

Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to G.G.S.I.P. University
& Recognized Under Sec. 2(f) of UGC Act 1956.



Florida Freedom Run 2.0



Life Style Diseases



Hygiene 5.
Clean hands



Supporting Mental Health

Yoga and
Education

Physical Activity Key Ingredient of Fitness



Healthy Diet For Prolonging Life



Step 3: Want to Size Fit



**The Perils of
Smoking,
Tobacco & Alcohol**

Under the Initiative of the Ministry of Youth Affairs & Sports, Govt. of India, GGSIPU DSW Sport.

DIRECTOR

**NODAL OFFICER
FITNESS CLUB**

*Fit India Youth Club :- Fitness Club was established vide UGC letter D.O.No.F.1-54/2019 (Website/Fitindia) Dated: 23.08.2019 reference Department of Higher Education, Ministry of Human Resource Development, Government of India; Meeting in PMO for UGC regulated Institute (Action: Chairman, UGC)

India's Premier ISO 21001:2018 & 51001:2018 Certified Institute Rated as "A+" Category Best Business School by Intert AIMA- Business Standard & Business India Publications Surveys & Included in Top 100 B-Schools & IT-Schools by Dalal Street Investment Journal

*Major Events: Volleyball (Men & Women), Football (Men & Women), Discus Throw (Men & Women), Shotput (Men & Women), Race (100m/200m/400m/500m), Men & Women, Cross Country Race, Long Jump (Men & Women), Tug of War (Men & Women), Cricket, Basketball, Badminton, Kabaddi, Body Building, Weightlifting/Power Lifting, Tennis

INSTITUTIONAL AREA, MADHUBAN CHOWK, RO

Signed by: Ajay Kumar
Reason: Certified Copy
Location: New Delhi, India
Date: 30-Nov-2024 (02:20 PM)