



Certificate of Appreciation



Fit India Freedom Hour 2.0



Life Style Disease



Hygiene & Cleanliness



Supporting Mental Health



Yoga and Meditation



Physical Activity



Healthy Diet

Key Ingredient of Fitness

Healthy Life



Sleep Well



No Drugs & Alcohol

Stay Fit & Stay Fit

Stay Fit & Stay Fit



Fit India

TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC ACCREDITED GRADE "A" INSTITUTE

Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to G.G.S.I.P. University & Recognized Under Sec. 2(f) of UGC Act 1956.



FITNESS CLUB*

Department of Sports, Ministry of Youth Affairs and Sports
Sports, DSW, GGSIPU University



This is to certify that Mr./Ms. ANUJ BUDHIRAJA

of MBA/BBA/BAJMC/BCA of the Institute for Securing 1st Position in the event BADMINTON COMPETITION organized by TIAS- Fit India Youth Club, Delhi held on 31.10.2022 Under the Initiative of the Ministry of Youth Affairs & Sports, Govt. of India, GGSIPU DSW Sport.

DIRECTOR

NODAL OFFICER
FITNESS CLUB

*Fit India Youth Club - Fitness Club was established vide UGC letter D.O.No.F.1-54/2019 (Website Fit India) Dated 23.08.2019 reference Department of Higher Education, Ministry of Human Resource Development, Government of India, Meeting in PMO for UGC regulated institute (Action: Chairman, UGC)

India's Premier ISO 21001:2015 & 91001:2015 Certified Institute, Rated as 'A++' Category Best Business School by latest AIMA Business Standard & Business India Publications Surveys & Included in Top 100 B-Schools & IT-Schools by Data Street Investment Journal.

*Major Events: Volleyball (Men & Women), Football (Men & Women), Discus Throw (Men & Women), Shotput (Men & Women), Race (100m, 200m, 400m, 500m, 1000m, 1500m, 5000m, 10000m, 15000m, 20000m, 30000m, 40000m, 50000m, 60000m, 70000m, 80000m, 90000m, 100000m, 150000m, 200000m, 250000m, 300000m, 350000m, 400000m, 450000m, 500000m, 550000m, 600000m, 650000m, 700000m, 750000m, 800000m, 850000m, 900000m, 950000m, 1000000m, 1500000m, 2000000m, 2500000m, 3000000m, 3500000m, 4000000m, 4500000m, 5000000m, 5500000m, 6000000m, 6500000m, 7000000m, 7500000m, 8000000m, 8500000m, 9000000m, 9500000m, 10000000m, 15000000m, 20000000m, 25000000m, 30000000m, 35000000m, 40000000m, 45000000m, 50000000m, 55000000m, 60000000m, 65000000m, 70000000m, 75000000m, 80000000m, 85000000m, 90000000m, 95000000m, 100000000m, 150000000m, 200000000m, 250000000m, 300000000m, 350000000m, 400000000m, 450000000m, 500000000m, 550000000m, 600000000m, 650000000m, 700000000m, 750000000m, 800000000m, 850000000m, 900000000m, 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