

NAAC ACCREDITED GRADE "A" INSTITUTE



Fit with: Emerson Run 2.0



Life Style Diseases



Hygiene & Discipline



Supporting Material

Vogel and
Blackburn

Physical Activity Key Ingredients of Fitness



Healthy Diet For Healthy Life



Group Will be:



The Perils of Smoking, Drugs & Alcohol

DIRECTOR

India's Premier ISO 21001:2018 & 51001:2018 Certified Institute, Rated as 'A++' Category Best Business School by latest AIMA-Business Standard & Business India Publications Surveys & Included in Top 100 B-Schools & IT-Schools by Dalal Street Investment Journal.

Major Events: Volleyball (Men & Women), Football (Men & Women), Discus Throw (Men & Women), Shotput (Men & Women), Race (100m, 200m, 400m, 500m, 1000m, 1500m, 2000m, 3000m, 4000m, 5000m, 10000m, 15000m, 20000m, 30000m, 40000m, 50000m, 100000m, 150000m, 200000m, 300000m, 400000m, 500000m, 1000000m, 1500000m, 2000000m, 3000000m, 4000000m, 5000000m, 10000000m, 15000000m, 20000000m, 30000000m, 40000000m, 50000000m, 100000000m, 150000000m, 200000000m, 300000000m, 400000000m, 500000000m, 1000000000m, 1500000000m, 2000000000m, 3000000000m, 4000000000m, 5000000000m, 10000000000m, 15000000000m, 20000000000m, 30000000000m, 40000000000m, 50000000000m, 100000000000m, 150000000000m, 200000000000m, 300000000000m, 400000000000m, 500000000000m, 1000000000000m, 1500000000000m, 2000000000000m, 3000000000000m, 4000000000000m, 5000000000000m, 10000000000000m, 15000000000000m, 20000000000000m, 30000000000000m, 40000000000000m, 50000000000000m, 100000000000000m, 150000000000000m, 200000000000000m, 300000000000000m, 400000000000000m, 500000000000000m, 1000000000000000m, 1500000000000000m, 2000000000000000m, 3000000000000000m, 4000000000000000m, 5000000000000000m, 10000000000000000m, 15000000000000000m, 20000000000000000m, 30000000000000000m, 40000000000000000m, 50000000000000000m, 100000000000000000m, 150000000000000000m, 200000000000000000m, 300000000000000000m, 400000000000000000m, 500000000000000000m, 1000000000000000000m, 1500000000000000000m, 2000000000000000000m, 3000000000000000000m, 4000000000000000000m, 5000000000000000000m, 10000000000000000000m, 15000000000000000000m, 20000000000000000000m, 30000000000000000000m, 40000000000000000000m, 50000000000000000000m, 100000000000000000000m, 150000000000000000000m, 200000000000000000000m, 300000000000000000000m, 400000000000000000000m, 500000000000000000000m, 1000000000000000000000m, 1500000000000000000000m, 2000000000000000000000m, 3000000000000000000000m, 4000000000000000000000m, 5000000000000000000000m, 10000000000000000000000m, 15000000000000000000000m, 20000000000000000000000m, 30000000000000000000000m, 40000000000000000000000m, 50000000000000000000000m, 100000000000000000000000m, 150000000000000000000000m, 200000000000000000000000m, 300000000000000000000000m, 400000000000000000000000m, 500000000000000000000000m, 1000000000000000000000000m, 1500000000000000000000000m, 2000000000000000000000000m, 3000000000000000000000000m, 4000000000000000000000000m, 5000000000000000000000000m, 10000000000000000000000000m, 15000000000000000000000000m, 20000000000000000000000000m, 30000000000000000000000000m, 40000000000000000000000000m, 50000000000000000000000000m, 100000000000000000000000000m, 150000000000000000000000000m, 200000000000000000000000000m, 300000000000000000000000000m, 400000000000000000000000000m, 500000000000000000000000000m, 1000000000000000000000000000m, 1500000000000000000000000000m, 2000000000000000000000000000m, 3000000000000000000000000000m, 4000000000000000000000000000m, 5000000000000000000000000000m, 10000000000000000000000000000m, 15000000000000000000000000000m, 20000000000000000000000000000m, 30000000000000000000000000000m, 40000000000000000000000000000m, 50000000000000000000000000000m, 100000000000000000000000000000m, 150000000000000000000000000000m, 200000000000000000000000000000m, 300000000000000000000000000000m, 400000000000000000000000000000m, 500000000000000000000000000000m, 1000000000000000000000000000000m, 1500000000000000000000000000000m, 2000000000000000000000000000000m, 3000000000000000000000000000000m, 4000000000000000000000000000000m, 5000000000000000000000000000000m, 10000000000000000000000000000000m, 15000000000000000000000000000000m, 20000000000000000000000000000000m, 30000000000000000000000000000000m, 40000000000000000000000000000000m, 50000000000000000000000000000000m, 100000000000000000000000000000000m, 150000000000000000000000000000000m, 200000000000000000000000000000000m, 300000000000000000000000000000000m, 400000000000000000000000000000000m, 500000000000000000000000000000000m, 1000000000000000000000000000000000m, 1500000000000000000000000000000000m, 2000000000000000000000000000000000m, 3000000000000000000000000000000000m, 40000000000



FIT
INDIA
FITNESS CLUB

Department of Sports ,Ministry of Youth Affairs and Sports
Sports, DSW, GGSIPUniversity*

This is to certify that Mr./Ms. **Namrata Rana**

of MBA/BBA/BAJMC/BCA of the Institute for active participation/ Securing Position 1st in the event **Carom Competition** organized by TIAS- Fit India Youth Club, Delhi held on **16.10.2021**

Under the Initiative of the Ministry of Youth Affairs & Sports, Govt. of India, GGSIPU DSW Sport.

**NODAL OFFICER
FITNESS CLUB**

INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, D

Signed by: Ajay Kumar
Reason: Certified Copy
Location: New Delhi, India
Date: 30-Nov-2024 (02:20 PM)