





# Fit India Youth Club

### REPORT

On

#### **Intra Institute Sports Competition**

**EVENT:** Intra Institute Sports Competition (Outdoor Game:

Cricket)

THEME: Supporting Mental health

Nodal Officer: Dr. Ruchi

Srivastava Convener-Incharge: Mr.

Inderpreet Singh Student Beneficiary:

26

Participation: BBA, BJMC, BCA, MBA

Date: 12/04/2022

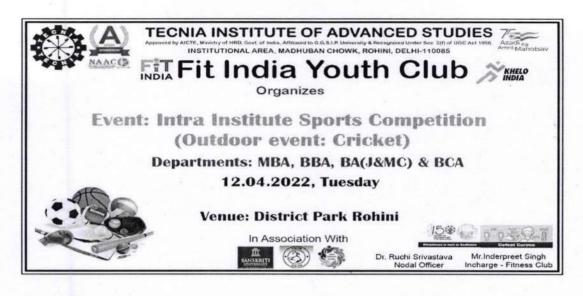
Time: 10:00 AM onwards

**Platform:** 

District Park Rohini, Delhi

Cooldinator Internal Quality Assessment Cell (IQAC) Tecnia Institute of Advanced Studies New Delhi-110085

th Club Nodal Offic Techia Institute of Advanced Studies N.J. Jhuban Chowk, Rohini, Dethi -85



### **OBJECTIVES**

- 1. To provide an opportunities to the students for showcasing their talent
- 2. To promote sportsmanship among students
- 3. To develop the interests of the students among sports

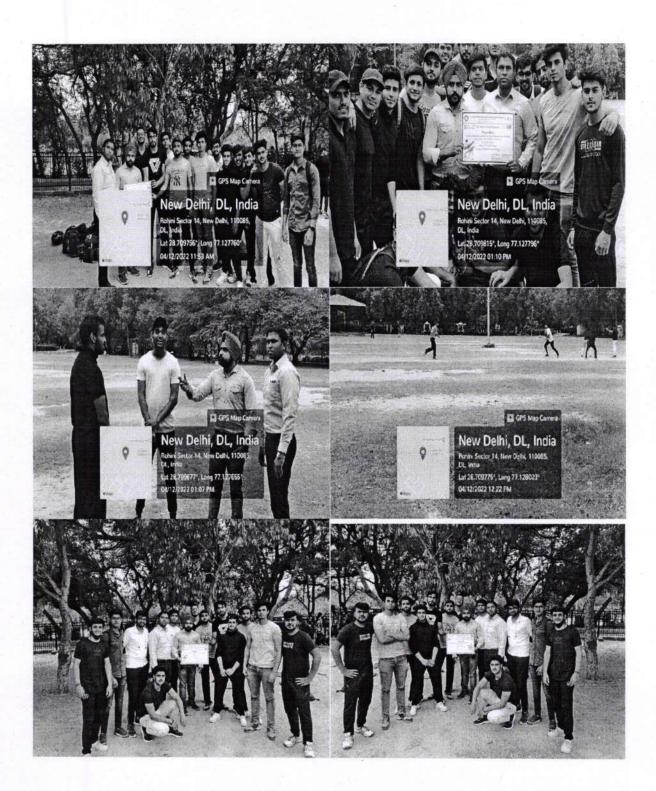
#### REPORT

This activity has been organized by the Fit India Youth Club of Tecnia Institute of Advanced Studies on 12.04.2022 in continuation of UGC's letter no 1-54/2019 (Website/Fit India) dated 13th December, 2019 regarding the implementation of "Fit India Campaign" in Higher Educational Institutions. In this event, outdoor game cricket was organised for the students where they can enhance themselves. All the participants enjoyed this event and were glad that these types of events were organised in the institution where they can achieve something and grow themselves. Sports helps an individual much more than in the physical aspects alone. It builds character, teaches and develops strategic thinking, analytical thinking, leadership skills, goal setting and risk taking.

All the students were motivated to devote time to the game and were also instructed to play each game. The main aim was to provide emotional concern for the students to build their mental health and to create awareness through this event.



Nodal Officer, Fit Anda Youth Club Techia Institute of Advanced Studies I.... Jhuban Chowk, Rohini, Delhi -85



Students Participation in the event

Cell (IOAC) ordinator anced Studies CO Internal Quality New Denn-110085 Tecnia Institu

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## **LEARNING OUTCOME**

Participants have

- 1. acquired relevance of outdoor games
- 2. enhanced their team and decision making skills on the basis of tactics involved in playingthe games
- 3. attained strategic skills by involving themselves in the game such as cricket.

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	COMPETITIONOU				
	CRICK				
	DATE: 12.0				
LIST OF BENEFICIARIES					
S.No.	Name	Enrollment no.	Course		
1	Kunal Chaturvedi	06717001720	BBA		
2	Yash priye	14617001720	BBA		
3	Kapil	06221301720	BBA		
4	Jatin goyal	06021301720	BBA		
5	Vikas Kumar jha	13621301720	BBA		
6	Nikhil Sandal	08121301720	BBA		
7	Utkarsh rustagi	12717001720	BBA		
8	Vishes Bhatia	14117001720	BBA		
9	Varun mendirrata	13517001720	BBA		
10	Anant Gautam	00817001720	BBA		
11	Deepak sarin	02217001720	BBA		
12	Deshik Chawla	02617001720	BBA		
13	Saksham Sethi	10717001720	BBA		
14	Deven rawat	02717001720	BBA		
15	Prakhar Maheshwari	06521302420	ВЈМС		
16	Ansh Gupta	01317002420	ВЈМС		
17	Suraj Verma	0317002420	BJMC		
18	Sarthak Jain	08017002420	BJMC		

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RW

19	Priyanshu Singhal	06317002420	BJMC
20	Mohd Zaid	05417002420	ВЈМС
21	Rohit Malhotra	07217002420	ВЈМС
22	Vansh Paul	09721302420	ВЈМС
23	Vansh Kochhar	09717002420	ВЈМС
24	Ronak Batra	07321302420	ВЈМС
25	Chirag Chauhan	02517002420	ВЈМС
26	Sachin Singh	07621302420	BJMC

Coordinator Internal Quality Assessment Celi (IQAC) Tecnia Institute Convenced Studies New Dethi-110085

July Nodal Offer, Findia Youth Club Techia Institute of Advanced Studies Nauhuban Chowk, Rohini, Delhi -85