



TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC ACCREDITED GRADE "A" INSTITUTE

Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to GGSIP University
Recognized Under Sec. 2(f) of UGC Act 1956

INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085

Tel: 91-11-27555121-24, E-Mail: directortias@tecnia.in, Website: www.tiaspg.tecnia.in



Fit India Youth Club

REPORT

EVENT	: Intra Institute Sports Competition
Nodal Officer	: Dr. Ruchi Srivastava
Convener-Incharge	: Mr. Inderpreet Singh
Student Beneficiary	: 38
Participation	: BBA, BJMC, BCA, MBA
Date	: 18/12/2021
Time	: 10:00 AM onwards
Platform	: Online

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INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085

Fit India Youth Club

Organizes

Intra Institute Sports Competition:

Indoor Game (Chess, Carom, Ludo Etc.) -Fitness Sporting Activity

(Theme: The Perils of Smoking, Drugs and Alcohol)

Departments: MBA, BBA, BA(J&MC) & BCA

18-Dec-2021, Saturday

Time: 10 AM Onwards

Platform: Online TIAS

In Association With

Dr. Ruchi Srivastava
Nodal Officer

Mr. Inderpreet Singh
Incharge - Fitness Club

Coordinator
Internal Quality Assessment Cell (IQAC)
Tecnia Institute of Advanced Studies
New Delhi-110085

Nodal Officer, Fit India Youth Club
Tecnia Institute of Advanced Studies
Madhuban Chowk, Rohini, Delhi-85

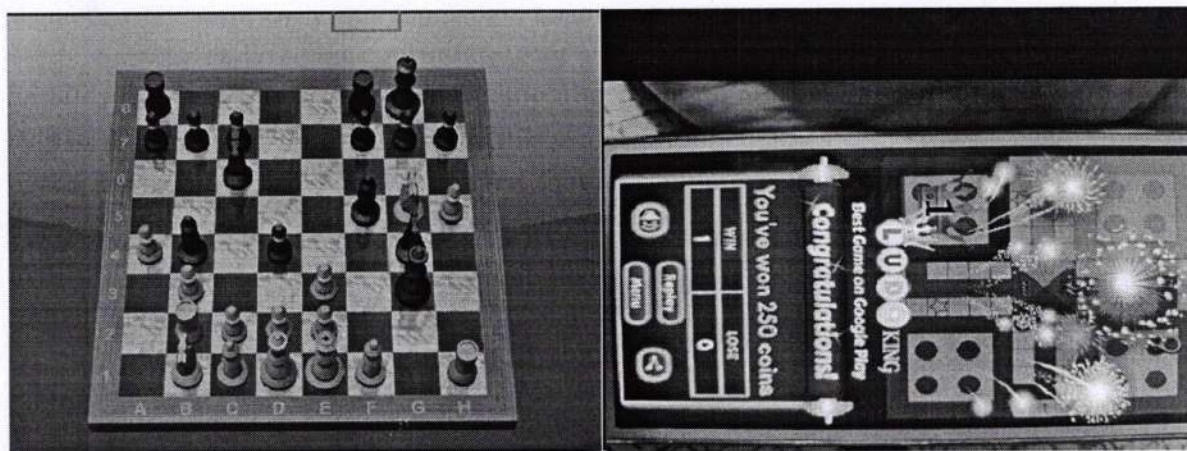
OBJECTIVES

1. To provide an opportunities to the students for showcasing their talent
2. To promote sportsmanship among students
3. To develop the interests of the students among sports

REPORT

This activity has been organized by the Fit India Youth Club of Tecnia Institute of Advanced Studies on 18.12.2021 in continuation of UGC's letter no 1-54/2019 (Website/Fit India) dated 13th December, 2019 regarding the implementation of "Fit India Campaign" in Higher Educational Institutions.. In this event, indoor games like chess, carom and Ludo was designed for the students where they can enhance themselves. All the participants enjoyed this event and were glad that these types of events were organised in the institution where they can achieve something and grow themselves. Sports helps an individual much more than in the physical aspects alone. It builds character, teaches and develops strategic thinking, analytical thinking, leadership skills, goal setting and risk taking.

All the students were motivated to devote time to each game and were also instructed to play each game. The main aim was to provide emotional concern for the students in Pandemic to build their mental health and to create awareness through this event.



Students Participation in the event

Coordinator
Internal Quality Assessment Cell (IQAC)
Tecnica Institute of Advanced Studies
New Delhi-110085

Nodal Officer, Fit India Youth Club
Tecnica Institute of Advanced Studies
Madhuban Chowk, Rohini, Delhi -85

LEARNING OUTCOME

1. Participants have acquired relevance of indoor games
2. Participants have enhanced their tactical and decision-making skills on the basis of tactics involved in playing the games
3. Participants attain strategic skills by involving themselves in the mind game such as chess.


LIST OF BENEFICIARIES			
S. NO	NAME	ENROLLMENT NO	COURSE
1	NAMRATA RANA	07921301720	BBA
2	PRITISH JAIN	09221301720	BBA
3	PIYUSH KUMAR	08921301720	BBA
4	DISHANK JAIN	01617002020	BCA
5	NAMRATA RANA	07921301720	BBA
6	KAPIL	06221301720	BBA
7	AARUSHI SAXENA	12117001719	BBA
8	SAHIL DUGGAL	10921301720	BBA
9	SOURABH JHA	00121303920	MBA
10	KRITIKA SABHARWAL	01017002419	BJMC
11	PRACHI	06321302419	BJMC
12	YASHIKA	14817001720	BBA
13	JAHNVI NAYYAR	12717001719	BBA
14	VIKAS MISHRA	36521301720	BBA
15	GEETANSHI ARORA	04917002019	BCA
16	NAMAN VIJ	07821301720	BBA
17	DISHA BANSAL	014217001719	BBA
18	RIYA GUPTA	010117001720	BBA
19	PRIYA TIWARI	140170017119	BBA
20	SHRUTI	12021301720	BBA
21	PRIYANSHI JAIN	03117002020	BCA
22	PRIYANKA SINGH	09321301720	BBA
23	ABHISHEK ROY	00217002020	BCA
24	SHIVANI DHILLON	11621301720	BBA
25	RIYA GUPTA	03417002020	BCA


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26	KESHAV GULATI	02517002019	BCA
27	ABHIJEET SINGH BALI	00317001720	BBA
28	PIYUSH	08921301720	BBA
29	PRATIK SINGH	35617002020	BCA
30	AARTIK KAPOOR	00521301720	BBA
31	MAHIMA ARORA	07321301720	BBA
32	KUNIKA MAINDOLA	02817002019	BCA
33	BHAVYA AGGARWAL	04617002019	BCA
34	DESHIK CHAWLA	02617001720	BBA
35	SAGAR RATHOR	10821301720	BBA
36	ISHIKA SHARMA	05017001720	BBA
37	MANAV GUPTA	00117002019	BCA
38	SHIVANI	03717002020	BCA


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