



TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC ACCREDITED GRADE "A" INSTITUTE

Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to G.G.S.I.P. University
& Recognized Under Sec. 2(f) of UGC Act 1956.



युवा कार्यक्रम और खेल मंत्रालय
MINISTRY OF
YOUTH AFFAIRS AND SPORTS
DEPARTMENT OF SPORTS



TIAS FIT INDIA YOUTH CLUB



Life Style Choices



Hygiene & Cleanliness



Supporting Mental Health



Yoga and Meditation



Physical Activity: Key Ingredient of Fitness



Healthy Diet For Healthy Life



Sleep Well to Stay Fit



The Perils of Smoking, Drugs & Alcohol

This is to certify that Mr./Ms. **Utkarsh Rustagi**
of MBA/BBA/BAJMC/BCA Div. C Shift Ist Sem 4th of the Institute for active
participation/ Securing Position Ist in the event Intra Institute Sports Competition: Indoor Games (Badminton) Theme: Supporting Mental Health organized by TIAS- Fit India Youth Club,
Delhi on 19.02.2022 Under the Initiative of the Ministry of Youth Affairs & Sports,
Govt. of India.

[Signature]

Nodal Officer
FIT India Youth Club

[Signature]

I/C Students welfare

[Signature]

Director

*Fit India Youth Club :- Fit India Youth Club was established vide UGC letter D.O.No.F.1-54/2019(Website/FitIndia) Dated 23.08.2019 reference Department of Higher Education, Ministry of Human Resource Development, Government of India; Meeting in PMO for UGC regulated Institute (Action: Chairman,UGC)
India's Premier ISO 21001:2018 & 51001:2018 Certified Institute; Rated as "A++" Category Best Business School by latest AIMA-Business Standard & Business India Publications Surveys & Included in Top 100 B-Schools & IT-Schools by Dalal Street Investment Journal.



INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085

[Signature]

Signed by: Ajay Kumar
Reason: Certified Copy
Location: New Delhi, India
Date: 30-Nov-2024 (02:20 PM)

Certificate of Participation