



TECNIA INSTITUTE OF ADVANCED STUDIES
GRADE "A" INSTITUTE
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 Recognized Under Sec. 2(f) of UGC Act 1956
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Department Of Journalism and Mass Communication
 (Academic Session 2023-24)

Value Added Course Completion Certificate
Certificate Course in Life Skills & Personality Development

Batch-1

This is to certify that the course module for the Value-Added Course for Certificate Course in Life Skills & Personality Development scheduled from **26/08/2024 to 04/12/2024** comprising of 30 Hours deliverance has been completed by the resource person Dr. Tina Raj , Faculty in the Department of Journalism & Mass Communication with the module contents as under-

Sr No.	Content Deliverance (30 hours)	Learning Outcomes
1.	Introduction to Life Skills (5hrs)	Students will gain an understanding of the fundamental life skills necessary for personal and professional success, including thinking, social, and emotional skills.
2.	Self-Awareness and Personal Development (5hrs)	Students will develop a deeper understanding of them, enhance self-esteem, and learn techniques for personal growth and goal setting.
3.	Communication Skills (5hrs)	Students will acquire effective verbal and written communication techniques to enhance interpersonal interactions and professional presentations.
4.	Interpersonal Skills (5hrs)	Students will develop the ability to build positive relationships, collaborate effectively in teams, and resolve conflicts constructively.
5.	Emotional Intelligence (5hrs)	Students will learn to recognize and manage their emotions, develop empathy, and effectively handle interpersonal relationships.
6.	Critical Thinking and Problem Solving (5hrs)	Students will enhance their ability to analyze information, think creatively, and apply effective problem-solving strategies in various contexts.

All the above contents are delivered to the best of my knowledge and belief and nothing is withheld.

Signature of Resource Person

Name of Resource Person: Dr. Tina Raj

Date: 26/08/2024

Submitted to the HOD: Department of Journalism & Mass Communication, TIAS

STUDENT'S DECLARATION

We would like to declare that the course module for the Value-Added Course for Certificate Course in Life Skills & Personality Development, scheduled from 26/08/2024 to 04/12/2024 comprising 30 Hours of deliverance has been completed by the resource person Dr. Tina Raj, Faculty in the Department of Journalism & Mass Communication to our satisfaction and is able to help in developing our professional skills and knowledge.

Sr No.	Enrolment No.	Name	Signature
1	00117002424	POORNIMA JAIN	Poornima
2	00217002424	KRITIKA MISHRA	Kritika
3	00317002424	AANCHAL BORA	Anchal
4	00417002424	RUPAKASHI SETHI	Rupa
5	00517002424	SHUBH JOHRI	Shubh
6	00617002424	CHHAVI	Chhavi
7	00717002424	RISHABH CHAUHAN	Rishabh Chauhan
8	00817002424	VANSHIKA JAIN	Vanshika
9	00917002424	RADHIKA MOTWANI	Radhika Motwani
10	01017002424	PRAGATI DUDHERIA	Pragati
11	01117002424	PURVI MANGLA	Purvi
12	01217002424	SIDDHARTH GAUR	Siddharth
13	01317002424	RAFAT AYAAN	Rafat
14	01417002424	VANSH KHURANA	Vansh
15	01517002424	JONATHAN ANTHONY	Jonathan
16	35117002424	MEHAK KAPOOR	Mehak
17	35217002424	GIRISHA SACHDEVA	Girisha
18	35317002424	ANSHUM VERMA	Anshu
19	35417002424	SARTHAK SHARMA	Sarthak
20	35517002424	LAKSHAY SETHI	Lakshay
21	35617002424	MAYANK SEHRAWAT	Mayank
22	50217002424	CHETNA BHURANDA	Chetna
23	50317002424	SAKSHI KUMARI	Sakshi
24	50417002424	SHREYA SINHA	Shreya
25	50517002424	MANVI KHAITAN	Manvi
26	00121302424	SHIVAM BAJAJ	Shivam
27	00221302424	SARAH RASHID KHAN	Sarah
28	00321302424	NAVNEET KAUR	Navneet
29	00421302424	DHRUV BHATIA	Dhruv
30	35121302424	MUSKAN ASOPA	Muskan
31	35221302424	AMAN ACHARYA	Aman
32	35321302424	GARV	Garv
33	35421302424	SHALOM CHATTERJEE	Shalom
34	35521302424	NANIKA DHINGRA	Nanika
35	35621302424	ANSH PANCHAL	Ansh