





Fit India Youth Club

REPORT

On

Intra Institute Sports Competition

EVENT: Intra Institute Sports Competition (Outdoor Game:

Cricket)

THEME: Supporting Mental health

Nodal Officer: Dr. Ruchi

Srivastava Convener-Incharge: Mr.

Inderpreet Singh Student Beneficiary:

26

Participation: BBA, BJMC, BCA, MBA

Date: 12/04/2022

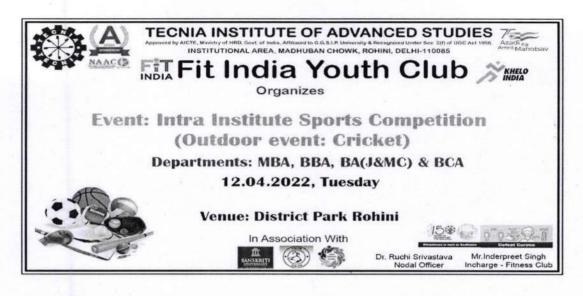
Time: 10:00 AM onwards

Platform:

District Park Rohini, Delhi

Cooldinator Internal Quality Assessment Cell (IQAC) Tecnia Institute of Advanced Studies New Delhi-110085

th Club Nodal Offic Techia Institute of Advanced Studies N.J. Jhuban Chowk, Rohini, Dethi -85



OBJECTIVES

- 1. To provide an opportunities to the students for showcasing their talent
- 2. To promote sportsmanship among students
- 3. To develop the interests of the students among sports

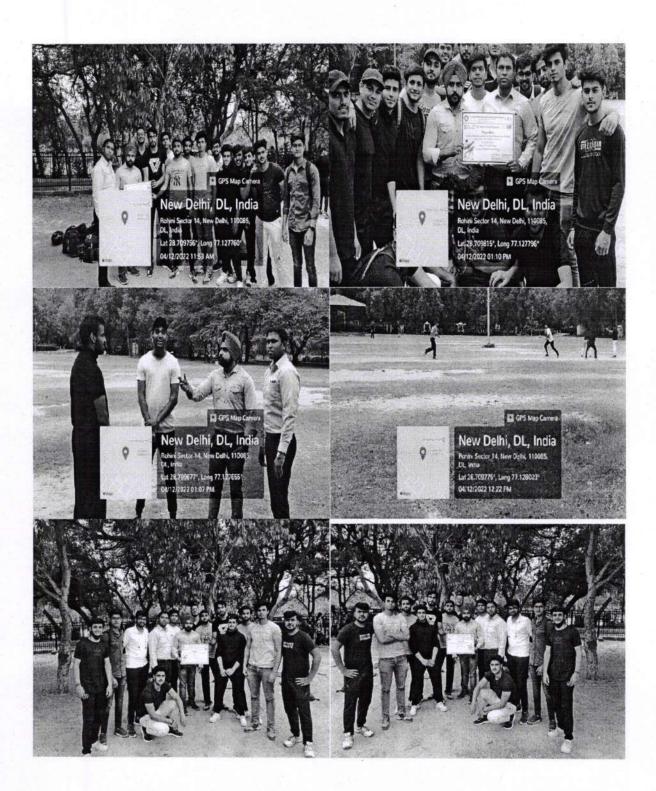
REPORT

This activity has been organized by the Fit India Youth Club of Tecnia Institute of Advanced Studies on 12.04.2022 in continuation of UGC's letter no 1-54/2019 (Website/Fit India) dated 13th December, 2019 regarding the implementation of "Fit India Campaign" in Higher Educational Institutions. In this event, outdoor game cricket was organised for the students where they can enhance themselves. All the participants enjoyed this event and were glad that these types of events were organised in the institution where they can achieve something and grow themselves. Sports helps an individual much more than in the physical aspects alone. It builds character, teaches and develops strategic thinking, analytical thinking, leadership skills, goal setting and risk taking.

All the students were motivated to devote time to the game and were also instructed to play each game. The main aim was to provide emotional concern for the students to build their mental health and to create awareness through this event.



Nodal Officer, Fit Anda Youth Club Techia Institute of Advanced Studies I.... Jhuban Chowk, Rohini, Delhi -85



Students Participation in the event

Cell (IOAC) ordinator anced Studies CO Internal Quality New Denn-110085 Tecnia Institu

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LEARNING OUTCOME

Participants have

- 1. acquired relevance of outdoor games
- 2. enhanced their team and decision making skills on the basis of tactics involved in playingthe games
- 3. attained strategic skills by involving themselves in the game such as cricket.

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|-----------------------|--------------------------------|----------------|--------|--|--|
| | COMPETITIONOU | | | | |
| | CRICK | | | | |
| | DATE: 12.0 | | | | |
| LIST OF BENEFICIARIES | | | | | |
| S.No. | Name | Enrollment no. | Course | | |
| 1 | Kunal Chaturvedi | 06717001720 | BBA | | |
| 2 | Yash priye | 14617001720 | BBA | | |
| 3 | Kapil | 06221301720 | BBA | | |
| 4 | Jatin goyal | 06021301720 | BBA | | |
| 5 | Vikas Kumar jha | 13621301720 | BBA | | |
| 6 | Nikhil Sandal | 08121301720 | BBA | | |
| 7 | Utkarsh rustagi | 12717001720 | BBA | | |
| 8 | Vishes Bhatia | 14117001720 | BBA | | |
| 9 | Varun mendirrata | 13517001720 | BBA | | |
| 10 | Anant Gautam | 00817001720 | BBA | | |
| 11 | Deepak sarin | 02217001720 | BBA | | |
| 12 | Deshik Chawla | 02617001720 | BBA | | |
| 13 | Saksham Sethi | 10717001720 | BBA | | |
| 14 | Deven rawat | 02717001720 | BBA | | |
| 15 | Prakhar Maheshwari | 06521302420 | ВЈМС | | |
| 16 | Ansh Gupta | 01317002420 | ВЈМС | | |
| 17 | Suraj Verma | 0317002420 | BJMC | | |
| 18 | Sarthak Jain | 08017002420 | BJMC | | |

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RW

| 19 | Priyanshu Singhal | 06317002420 | BJMC |
|----|-------------------|-------------|------|
| 20 | Mohd Zaid | 05417002420 | ВЈМС |
| 21 | Rohit Malhotra | 07217002420 | ВЈМС |
| 22 | Vansh Paul | 09721302420 | ВЈМС |
| 23 | Vansh Kochhar | 09717002420 | ВЈМС |
| 24 | Ronak Batra | 07321302420 | ВЈМС |
| 25 | Chirag Chauhan | 02517002420 | ВЈМС |
| 26 | Sachin Singh | 07621302420 | BJMC |

Coordinator Internal Quality Assessment Celi (IQAC) Tecnia Institute Convenced Studies New Dethi-110085

July Nodal Offer, Findia Youth Club Techia Institute of Advanced Studies Nauhuban Chowk, Rohini, Delhi -85