

Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to G.G.S.I.P. University
& Recognized Under Sec. 2(f) of UGC Act 1956.



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Life Style Changes



Hygiene & Cleanliness

Supporting Mental
HealthYoga and
Meditation

Physical Activity May Be Ingredient of Fitness



Healthy Diet For
Healthy Life



Sleep Well to Stay Fit



The Perils of
Sinning
Down & Around

DIRECTOR

*Fit India Youth Club :- Fitness Club was established vide UGC letter D.O.No.F-1-54/2019 (Website/FitIndia) Dated 29.08.2019 reference Department of Higher Education, Ministry of Human Resource Development, Government of India; Meeting in PMO for UGC regulated Institute (Action: Chairman, UGC)

India's Premier ISO 21001:2018 & ISO 9001:2015 Certified Institute, Rated as "A++" Category Best Business School by IMEST AIMA, Business Standard & Business India Publications Surveys & Included in Top 100 B-Schools & IT-Schools by Dataf Street Investment Journal.

Major Events: Volleyball (Men & Women), Football (Men & Women), Discus Throw (Men & Women), Shotput (Men & Women), Race (100m, 200m, 400m, 800m, 1500m, 3000m, 5000m, 10000m, 20000m, 30000m, 40000m, 50000m, 60000m, 70000m, 80000m, 90000m, 100000m, 110000m, 120000m, 130000m, 140000m, 150000m, 160000m, 170000m, 180000m, 190000m, 200000m, 210000m, 220000m, 230000m, 240000m, 250000m, 260000m, 270000m, 280000m, 290000m, 300000m, 310000m, 320000m, 330000m, 340000m, 350000m, 360000m, 370000m, 380000m, 390000m, 400000m, 410000m, 420000m, 430000m, 440000m, 450000m, 460000m, 470000m, 480000m, 490000m, 500000m, 510000m, 520000m, 530000m, 540000m, 550000m, 560000m, 570000m, 580000m, 590000m, 600000m, 610000m, 620000m, 630000m, 640000m, 650000m, 660000m, 670000m, 680000m, 690000m, 700000m, 710000m, 720000m, 730000m, 740000m, 750000m, 760000m, 770000m, 780000m, 790000m, 800000m, 810000m, 820000m, 830000m, 840000m, 850000m, 860000m, 870000m, 880000m, 890000m, 900000m, 910000m, 920000m, 930000m, 940000m, 950000m, 960000m, 970000m, 980000m, 990000m, 1000000m, 1010000m, 1020000m, 1030000m, 1040000m, 1050000m, 1060000m, 1070000m, 1080000m, 1090000m, 1100000m, 1110000m, 1120000m, 1130000m, 1140000m, 1150000m, 1160000m, 1170000m, 1180000m, 1190000m, 1200000m, 1210000m, 1220000m, 1230000m, 1240000m, 1250000m, 1260000m, 1270000m, 1280000m, 1290000m, 1300000m, 1310000m, 1320000m, 1330000m, 1340000m, 1350000m, 1360000m, 1370000m, 1380000m, 1390000m, 1400000m, 1410000m, 1420000m, 1430000m, 1440000m, 1450000m, 1460000m, 1470000m, 1480000m, 1490000m, 1500000m, 1510000m, 1520000m, 1530000m, 1540000m, 1550000m, 1560000m, 1570000m, 1580000m, 1590000m, 1600000m, 1610000m, 1620000m, 1630000m, 1640000m, 1650000m, 1660000m, 1670000m, 1680000m, 1690000m, 1700000m, 1710000m, 1720000m, 1730000m, 1740000m, 1750000m, 1760000m, 1770000m, 1780000m, 1790000m, 1800000m, 1810000m, 1820000m, 1830000m, 1840000m, 1850000m, 1860000m, 1870000m, 1880000m, 1890000m, 1900000m, 1910000m, 1920000m, 1930000m, 1940000m, 1950000m, 1960000m, 1970000m, 1980000m, 1990000m, 2000000m, 2010000m, 2020000m, 2030000m, 2040000m, 2050000m, 2060000m, 2070000m, 2080000m, 2090000m, 2100000m, 2110000m, 2120000m, 2130000m, 2140000m, 2150000m, 2160000m, 2170000m, 2180000m, 2190000m, 2200000m, 2210000m, 2220000m, 2230000m, 2240000m, 2250000m, 2260000m, 2270000m, 2280000m, 2290000m, 2300000m, 2310000m, 2320000m, 2330000m, 2340000m, 2350000m, 2360000m, 2370000m, 2380000m, 2390000m, 2400000m, 2410000m, 2420000m, 2430000m, 2440000m, 2450000m, 2460000m, 2470000m, 2480000m, 2490000m, 2500000m, 2510000m, 2520000m, 2530000m, 2540000m, 2550000m, 2560000m, 2570000m, 2580000m, 2590000m, 2600000m, 2610000m, 2620000m, 2630000m, 2640000m, 2650000m, 2660000m, 2670000m, 2680000m, 2690000m, 2700000m, 2710000m, 2720000m, 2730000m, 2740000m, 2750000m, 2760000m, 2770000m, 2780000m, 2790000m, 2800000m, 2810000m, 2820000m, 2830000m, 2840000m, 2850000m, 2860000m, 2870000m, 2880000m, 2890000m, 2900000m, 2910000m, 2920000m, 2930000m, 2940000m, 2950000m, 2960000m, 2970000m, 2980000m, 2990000m, 3000000m, 3010000m, 3020000m, 3030000m, 3040000m, 3050000m, 3060000m, 3070000m, 3080000m, 3090000m, 3100000m, 3110000m, 3120000m, 3130000m, 3140000m, 3150000m, 3160000m, 3170000m, 3180000m, 3190000m, 3200000m, 3210000m, 3220000m, 3230000m, 3240000m, 3250000m, 3260000m, 3270000m, 3280000m, 3290000m, 3300000m, 3310000m, 3320000m, 3330000m, 3340000m, 3350000m, 3360000m, 3370000m, 3380000m, 3390000m, 3400000m, 3410000m, 3420000m, 3430000m, 3440000m, 3450000m, 3460000m, 3470000m, 3480000m, 3490000m, 3500000m, 3510000m, 3520000m, 3530000m, 3540000m, 3550000m, 3560000m, 3570000m, 3580000m, 3590000m, 3600000m, 3610000m, 3620000m, 3630000m, 3640000m, 3650000m, 3660000m, 3670000m, 3680000m, 3690000m, 3700000m, 3710000m, 3720000m, 3730000m, 3740000m, 3750000m, 3760000m, 3770000m, 3780000m, 3790000m, 3800000m, 3810000m, 3820000m, 3830000m, 3840000m, 3850000m, 3860000m, 3870000m, 3880000m, 3890000m, 3900000m, 3910000m, 3920000m, 3930000m, 3940000m, 3950000m, 3960000m, 3970000m, 3980000m, 3990000m, 4000000m, 4010000m, 4020000m, 4030000m, 4040000m, 4050000m, 4060000m, 4070000m, 4080000m, 4090000m, 4100000m, 4110000m, 412000



FITNESS CLUB*

Department of Sports, Ministry of Youth Affairs and Sports
Sports, DSW, GGSIPU University

This is to certify that Mr./Ms. **Chirag Sharma**

of MBA/BBA/BAJMC/BCA of the Institute for active participation/ Securing Position 1st in the event **Chess Competition** organized by TIAS- Fit India Youth Club, Delhi held on **15.01.2022**

Under the Initiative of the Ministry of Youth Affairs & Sports, Govt. of India, GGSIPU DSW Sport.


NODAL OFFICER
FITNESS CLUB

INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI

Signed by: Ajay Kumar
Reason: Certified Copy
Location: New Delhi, India
Date: 30-Nov-2024 (02:20 PM)