







Happiness Club

Session: 2024-25

Ref. No: TIAS/HC/2024-25/02

Date:20.08.2024

Minutes of the Meeting

The meeting of the "Happiness Club" originally scheduled for August 21, 2024, convened at 11:00 AM in the conference room under the leadership of the club's nodal officer. The session began with a cordial welcome to all members. The following individuals were present and participated in the discussions.

| S.No. | NAME | Designation | Mobile no. | E-mail ID |
|-------|---------------------|------------------------------------|------------|-------------------------------------|
| 1 | Dr. Rubeena Bano | Nodal Officer | 9911085093 | happinessclub@tecnia.in |
| 2 | Dr. Shalini Gupta | Faculty Coordinator (Mgt.) | 9650870202 | outreach@tecnia.in |
| 3 | Dr. Pooja Sharma | Faculty Coordinator (Mgt) | 9779212140 | hodmba@tecnia.in |
| 4 | Dr. Sushma Bahuguna | Faculty Coordinator (IT) | 9811345938 | hodmca@tecnia.in |
| 5 | Dr. Archana Dixit | Faculty Coordinator (Mgt) | 8470804868 | hodbba@tecnia.in |
| 6 | Dr. Sheenu Arora | Faculty Coordinator (Mgt) | 9416779236 | sheenu0702@gmail.com |
| 7 | Dr. Shivendu Rai | Faculty Coordinator (Media) | 8964028587 | hodbajmc@tecnia.in |
| 8 | Kangna Gothwal | Student Ambassador (Mgt) | 8766361474 | Kangnagothwal05@gmail.com |
| 9 | Sanya Chadha | Student Ambassador (Media) | 7428267565 | chadha3224@gmail.com |
| 10 | Gunjan Gaur | Student Coordinator (Mgt) | 8700644814 | gaurgunjan270@gmail.com |
| 12 | Bharat Gupta | Student Coordinator (Mgt) | 8595779538 | gbharatgupta21@gmail.com |
| 13 | Kashish Jain | Executive Committee Member (IT) | 7015567368 | k2005.jain@gmail.com |
| 14 | Nikita | Executive Committee Member (Media) | 7290878359 | nikitakumaridelhi1234@gmail.co m |
| 15 | Nancy Garg | Executive Committee Member (Mgt.) | 9315773833 | nancygarg00004@gmail.com |

Happiness Evangelist, Happiness Club
Tecnia Institute of Advanced Studies han Chowk, Rohini, Delhi-95



A. Discussion on the Academic Session 2024-2025

The academic session of 2024-2025 was a dynamic and enriching year, filled with exploration and innovation. Throughout the year, the Happiness Club organized a diverse range of outreach activities and awareness campaigns aimed at educating students about environmental issues and their applications.

Outreach Events: Various outreach events were conducted on themes such as a winter clothes drive, books and stationery drive, and fruit and ice-cream These initiatives provided participants with an opportunity to enhance their gratitude and give back to society.

Awareness Campaigns: Multiple campaigns were executed on campus to engage students and faculty in creating, celebrating, and nurturing happiness. Activities included a logomaking competition, a session on "Hacking Happiness Hormones," e-poster making, and a Happiness E-Campaign across social media platforms such as Facebook, Twitter, LinkedIn, and YouTube.

The conclusion of this academic session marked a resounding success for the Happiness Club, made possible by the enthusiasm, dedication, and collaboration of all involved members. The club's activities significantly enriched the participants' sense of gratitude, sharing and caring, positive outlook, mental well-being, and overall skills, contributing to the institution's growth.

As we conclude this academic session, we eagerly look forward to the coming year, where we aim to build upon our successes and introduce even more innovative and exciting opportunities for all club members. A report of the Happiness Club's events has been uploaded to the website.

We extend our heartfelt gratitude to everyone who supported and participated throughout the year.Let us continue to foster a spirit of curiosity, creativity, and exploration in the environmental domain.

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B. Discussion on Happiness Club Activities in Academic Session 2024-2025

Discussion will be held to finalize the activities for the Eco Club in the 2024-2025 academic piscussions. All members will participate in determining the events to be conducted, which may

- 1. "Your Life" (YOL)/Android/OS workshop
- 2. Workshop on "Stress Management"
- 3. Books and Stationery Donation Drive
- 4. Winter Cloth Donation Drive
- 5. Awareness on Enhancing Intellectual and Emotional Quotients

C. Discussion on Any Other Matters with the Permission of the Chairperson

All resolutions discussed will be put forth to the institute's academic committee for consideration.

Dr. Rubeena Banoist, Happiness Club
(Nodel) Officer Lite of Advanced Studies
Tecnia Inchan Chowk, Robini, Delhi-85 Madhapan Chanking bolinir Delli-82

CC:

- Director, Tecnia Institute of Advanced Studies
- Dean, Tecnia Institute of Advanced Studies
- HODs of BBA, MBA, BCA, and BAJMC departments
- IT Department