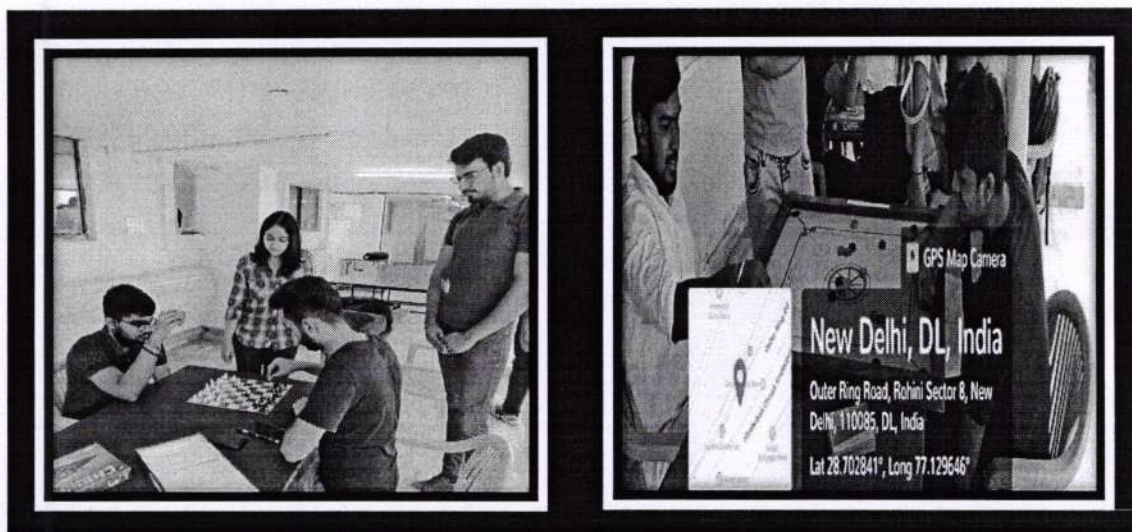
## OBJECTIVES

1. To offer students with opportunity to showcase their talents.
2. To foster sportsmanship among students
3. To encourage students' participation in sports.

## REPORT

This activity has been organized by the Fit India Youth Club of Tecnia Institute of Advanced Studies on 25.06.2022 in continuation of UGC's letter no 1-54/2019 (Website/Fit India) dated 13th December, 2019 regarding the implementation of "Fit India Campaign" in Higher Educational Institutions. In this event, indoor games like table tennis and arm wrestling was designed for the students where they can enhance themselves. All the participants enjoyed this event and were glad that these types of events in which they get chance to showcase their talent in the indoor sports such as Chess, Carom were organized in the institution where they can achieve something and grow themselves. Sports helps an individual much more than in the physical aspects alone. It builds character, teaches and develops strategic thinking, analytical thinking, leadership skills, goal setting and risk taking.

All the students were motivated to devote time to each game such as Chess and Carom.



*Students Participation in the event*

*[Signature]*  
Coordinator  
Internal Quality Assessment Cell (IQAC)  
Tecnica Institute of Advanced Studies  
New Delhi-110085

*[Signature]*  
Nodal Officer, Fit India Youth Club  
Tecnica Institute of Advanced Studies  
Kashwan Chowk, Rohini, Delhi-85



## LEARNING OUTCOME

Participants have

1. Showcased their talent in the in the opportunity given in the events
2. understood the relevance of indoor games to enhance their skills
3. enhanced their physical skills on the basis of games involved complement with strategic skills

FIT INDIA YOUTH CLUB INTRA INSTITUTE SPORTS COMPETITION: INDOOR GAMES (CHESS, CAROM) DATE: 25.06.2022 LIST OF BENEFICIARIES			
S. No	Name	Enrollment No	Course
1	ABHAYDITA CHANDOK	0821301720	BBA
2	Abhinav	10921301721	BBA
3	ABHINAV JAIN	35117002020	BCA
4	ABHISHEK RANA	00517002021	BCA
5	Anshpreet Singh	11021301721	BBA
6	ARCHIT CHAWLA	0917002020	BCA
7	Arpita Khurana	10621301721	BBA
8	chhavi sethi	07717001721	BBA
9	DAKSH DUTT	10721301721	BBA
10	DEEPANSHI BANSAL	01317002020	BCA
11	DEV NALWA	01317002021	BCA
12	DHRUV VERMA	00117002021	BCA
13	DIPANSH BHATIA	02221302420	BAJMC
14	DIVYANSHU MISHRA	02321302420	BAJMC
15	DIYA JAIN	02421302420	BAJMC
16	FREYA UPPAL	02521302420	BAJMC
17	GEET SHARMA	02621302420	BAJMC
18	HARSH TANWAR	01917002020	BCA
19	ISHIKA GULATI	02217001720	BCA
20	ISHTI JAIN	02317002020	BCA
21	KAMAR ALAM	01117002021	BCA

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22	KANIKA JAIN	50517001720	BBA
23	Kanishka	07517001721	BBA
24	MAHESH PATHAK	11121301721	BBA
25	MANEESHA	07917001721	BBA
26	MANSI SINGH	4021301719	BBA
27	MAYANK CHAUDHARY	01017002021	BCA
28	MUSKAN	012217001719	BBA
29	NAMRATA RANA	07921301720	BBA
30	NANDITA MISHRA	06121302420	BAJMC
31	NAVYA ARORA	06221302420	BAJMC
32	NIMISHA CHAWLA	06321302420	BAJMC
33	Parth Malik	10821301721	BBA
34	Piyush Goyal	10521301721	BBA
35	PRACHI CHAUDHARY	06421302420	BAJMC
36	PRAKHAR MAHESHWARI	06521302420	BAJMC
37	PRIYANSHI JAIN	03117002020	BCA
38	PUNEET KUMAR	01517002021	BCA
39	RAHUL MITTAL	00917002021	BCA
40	RAHUL SHARMA	06621302420	BAJMC
41	RAKSHITA BANSAL	06721302420	BAJMC
42	RISHABH CHANDEL	06821302420	BAJMC
43	RISHIKA ARORA	00417002021	BCA
44	RITIKA BARUA	06921302420	BAJMC
45	RIYA BHASKAR	07021302420	BAJMC
46	RIYA GUPTA	03417002020	BCA
47	RIYA SINGH	07121302420	BAJMC
48	ROHAN KHARBANDA	07221302420	BAJMC
49	RONAK BATRA	07321302420	BAJMC
50	SABIYA BASHEER	07421302420	BCA
51	SACHIN KUMAR SOLANKI	07521302420	BCA
52	SAMPANN ARORA	00717002021	BCA
53	SANIDHYA SINGH	00617002021	BCA
54	SATVIK	00817002021	BCA
55	Shorya Sadh	11221301721	BBA
56	SHRISH KASHYAP	03817002020	BCA
57	SHRUTI BHANDARI	08017001721	BBA
58	SHRUTI DWIVEDI	12021301720	BBA
59	SHRUTI JAIN	08117001721	BBA
60	SHRUTI JAIN	08617002420	BAJMC
61	Sneha Srivastava	07417001721	BBA
62	SUDIPTO BHUKTA	04117002020	BCA


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63	TANISHQ	07817001721	BBA
64	UJJWAL	04317002020	BCA
65	UJJWAL JUNEJA	00217002021	BCA
66	VAIBHAV MUDGAL	09317002420	BAJMC
67	VANSHIKA BANSAL	07617001721	BBA
68	VASU JAIN	04417002020	BCA
69	VEDANT KUMAR	00317002021	BCA
70	YASH KAPOOR	04921301719	BBA

  
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