

TECNIA INSTITUTE OF ADVANCED STUDIES



GENDER CHAMPION CLUB

Estab. as per Ministry of Women & Child Development, GoI Norms

ANNUAL REPORT: ACADEMIC SESSION

2023-24

–: An Initiative of Internal Quality Assurance Cell:–



TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC GRADE “A” INSTITUTE (CYCLE-1)

Recognized Under Sec. 2(f) of UGC Act 1956.

Approved by AICTE, Ministry of Education Govt. of India, &
Affiliated to Guru Gobind Singh Indraprastha University, New Delhi



GENDER CHAMPION CLUB

Estab. as per Ministry of Women & Child Development, GoI Norms

PREFACE

The Gender Champion Club is committed to fostering gender equality, empowerment, and social justice, all while contributing to the broader global and national agendas for sustainable development. In line with the United Nations Sustainable Development Goals (UNSDGs), particularly Goal 5: Gender Equality and Goal 10: Reduced Inequalities, our initiatives aim to address the systemic barriers that perpetuate gender-based disparities and inequalities in various spheres of life. Our work is not confined to gender equality alone; we also strive to reduce all forms of inequality, with a particular focus on vulnerable and marginalized communities. We believe that creating a more equitable society requires dismantling all forms of discrimination and ensuring that everyone, regardless of their gender, caste, class, or background, has access to equal opportunities and a life of dignity.

In addition to the UNSDGs, our efforts are closely aligned with national initiatives of Unnat Bharat Abhiyan, a flagship program launched by the Ministry of Education, Government of India, through various outreach programs, workshops, and initiatives. The Gender Champion Club's work complements this vision by focusing on rural and underserved communities where gender-based inequalities are often more pronounced.

Additionally, the Mulya Pravahs, our cultural values rooted in inclusivity and respect—serve as a guiding force in our approach. These traditional principles emphasize community solidarity, collective responsibility, and mutual care, all of which are crucial in addressing gender-based and social inequalities.

This report highlights the initiatives, challenges, and successes of the Gender Champion Club over the past year, carried out in 5 adopted villages of the institute detailing our contributions to the achievement of UNSDG Goal 5 and Goal 10. Through our continued engagement with the principles of Unnat Bharat Abhiyan, we are striving for a world where gender equality and reduced inequalities are not just ideals, but the foundation for a more just, inclusive, and sustainable future for all.

INDEX

S.NO.	TITLE	PAGE NO.
1.	INTRODUCTION	3
1.1	GENDER CHAMPION CLUB	4
1.2	OBJECTIVES- OUTCOMES	5
2.	REPORTS ON EVENTS CONDUCTED	6-32
2.1	Report on Poster Making Competition on Girl Child: To promote Gender Ratio Awareness	7-8
2.2	Report on Outreach Activity on Bridging the Gap: An outreach initiative on Gender rights: To educate on Gender Rights and Gender Equality	9-10
2.3	Report on Workshop on Gender Sensitization: To develop understanding of Gender-related issues	11-12
2.4	Report on Article Writing Competition on Role of Media in Women Empowerment: To focus on the role of Media in Women Empowerment	13-14
2.5	Report on Outreach drive on Stay Clean, Stay Healthy: Promoting Personal Hygiene for Wellness: To generate consciousness amongst young girls on Hygiene	15-16
2.6	Report on Role play on Women's Rights and Empowerment: To create awareness on gender issues and advocate for women's rights	17-18
2.7	Report on Group Discussion on Women's Health and Reproductive Rights: To advocate for accessible and comprehensive healthcare for women	19-20
2.8	Report on Film Screening and Discussion on Gender based violence: To raise awareness about violence against women and encouraging prevention	21-22
2.9	Report on Workshop on Professional Development: To provide insights into effective leadership qualities and strategies for managing teams and fostering innovation	23-24
2.10	Report on Group Discussion on Empowering Voices: A community dialogue for gender equality: To raise awareness about violence against women and encouraging prevention	25-26
2.11	Report on Outreach drive on Health and Personal Hygiene session: To introduce personal hygiene through Menstrual Cups	27-28
2.12	Report on Letter Writing Competition on Women's Empowerment through Law: Know Your Protections: To introduce the basic legal rights and protections for women.	29-30
2.13	Report on Group Discussion on Women Mental Health on Mental Health Awareness Day: To provide knowledge about various mental health disorders and coping strategies	31-32
2A.	OUTREACH ACTIVITIES REPORT	33
2B.	AWARENESS ACTIVITIES REPORT	34
2C.	WEBSITE LINKS	35
3.	FUTURE PLANS	36-37
4.	CONCLUSION	38-39
5.	ANNEXURES	40-43
Annx-1	CERTIFICATE OF ESTABLISHMENT	41
Annx-2	OFFICE ORDERS	42
Annx-3	CLUB CORE COMMITTEE	43

1. INTRODUCTION

1.1 GENDER CHAMPION CLUB

Gender socialization begins early, and it is important to initiate change process at a young age to shape attitudes and transform behaviors. Schools and colleges play a major role in this regard, because students spend large amounts of time engaged with peers in such settings. Creating positive social norms in educational institutions that value girls and their rights is important to improve the well-being of girls and achieve long-term and sustainable social change. India is home to around 232 million individuals aged 15-24 years, who account for 19.15% of the country's population. Engaging with these young students is crucial to help them critically assess notions of masculinity and question prevailing gender inequities. We need to tap into the goodness and sense of justice of these young minds to give them tools for maintaining those gifts as they encounter people and experiences that are different from their own. We need to engage with them to challenge and shift gender norms that contribute to girls and women having less worth, opportunities and decision-making ability than boys and men. In order to promote gender equality, guaranteed by Article 15 of the Indian Constitution, we need to change the mode of interaction at all levels – home, school, college, and workplace and so on. To increase the outreach for creating an environment that fosters equal treatment, Government of India envisages engagement of Gender Champions in all schools and colleges across the country. Gender Champions can be any student above 16 years of age enrolled in educational institutions. It is a joint initiative of the Ministry of women and Child Development and Ministry of Human Resource Development. Gender Champion Club has been established in TIAS as per the directions issued by UGC, GOI vide letter No. F.91-7/2016(GS) dt 7 April, 2016 to undertake innovative activities on gender equality issues (Annexure 1).

1.2 OBJECTIVES

The broad mandate of a Gender Champion is –

- 1) To provide an integrated and interdisciplinary approach to understanding the social and cultural constructions of gender that shapes the experiences of women and men in society.
- 2) To make the young boys and girls gender sensitive
- 3) To create positive social norms that values the girls and their rights.

1.3 GCC OUTCOMES

The Gender Champions will be able to-

- 1) Promote Gender equality through different campaigns and drives.
- 2) Adopt positive behavioral changes through different workshops and seminars.
- 3) To build leadership and advocacy skills by organizing various campaigns etc.

2. REPORTS ON EVENTS CONDUCTED

2.1 EVENT: POSTER MAKING

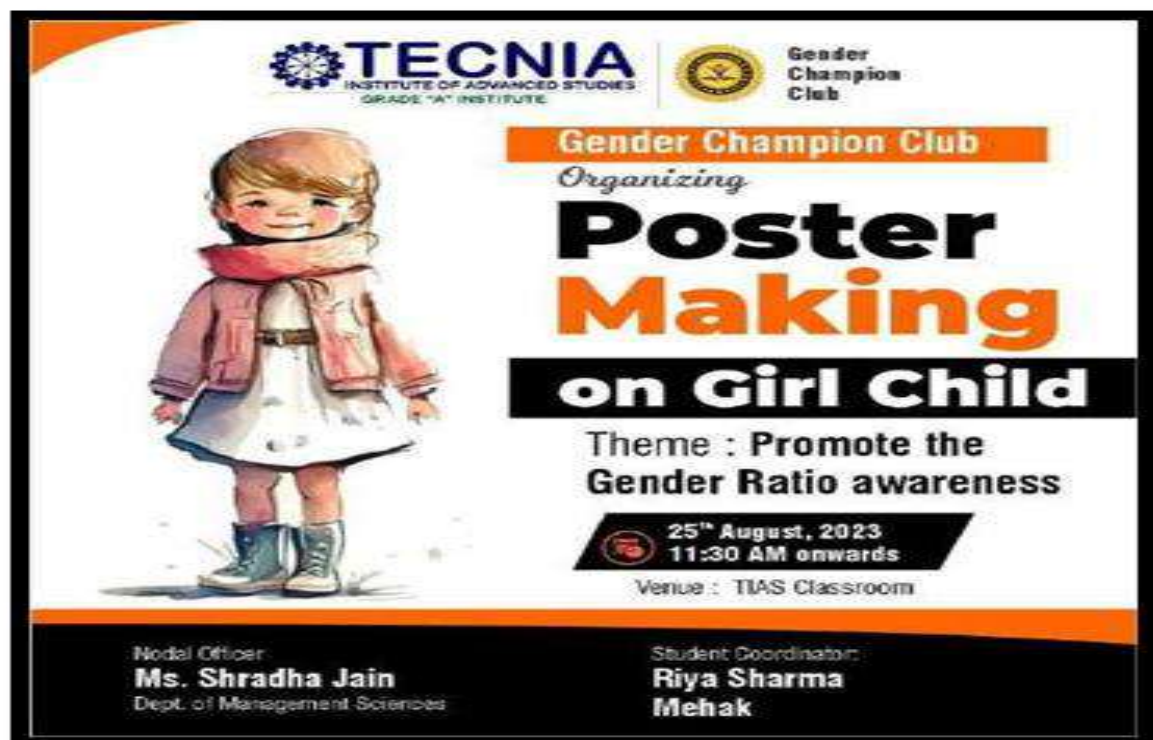
Topic: Girl Child

Date: 25'August'2023

Objective: To promote the Gender Ratio awareness

Report: The core of the event was the poster-making session, where students unleashed their creativity to visually represent the theme of girl child empowerment. The students delved into the significance of poster making specifically focusing on the girl child empowered through expression. The posters highlighted different aspects of women's lives and spread the message that every day in a woman's life is a reason for celebration. The students created posters using befitting slogans and drawings to express their views on the theme. It also encompassed the importance of gender ratio awareness, its current status globally, and the implications it holds for social, economic, and political development. The participants focused on gender ratios to help in identifying and addressing issues such as gender-based violence, discrimination, and unequal access to resources and opportunities. They participated with enthusiasm and prepared beautiful posters based on the theme. Students were motivated to take action to support and uplift the girl child through posters. They portrayed the importance of gender equality and the need to overcome gender-based discrimination. Participants used a variety of artistic techniques, including painting, drawing, and collage, to convey powerful messages.

OBE VALUES	UNSDGS	MULYA PRAVAH	PARTICIPANTS
<ul style="list-style-type: none">• Creative Skill Development• Innovation	<ul style="list-style-type: none">• Goal 5: Gender Equality• Goal 10: Reduced Inequalities	<ul style="list-style-type: none">• Inclusivity	45



2.2 EVENT: OUTREACH ACTIVITY

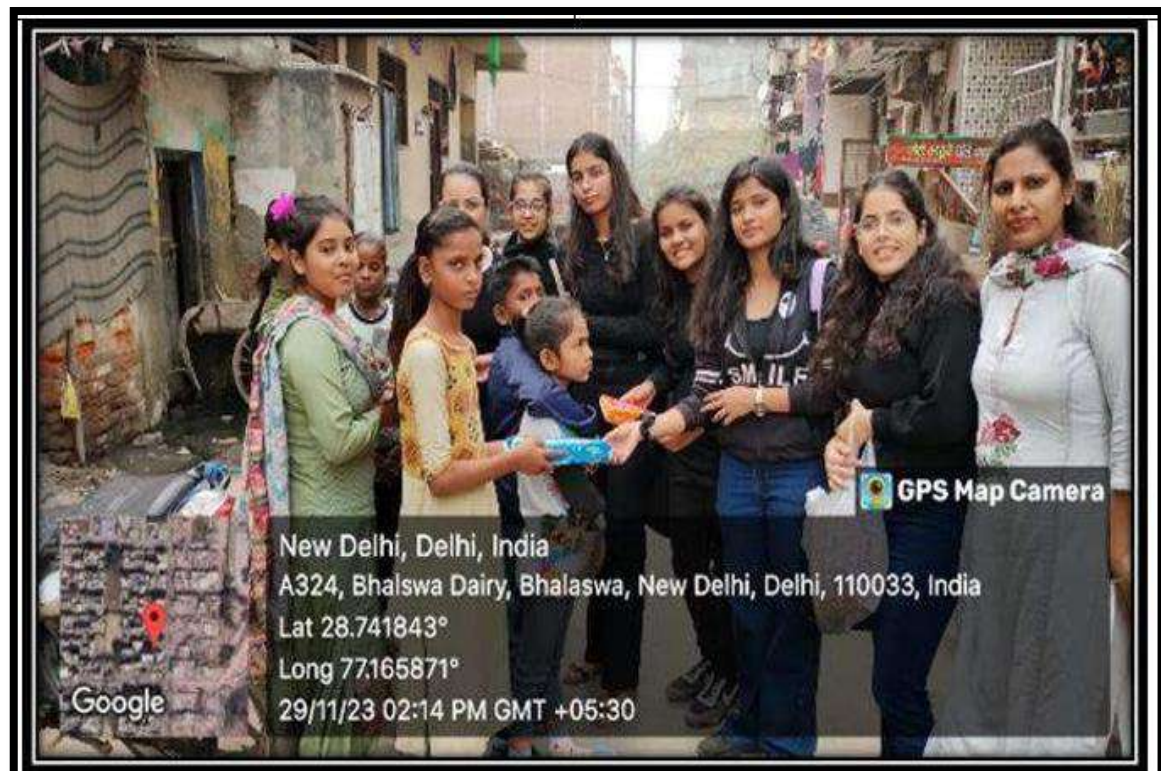
Topic: Bridging the Gap – An outreach initiative on Gender rights


Event Date: 08'September'2023

Objective: To educate the participants on the fundamental concepts of gender rights and the significance of gender equality

Report: This campaign comprises of students and faculty indulging in community-wide open conversation and debate to address widespread gender stereotypes and biases. The "Bridging the Gap" initiative was designed to raise awareness about gender rights and promote gender equality among students and community members. Recognizing the importance of education in addressing gender-related issues, this outreach program aimed to empower participants with the knowledge, skills, and values needed to advocate for gender rights in their communities. The initiative focused on fostering understanding, empathy, and action to address gender inequality. Participants engaged in discussions about gender issues affecting their local communities. This platform allowed for the exchange of experiences, fostering a deeper understanding of the challenges people face due to gender inequality. Topics such as dowry, domestic violence, gender bias in education, and wage gaps were discussed, providing a holistic view of how deeply ingrained gender disparities are in society. Understanding gender diversity, consent, gender roles, and battling prejudice were among the topics discussed.

OBE VALUES	UNSDGS	MULYA PRAVAH	BENEFICIARIES
<ul style="list-style-type: none">• Critical thinking• Problem Solving	<ul style="list-style-type: none">• Goal 5: Gender Equality• Goal 10: Reduced Inequalities	<ul style="list-style-type: none">• Belongingness• Dedication• Harmony	100 (10 Households)





TECNIA


INSTITUTE OF ADVANCED STUDIES
 ROHINI, DELHI
NAAC ACCREDITED GRADE 'A' INSTITUTE

GENDER CAMPAIGN CLUB

organizes

Awareness Campaign

on



Bridging the Gap: An Outreach Initiative on Gender

Theme:
**PROMOTING GENDER
 EQUALITY AND CHALLENGING
 STEREOTYPES.**

8th September, 2023
11:00 AM onwards
Venue: Nangli Puna Village, New Delhi

Nodal Officer
Ms. Shradha Jain
 Dept. of Management Sciences

2.3 Event: Workshop

Topic: Gender Sensitization

Event Date: 22'September'2023

Objective: To develop a deeper understanding of gender-related issues

Report: The workshop began with an overview of basic gender concepts, including the difference between sex and gender, the spectrum of gender identities, and the impact of societal norms and expectations on individuals. Participants engaged in activities and discussions to identify and challenge common gender stereotypes prevalent in society. They reflected on how these stereotypes influence perceptions and behaviors. The workshop highlighted the concept of privilege and its intersection with gender, race, class, sexuality, and other social identities. Students learned to recognize their privileges and understand how they intersect with systems of oppression. The workshop provided practical strategies for advocating for gender equality and challenging discrimination. This included effective communication techniques, bystander intervention skills, and resources for further education and support.

OBE VALUES	UNSDGS	MULYA PRAVAH	PARTICIPANTS
<ul style="list-style-type: none">• Problem solving• Communication	<ul style="list-style-type: none">• Goal 4: Quality Education• Goal 5: Gender Equality• Goal 10: Reduced Inequalities	<ul style="list-style-type: none">• Inclusivity• Dedication	50





TECNIA
INSTITUTE OF ADVANCED STUDIES
GRADE "A" INSTITUTE



**Gender
Champion
Club**

Gender Champion Club

Workshop
on
**Gender
Sensitization**

**Educate students about gender equality,
respect and inclusivity**



22nd September, 2024 | 11:30 AM onwards

Venue : **TIAS campus**

Nodal Officer
Ms. Shradha Jain
Dept. of Management Sciences

Student Coordinator:
Sanchita : 88102908251

2.4 Event: Article Writing Competition

Topic: Role of Media in Women Empowerment

Event Date: 30'October'2023

Objective: To focus on the role of Media in Women Empowerment

Report: An article writing competition was held on the theme of the media's role in women's empowerment. The event's goal was to ensure economic growth while also raising awareness and educating the audience about the harmful implications of this social issue that is pervasive in our society. The event began at 11 a.m. and ran until 12:00 p.m., with a hearty welcome to the audience. The competition presented numerous facets of the function of media, emphasizing the difficulties and disintegration of traditional prejudices about women. A total of ten enthusiastic volunteers actively participated in organizing and managing the event. They expertly handled logistics, synchronization, and crowd management, ensuring the program's flawless flow. It's great to hear that the competition was a success! Announcing the winners and presenting participation certificates is an excellent opportunity to recognize everyone's contributions and hard work. All of the peers were enthusiastic about the competition, which focused on women's difficulties and effectively communicated the idea of strengthening the feminine perspective. The audience responded favorably, displaying their commitment to women's empowerment and the promotion of a positive work environment for women. The event not only raised awareness, but also encouraged attendees to take action and become change agents themselves.

OBE VALUES	UNSDGS	MULYA PRAVAH	PARTICIPANTS
<ul style="list-style-type: none">• Creativity• Critical thinking• Analytical ability	<ul style="list-style-type: none">• Goal 5: Gender Equality• Goal 10: Reduced Inequalities	<ul style="list-style-type: none">• Integrity• Belongingness	50



TECNIA
INSTITUTE OF ADVANCED STUDIES
GRADE "A" INSTITUTE



Gender
Champion
Club

Gender Champion Club

Organizing

Article Writing Competition



Theme

**Role of
media in women
empowerment**

30 October 2023
11:00 to 12:00 PM

Venue :
BBA, Classroom, TIAS

Nodal Officer
Ms. Shradha Jain
Dept. of Management Sciences

Student Coordinator:
Aman Gupta : 7678167955
Sanchita : 8102908251



2.5 Event: Outreach Campaign

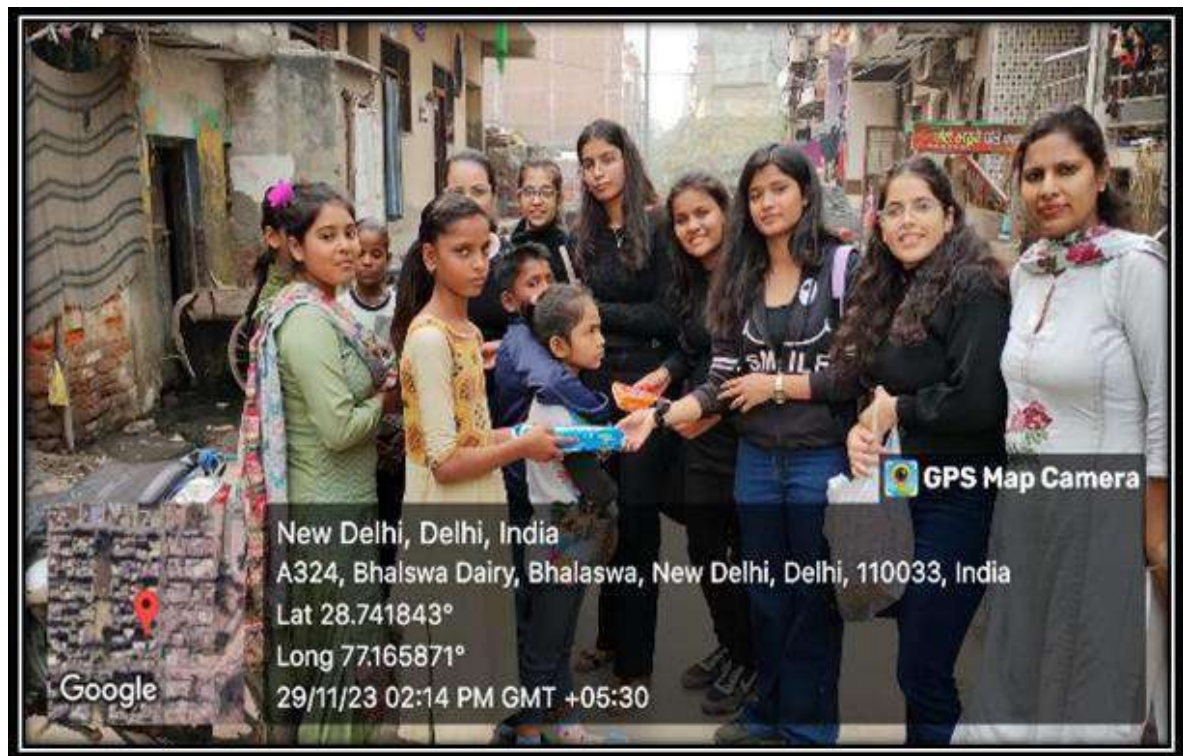
Topic: Stay Clean, Stay Healthy: Promoting Personal Hygiene for Wellness


Event Date: 29th November 2023

Objective: To expand consciousness amongst young girls on Hygiene

Report: The session on "Stay Clean, Stay Healthy: Promoting Personal Hygiene for Wellness" was conducted to raise awareness about the importance of personal hygiene in maintaining overall health and well-being. The event was an initiative by TIAS students to combat social stigma. The event raised awareness about proper hygiene practices' significance in preventing infections, particularly during menstruation. Students interacted and encouraged the use of sanitary napkins rather than cloth, which is a positive step because it can help minimize bacterial infections and improve overall comfort and hygiene during menstruation. While promoting sanitary napkins is important, participants were also given practical tips on using and disposing of these items. They also informed them that hygienic napkins could be obtained at a reduced cost at the government-owned Jan Aushadhi Kendra. The session also highlighted the importance of mental well-being in connection with personal hygiene. Cleanliness promotes a sense of self-respect and confidence, which positively affects mental health. Furthermore, the use of sustainable hygiene products, such as eco-friendly menstrual products and biodegradable soaps, was discussed to align personal care with environmental responsibility. Participants were also encouraged to build daily hygiene routines and involve their families, especially children, in practicing proper hygiene from a young age. The long-term impact of maintaining hygiene was emphasized, especially in reducing the burden of healthcare costs and improving overall life quality. Overall, the session at Bhalswa Dairy proved to be a worthy initiative with the potential to improve the health and well-being of women in the community.

OBE VALUES	UNSDGS	MULYA PRAVAH	BENEFICIARIES
<ul style="list-style-type: none">Holistic development	<ul style="list-style-type: none">Goal 3: Good Health and Well-BeingGoal 4: Quality EducationGoal 5: Gender EqualityGoal 10: Reduced Inequalities	<ul style="list-style-type: none">CommitmentHarmonyDedication	150 (15 Households)





TECNIA

INSTITUTE OF ADVANCED STUDIES
ROHINI, DELHI


NAAC ACCREDITED GRADE 'A' INSTITUTE

GENDER CAMPAIGN CLUB

organizes

Stay Clean, Stay Healthy: Promoting Personal Hygiene for Wellness

WOMEN HYGIENE



29th Nov. 2023
11:00 AM onwards
Venue: Bhalswa Dairy, Delhi

Nodal Officer:
Ms. Shradha Jain
 Dept. of Management Sciences

2.6 Event: Role Play

Topic: Women's Right and Empowerment


Event Date: 14'December'2023

Objective: To create awareness about gender issues and advocate for women's rights


Report: Roles included a female executive facing workplace discrimination, a male executive unaware of gender biases, a human resources manager responsible for promoting diversity. Students interacted with each other in their assigned roles, simulating real-life workplace scenarios. They navigate situations such as gender pay gaps, glass ceilings, biased hiring practices, and workplace harassment. After the role play, there was a debriefing session where students reflect on their experiences, emotions, and insights gained from the exercise. Facilitator guided discussions on the complexities of gender dynamics in the workplace and strategies for promoting women's rights and empowerment. It was an interactive session and students enthusiastically participated in the role play.

OBE VALUES	UNSDGS	MULYA PRAVAH	PARTICIPANTS
<ul style="list-style-type: none">• Critical thinking• Problem solving	<ul style="list-style-type: none">• Goal 3: Good Health and Well-Being• Goal 4: Quality Education• Goal 5: Gender Equality• Goal 10: Reduced Inequalities	<ul style="list-style-type: none">• Inclusivity• Harmony	75





TECNIA
INSTITUTE OF ADVANCED STUDIES
GRADE "A" INSTITUTE



**Gender
Champion
Club**

Gender Champion Club

Organizing

Role Play

on


**Women's Right
And Empowerment**

14th December, 2023
11:00 AM onwards

Venue : BBA, Classroom, TIAS

Theme :

**Creating Awareness about
gender issues and Advocating
for Women's Rights**



Nodal Officer
Ms. Shradha Jain
Dept. of Management Sciences

Student Coordinator:
Sanchita : 88102908251

2.7 Topic: Group Discussion

Topic: Women's Health and Reproductive Rights


Event Date: 31'January'2024

Objective: To advocate for accessible and comprehensive healthcare for women


Report: The debate aimed to engage participants in the current environment of women's healthcare, including the problems they face and tactics for lobbying for increased access and comprehensive treatment. Students were given the chance to apply their talents in leadership, management, and strategic thinking to effect good change in this region. Participants emphasized the relevance of women's health concerns and advocated for policy measures to reduce inequities. They suggested that forming alliances with healthcare providers, advocacy organizations, and other stakeholders can bolster advocacy efforts and increase the effectiveness of programs. They also discussed about the challenges faced by women in maintaining their health such as high healthcare costs, lack of insurance coverage, and limited access to affordable healthcare facilities can deter women from seeking necessary medical care. However, they may encounter challenges in accessing timely diagnosis, treatment, and ongoing management of these conditions.

OBE VALUES	UNSDGS	MULYA PRAVAH	PARTICIPANTS
<ul style="list-style-type: none">• Critical thinking• Problem solving	<ul style="list-style-type: none">• Goal 3: Good Health and Well-Being• Goal 4: Quality Education• Goal 5: Gender Equality• Goal 10: Reduced Inequalities	<ul style="list-style-type: none">• Dedication• Integrity• Respectfulness	60






TECNIA
INSTITUTE OF ADVANCED STUDIES
 GRADE "A" INSTITUTE




**Gender
Champion
Club**

GENDER CHAMPION CLUB



Organizing
**DISCUSSION ON
 WOMEN'S HEALTH
 AND REPRODUCTIVE
 RIGHTS.**

Theme :
**Advocating for Accessible
 and Comprehensive Healthcare
 for Women.**


**31st January, 2024
 11:30 AM onwards**

Venue : BBA, Classroom, TIAS

Nodal Officer
Ms. Shradha Jain
Dept. of Management Sciences

Student Coordinator:
Manvi Behl, Manan Arora

2.8 Event: Film Screening and Discussion


Topic: Gender Based Violence

Event Date: 27th February'2024


Objective: To raise awareness about violence against women and encouraging prevention

Report: The event commenced with the screening of a relevant and impactful film that explored various dimensions of gender-based violence, including its root causes, societal implications, and the experiences of survivors. The film was selected based on its ability to provoke thought and evoke empathy while shedding light on the often overlooked aspects of gender-based violence (GBV). They participated with enthusiasm and prepared presentation based on the theme. Students were motivated to take action to support and uplift the girl child through posters. They portrayed the importance of gender equality and the need to overcome gender-based discrimination. The primary objective of the film screening and discussion was to raise awareness about GBV and stimulate dialogue among participants to foster understanding and action towards combating this pervasive issue. By leveraging the power of film as a medium for storytelling, we aimed to engage the audience emotionally and intellectually, prompting reflection and discussion on the complexities surrounding GBV.

OBE VALUES	UNSDGS	MULYA PRAVAH	PARTICIPANTS
<ul style="list-style-type: none">• Problem solving• Critical thinking• Holistic development	<ul style="list-style-type: none">• Goal 4: Quality Education• Goal 5: Gender Equality• Goal 10: Reduced Inequalities	<ul style="list-style-type: none">• Harmony• Integrity• Respectfulness	100



TECNIA
INSTITUTE OF ADVANCED STUDIES
GRADE "A" INSTITUTE




**Gender
Champion
Club**

Gender Champion Club

Organizing

Film Screening & Discussion

on Gender Based Violence



Theme :
Raising Awareness about
Violence Against Women and
Encouraging Prevention

27, February 2024
01:00 PM Onwards

Venue : BBA, Classroom, TIAS

Nodal Officer
Ms. Shradha Jain
Dept. of Management Sciences

Student Coordinator:
Sanchita : 88102908251



2.9 Event: Workshop

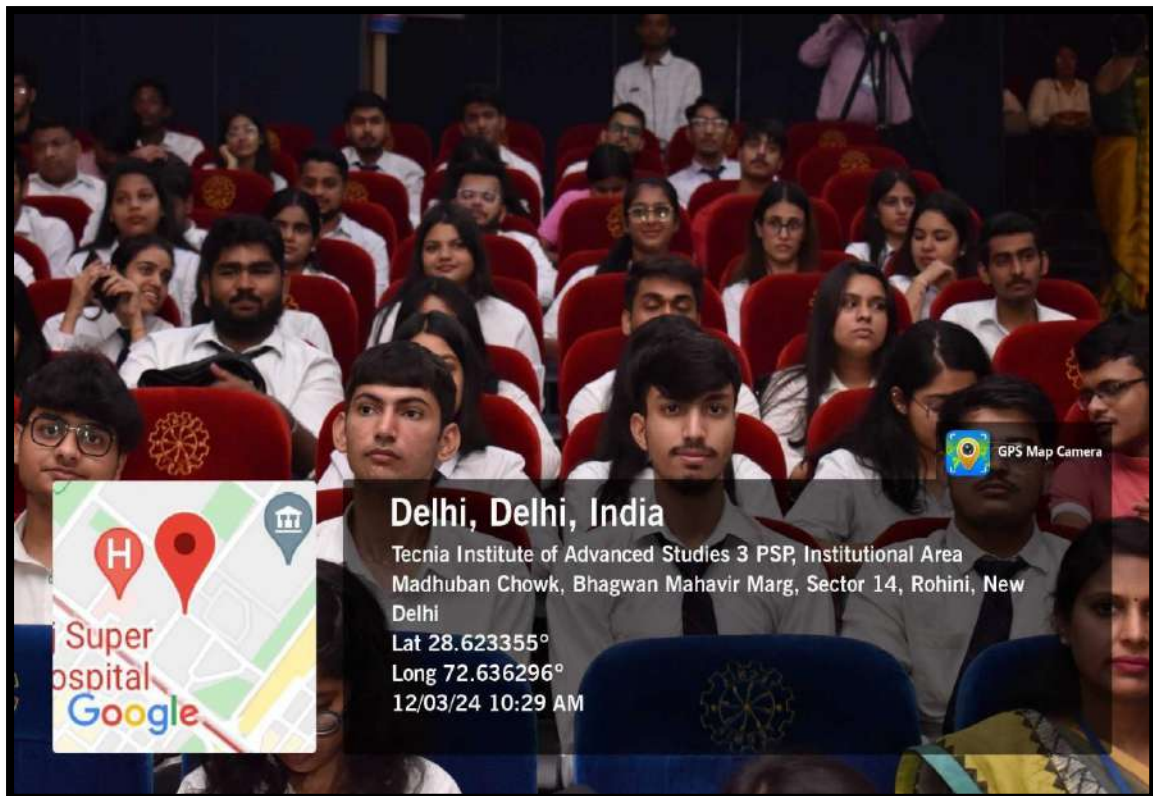
Topic: Professional Development

Event Date: 12'March'2024

Objective: To provide insights into effective leadership qualities and strategies for managing teams and fostering innovation

Report: The workshop on Professional Development titled "Be Your Own Boss" was organized on the occasion of International Women's Day. The event aimed to empower female students by providing them with the necessary skills, knowledge, and inspiration to become successful entrepreneurs. It brought together students from various academic backgrounds to learn, share experiences, and foster a spirit of entrepreneurship. The workshop on Professional Development, "Be Your Own Boss," held on International Women's Day, was a resounding success. It provided participants with valuable insights, skills, and inspiration to embark on their entrepreneurial journeys confidently. By fostering a supportive and inclusive environment, the event empowered women to take control of their professional destinies and pursue their dreams of entrepreneurship. The values of empowerment, inclusivity, skill enhancement, and inspiration were effectively incorporated into the workshop's objectives and activities, ensuring a meaningful and enriching experience for all participants.

OBE VALUES	UNSDGS	MULYA PRAVAH	PARTICIPANTS
<ul style="list-style-type: none">• Skill Enhancement• Collaboration• Analytical abilities	<ul style="list-style-type: none">• Goal 4: Quality Education• Goal 5: Gender Equality• Goal 10: Reduced Inequalities	<ul style="list-style-type: none">• Integrity• Dedication• Respectfulness	150





TECNIA
INSTITUTE OF ADVANCED STUDIES
GRADE "A" INSTITUTE
DELHI, INDIA




**Gender
Champion
Club**

Organizing

PROFESSIONAL
Development Workshops

International Women's Day


Be Your Own Boss



Time: 10:00 - 11:00 AM, Date: 12/03/2024

Venue: TIAS, Auditorium

SUPPORTING PARTNERS






TRAINING PARTNER



in association with



Nodal Officer
Ms. Shradha Jain
Dept. of Management Sciences

2.10 Event: Group Discussion

Topic: Empowering Voices: A Community dialogue for gender equality

Event Date: 22'March'2024

Objective: To raise awareness about violence against women and encouraging prevention

Report: The session Unifying Voices: A Dialogue on Gender and Social Change was organized as a participatory dialogue and collective learning on gender equity. The event began with the discussion and provided a historical overview of gender roles in society and the evolving perceptions of gender equity. Initially facilitators guided the discussions to ensure inclusivity and depth considering diverse perspectives. After the discussion, the participants engaged in a role-playing activity titled Walk in Their Shoes. This exercise placed participants in the position of individuals experiencing gender discrimination, enabling them to empathize with the challenges faced by marginalized groups. A group brainstorming session was then conducted to develop actionable initiatives for promoting gender equity. Each group presented its ideas, which ranged from creating awareness campaigns in schools and workplaces to suggesting policy changes at the community level. The most impactful ideas were compiled into a draft proposal to be shared with local policymakers and organizations working on gender equity. To conclude the session, a motivational talk was delivered and emphasized the importance of collective action and the role of each individual in driving change. Participants were encouraged to take a pledge to act as champions of gender equality in their spheres of influence.

OBE VALUES	UNSDGS	MULYA PRAVAH	BENEFICIARIES
<ul style="list-style-type: none">• Critical thinking• Problem solving	<ul style="list-style-type: none">• Goal 5: Gender Equality• Goal 10: Reduced Inequalities	<ul style="list-style-type: none">• Dedication• Harmony	100 (10 Households)

**TECNIA**
INSTITUTE OF ADVANCED STUDIES
GRADE "A" INSTITUTE



GENDER CAMPAIGN CLUB

is organizing

**COMMUNITY DIALOGUE
SESSION,
NANGLI PUNA VILLAGE, NEW DELHI**

22nd March, 2024
11:00 AM Onwards
Venue Adopted Village-Nangli Puna Village

**Nodal Officer
Ms. Shradha Jain
Dept. of Management Sciences**



2.11 Event: Awareness Campaign

Topic: Health and Personal Hygiene Session

Event Date: 17'April'2024

Objective: To introduce personal hygiene with menstrual cups as a sustainable alternative to conventional menstrual products

Report: The “Health and Personal Hygiene Session” on menstrual cups was organized in a remote area to educate girls and women about menstrual health and hygiene. This initiative aimed to provide them with an alternative menstrual product that is both eco-friendly and cost-effective. The session began with information about menstrual health, explaining the biological aspects of menstruation, menstrual cycles, and common issues faced during menstruation. A detailed presentation on menstrual cups, covering their benefits, types, and materials used, was given. It was informed that the cups are made of safe materials that don't contain chemicals or fragrances, lowering the risk of infections and toxic shock syndrome. The facilitator addressed common fears and myths regarding menstrual cups, such as concerns about discomfort, or suitability for different age groups. The session helped clarify that the cup is suitable for both young and older women and included discussions on the environmental impact of traditional menstrual products. Additional tips on maintaining personal hygiene during menstruation were provided, emphasizing the importance of washing hands before and after handling the menstrual cup and ensuring proper storage.

OBE VALUES	UNSDGS	MULYA PRAVAH	BENEFICIARIES
<ul style="list-style-type: none">• Conceptual understanding• Problem solving	<ul style="list-style-type: none">• Goal 3: Good Health and Well-Being• Goal 5: Gender Equality• Goal 10: Reduced Inequalities	<ul style="list-style-type: none">• Harmony• Respectfulness• Integrity	150 (15 Households)


TECNIA
 INSTITUTE OF ADVANCED STUDIES
 GRADE "A" INSTITUTE



GENDER CAMPAIGN CLUB
is organizing



HEALTH AND PERSONAL HYGIENE SESSION

17 th , April, 2024, 11:00 AM Onwards
 Venue: Adopted Village-Bhalswa Dairy Village,
 New Delhi

Nodal Officer
Ms. Shradha Jain
 Dept. of Management Sciences



2.12 Event: Letter writing Competition

Topic: Women's Empowerment through Law: Know Your Protections


Event Date: 08'May'2024

Objective: To introduce the participants to the basic legal rights and protections for women, enhancing their understanding of the legal framework designed to empower them.

Report: The session on "Women's Empowerment through Law: Know Your Protections" focused on educating participants about the legal rights and protections available to women under Indian law. The session was designed to equip women with the necessary knowledge to assert their rights and raise awareness about gender equality and safety through the medium of letter writing. The session aimed to empower women by educating them on laws designed to protect their rights and how to communicate their concerns or raise issues through written communication effectively. The core of the session was focused on writing formal letters. Participants were guided on how to write letters addressing issues such as domestic violence, workplace harassment, and discrimination. Participants were encouraged to continue advocating for their rights and use letter writing to take action when necessary. It was a valuable experience for all participants. By providing legal awareness and encouraging the use of letter writing as a form of self-advocacy, the session empowered women to become active agents of change in their personal and professional lives. The knowledge gained during the session will undoubtedly help participants navigate challenges and stand up for their rights with greater confidence.

OBE VALUES	UNSDGS	MULYA PRAVAH	BENEFICIARIES
<ul style="list-style-type: none">• Critical thinking• Problem Solving	<ul style="list-style-type: none">• Goal 5: Gender Equality• Goal 10: Reduced Inequality	<ul style="list-style-type: none">• Dedication• Respectfulness• Integrity	80 (8 Households)




TECNIA
 INSTITUTE OF ADVANCED STUDIES
 GRADE "A" INSTITUTE

GENDER CAMPAIGN CLUB

is organizing

LETTER WRITING ON

WOMEN'S EMPOWERMENT

THROUGH LAW: KNOW YOUR

PROTECTIONS

8th May, 2024, 10 am onwards

Venue: Adopted Village-Nangli Puna Village

Nodal Officer
Ms. Shradha Jain
Dept. of Management Sciences

2.13 Event: Group Discussion

Topic: Women Mental Health on Mental Health Awareness Day


Event Date: 10' May'2024


Objective: To provide knowledge about various mental health disorders, such as anxiety, depression, and stress-related conditions and the coping strategies

Report: The seminar on women's mental health in college was convened to shed light on the challenges faced by female students in the realm of mental well-being. Recognizing the importance of addressing these issues, the seminar aimed to initiate discussions, share insights, and propose strategies to support the mental health needs of women in college settings. The seminar commenced with an overview of the prevailing mental health concerns among female college students. Topics such as stress, anxiety, depression, body image issues, and the impact of societal expectations were explored to provide a comprehensive understanding of the challenges faced by women. Recognizing the intersection of gender with other identities such as race, sexuality, socio-economic status, discussions delved into how these factors compound the mental health experiences of women. Empowering women with practical self-care techniques and coping mechanisms was another focal point of the seminar. Participants examined the barriers preventing women from seeking help, including stigma, financial constraints and lack of culturally competent care. Strategies to improve access to counseling, therapy, and support groups were deliberated upon. Discussions revolved around the implementation of peer support programs, mentorship initiatives, and campus-wide awareness campaigns.


OBE VALUES	UNSDGS	MULYA PRAVAH	PARTICIPANTS
<ul style="list-style-type: none">• Problem solving• Holistic Development	<ul style="list-style-type: none">• Goal 3: Good Health and Well-Being• Goal 4: Quality Education• Goal 5: Gender Equality• Goal 10: Reduced Inequalities	<ul style="list-style-type: none">• Respectfulness• Harmony• Dedication	75




TECNIA
INSTITUTE OF ADVANCED STUDIES
GRADE "A" INSTITUTE


**Gender
Champion
Club**

GENDER CHAMPION CLUB
Organizing
Seminar on
**WOMEN
MENTAL
HEALTH**
**"focused on mental health
and well being"**


**10TH MAY, 2024
10:00 AM onwards**

Venue : BBA, Classroom, TIAS

Nodal Officer
Ms. Shradha Jain
Dept. of Management Sciences

Student Coordinator:
Divanshu Patel : 9289082528
Riya Sharma : 9711597407

2A. OUTREACH ACTIVITIES REPORT

S. No	Date	Title	Outcome-Based Education (OBE)	UNSDGs	Mulya Pravah	Beneficiaries
1.	08.09.2023	Bridging the Gap – An outreach initiative on Gender rights	<ul style="list-style-type: none"> • Critical thinking • Problem solving 	<ul style="list-style-type: none"> • Goal 5: Gender Equality • Goal 10: Reduced Inequalities 	<ul style="list-style-type: none"> • Inclusivity • Respectfulness • Harmony • Belongingness • Integrity • Indian Knowledge System 	100 (10 Households) <i>Khampur Village</i>
2.	29.11.2023	Stay Clean, Stay Healthy: Promoting Personal Hygiene for Wellness	<ul style="list-style-type: none"> • Holistic development 	<ul style="list-style-type: none"> • Goal 3: Good Health and Well-Being • Goal 4: Quality Education • Goal 5: Gender Equality • Goal 10: Reduced Inequalities 	<ul style="list-style-type: none"> • Commitment • Harmony • Dedication 	150 (15 Households) <i>Fatehpur Jat Village</i>
3.	22.03.2024	Empowering Voices: A Community dialogue for Gender Equality	<ul style="list-style-type: none"> • Critical thinking • Problem solving 	<ul style="list-style-type: none"> • Goal 5: Gender Equality • Goal 10: Reduced Inequalities 	<ul style="list-style-type: none"> • Dedication • Harmony 	100 (10 Households) <i>Nangli Puna Village</i>
4.	17.04.2024	Health and Personal Hygiene Session	<ul style="list-style-type: none"> • Conceptual understanding • Problem solving 	<ul style="list-style-type: none"> • Goal 3: Good Health and Well-Being • Goal 5: Gender Equality 	<ul style="list-style-type: none"> • Harmony • Respectfulness • Integrity 	150 (15 Households) <i>Akbarpur Majra Village</i>
5.	08.05.2024	Letter Writing on Women's Empowerment through Law: Know Your Protections	<ul style="list-style-type: none"> • Critical thinking • Problem Solving 	<ul style="list-style-type: none"> • Goal 5: Gender Equality • Goal 10: Reduced Inequalities 	<ul style="list-style-type: none"> • Dedication • Respectfulness • Integrity 	80 (8 Households) <i>Bhalswa Dairy Village</i>
Total Beneficiaries			58 Households of 5 Villages adopted under UBA			580

2B. AWARENESS ACTIVITIES REPORT

S.No	Date	Title	Outcome-Based Education (OBE)	UNSDGs	Mulya Pravah	Participants
1.	25.08.2023	Poster making Competition on Girl Child	<ul style="list-style-type: none"> Creative Skill Development Innovation 	<ul style="list-style-type: none"> Goal 5: Gender Equality Goal 10: Reduced Inequalities 	<ul style="list-style-type: none"> Inclusivity 	45
2.	22.09.2023	Workshop on Gender Sensitization	<ul style="list-style-type: none"> Problem Solving Communication 	<ul style="list-style-type: none"> Goal 4: Quality Education Goal 5: Gender Equality Goal 10: Reduced Inequalities 	<ul style="list-style-type: none"> Inclusivity Dedication 	50
3.	30.10.2023	Article Writing Competition on Role of Media in Women Empowerment	<ul style="list-style-type: none"> Creativity Critical thinking Analytical ability 	<ul style="list-style-type: none"> Goal 5: Gender Equality Goal 10: Reduced Inequalities 	<ul style="list-style-type: none"> Integrity Belongingness 	50
4.	14.12.2023	Role play on Women's Rights and Empowerment	<ul style="list-style-type: none"> Critical thinking Problem solving 	<ul style="list-style-type: none"> Goal 3: Good Health and Well-Being Goal 4: Quality Education Goal 5: Gender Equality Goal 10: Reduced Inequality 	<ul style="list-style-type: none"> Inclusivity Harmony 	75
5.	31.01.2024	Group Discussion on Women's Health and Reproductive Rights	<ul style="list-style-type: none"> Critical thinking Problem Solving 	<ul style="list-style-type: none"> Goal 3: Good Health and Well-Being Goal 4: Quality Education Goal 5: Gender Equality Goal 10: Reduced Inequality 	<ul style="list-style-type: none"> Dedication Integrity Respectfulness 	60
6.	27.02.2024	Film Screening and Discussion on Gender Based Violence	<ul style="list-style-type: none"> Problem Solving Critical thinking Holistic development 	<ul style="list-style-type: none"> Goal 4: Quality Education Goal 5: Gender Equality Goal 10: Reduced Inequality 	<ul style="list-style-type: none"> Harmony Integrity Respectfulness 	100
7.	12.03.2024	Workshop on Professional Development	<ul style="list-style-type: none"> Skill enhancement Collaboration Analytical abilities 	<ul style="list-style-type: none"> Goal 4: Quality Education Goal 5: Gender Equality Goal 10: Reduced Inequality 	<ul style="list-style-type: none"> Integrity Dedication Respectfulness 	150
8.	10.05.2024	Group Discussion on Women Mental Health on Mental Health Awareness Day	<ul style="list-style-type: none"> Problem solving Holistic development 	<ul style="list-style-type: none"> Goal 3: Good Health and Well-Being Goal 4: Quality Education Goal 5: Gender Equality Goal 10: Reduced Inequality 	<ul style="list-style-type: none"> Respectfulness Harmony Dedication 	75
Total Participants						605

2C. WEBSITE LINKS

OUTREACH ACTIVITIES	
S.No.	Link
1.	https://tiaspg.tecnia.in/wp-content/uploads/2024/03/Awareness-Campaign-Gender-Related-Issues-08.09.2023.pdf
2.	https://tiaspg.tecnia.in/wp-content/uploads/2024/01/Awareness-Program-on-Women-Hygiene.pdf
3.	https://tiaspg.tecnia.in/wp-content/uploads/2024/05/Community-Dialogue-Session-22-March-24-Nangli-Puna.pdf
4.	https://tiaspg.tecnia.in/wp-content/uploads/2024/05/17-APR-2024-HEALTH-AND-PERSONAL-HYGIENE-SESSION.pdf
5.	https://tiaspg.tecnia.in/wp-content/uploads/2024/07/Letter-Writing-Nangli-Puna-08-05-2024-.pdf

WEBSITE LINKS

AWARENESS ACTIVITIES	
S.No.	Link
1.	https://tiaspg.tecnia.in/wp-content/uploads/2024/03/Poster-Making-on-Girl-Child-25.08.2023.pdf
2.	https://tiaspg.tecnia.in/wp-content/uploads/2024/03/Gender-Sensitization-Workshop-22.09.2023.pdf
3.	https://tiaspg.tecnia.in/wp-content/uploads/2024/01/Article-Writing-Competition.pdf
4.	https://tiaspg.tecnia.in/wp-content/uploads/2024/02/Role-Play-report-14-December.pdf
5.	https://tiaspg.tecnia.in/wp-content/uploads/2024/02/Discussion-on-Women-Reproductive.pdf
6.	https://tiaspg.tecnia.in/wp-content/uploads/2024/04/Film-Screening-and-Discussion-on-Gender-Based-Violence.pdf
7.	https://tiaspg.tecnia.in/wp-content/uploads/2024/05/International-Women-Day-12-March-24.pdf
8.	https://tiaspg.tecnia.in/wp-content/uploads/2024/05/Women-Mental-Health-10th-May-24.pdf

3. FUTURE PLANS

The Gender Champion Club is committed to further advancing its mission of promoting gender equality and reducing inequalities, while aligning with global and national frameworks like the UNSDGs, Outcome-Based Education (OBE), and Mulya Pravahs. Our future plans focus on scaling up our impact through innovative initiatives, stronger community engagement, and continuous educational improvements.

1. **Expanding Outreach Programs:** We plan to expand our outreach activities to more rural and undeveloped areas, reaching a broader demographic. This includes organizing gender equality workshops, awareness campaigns, and community dialogues that integrate local cultural practices to challenge gender stereotypes and promote inclusion.
2. **Partnerships and Collaborations:** We will continue to build strong partnerships with local NGOs, government agencies, and educational institutions to amplify our impact. Collaborations will help scale our initiatives, particularly those aligned with the Unnat Bharat Abhiyan and UNSDGs, to ensure broader societal change.

By building on these future plans, the Gender Champion Club seeks to continue its role as a key driver of change, ensuring that gender equality and social justice are realized as fundamental rights for all individuals, regardless of gender, background, or community.

4. CONCLUSION

In conclusion, the Gender Champion Club has made meaningful contributions to advancing gender equality and reducing inequalities, in alignment with the UNSDGs Goal 5 (Gender Equality) and Goal 10 (Reduced Inequalities). Our numerous outreach activities, including workshops, awareness campaigns, skill-building sessions, and community engagement efforts, have reached hundreds of individuals, helping to foster a deeper understanding of gender justice, social inclusion, and sustainable development. These initiatives have empowered participants to challenge stereotypes and actively advocate for equality in their communities.

Central to our success has been the integration of Outcome-Based Education (OBE), which has allowed us to measure the effectiveness of our programs and ensure that each activity brings tangible and impactful results. By focusing on measurable outcomes, we have been able to refine our approaches and ensure the continued success of our initiatives.

Additionally, Mulya Pravahs—our cultural values of respect, inclusivity, belongingness and integrity —have played a key role in guiding our work. These principles have ensured that our outreach activities resonate with local communities and align with their cultural and social contexts. Central to our efforts is the Indian Knowledge System, which emphasizes holistic development, respect for diversity, and community-driven progress.

Students involved in the Gender Champion Club have become vocal advocates for gender equality, challenging outdated norms and pushing for societal transformation. In an interconnected world, the issues surrounding gender equality transcend borders, and the actions of students are helping to shape global conversations on gender rights. Students, as the driving force behind the club, have the potential to be powerful agents of change, influencing attitudes, policies, and practices related to gender equality.

5. ANNEXURES

CERTIFICATE OF ESTABLISHMENT



OFFICE ORDER

TECNIA INSTITUTE OF ADVANCED STUDIES
Grade 'A' Institute

Ref. No. TIAS/ Dir. Off./2023-24/15A

Date: 24.08.2023

OFFICE ORDER

Subject: Nominated Nodal Teacher of 'GENDER CHAMPION CLUB'

In reference to directives of the UGC vide letter no. F. 91-7/2016(GS) Dt. 7th April, 2016 w.r.t. Ministry of Women & Child Development, Office Memorandum F. no. 4-2/2014-WW Dt. 03.06.2015 regarding to increase the outreach for creating an environment that workplace, Govt. of India envisages engagement of Gender Champions in all Educational Institutions across the country.

In reference to the previous order no. TIAS/Dir.Off./ 2022-23/25 Dt. 28.02.2023. In light of above, below mentioned faculty is hereby been nominated and entrusted in responsibility as NODAL TEACHER of 'Gender Champions Club' w.e.f 24.08.2023 to facilitate the activities on gender equity on issues through Untold Stories, Film Exhibitions / Fest, Exposure Visit, Life Skills, finding new Gender Champion, analyze greeting cards through Nodal Teacher to coordinate, implement, monitor, evaluate and report students for his/her commitment towards promoting gender equality for a period of 1 year which may be extended for one more year.

Transfer of Charge of Nodal Teacher, Gender Champion Club's for remaining 1 year period w.e.f. 24.08.2023 with immediate effect in addition to already assigned duties/ charges till further orders.	
From	To
Dr. Rajni Yadav, Assistant Professor, Department of Journalism & Mass Communication	Ms. Shraddha, Assistant Professor, Department of Management Sciences

Accordingly, Nodal Teacher is required to follow the guidelines of Gender Champions issued by the Ministry of Women & Child Development, GoI for all activities and compliances. Further, Nodal Teacher is required take all conceivable efforts and makes herself abreast with all the notifications issued by the competent authority time to time and take requisite action; make report of the activities under this club and upload the Institute website for the advantage of all stakeholders. Further she is required to follow Guidelines for Gender Champion Clause: 8 Duties and Responsibilities of Nodal Teacher, Clause: 9 Annual Activity Calendar, Clause: 13 Monitoring & Reporting etc. assume the charge in its letter and spirit.

The aforesaid duty assigned as per UGC; Gazette Notification; Dt. 18.07.2018; UGC Regulations on minimum qualifications for appointment of teacher and other academic staff in universities and colleges and measures for the maintenance of standards in Higher Education, 2018; pg. no. 104; Appendix-II; Table-I; Assessment Criteria and methodology for university/college teachers; S. No. 2; Heading: Grading Criteria; "Involved in at least 3 activities"

DIRECTOR

Tecnica Institute of Advanced Studies

(Affiliated to GGS Indraprastha University, Delhi)

(Established in 1983)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

(Approved by UGC, New Delhi)

(Recognized by UGC, New Delhi)

*Noted and
received
Shraddha
24/08/23*

CLUB CORE COMMITTEE

S. No	Name	Designation	Mobile No	Email
1	Ms. Shradha Jain	Nodal Officer	7988736501	shradha.tecna@gmail.com
2	Dr. Rubeena Bano	Faculty, MBA	9911085093	drubeenabano2021@gmail.com
3	Dr. Shivendu Rai	HOD, BA(JMC)	8964028587	hodbajmc@tecna.in
4	Dr. Neeta	Faculty, BCA	9818983115	hodbca@tecna.in
5	Ms. Kanishka	Student, BBA, 1st year	7827615457	singhkanishka7827@gmail.com
6	Ms. Moksha Kalra	Student, BBA, 1st year	8287149871	moksha1302kalra@gmail.com
7	Mr. Divanshu Patel	Student, BBA, 2nd year	9289082528	divanshupatel2006@gmail.com
8	Mr. Mohak Seth	Student, BA(JMC), 2nd year	8287472900	dethmohak4@gmail.com
9	Mr. Krish Gupta	Student, BA(JMC), 3rd year	9667561889	kg396054@gmail.com
10	Mr. Harsh Negi	Student, BCA, 2nd year	8287220477	harshnegi2704@gmail.com
11	Mr. Rachit Gupta	Student, MBA, 1st year	8750498049	rachitg708@gmail.com



Living World of Diversity...

NODAL OFFICER/PROGRAMME OFFICER/INCHARGE

Ms. Shradha Jain

CLUB AMBASSADOR

Ms. Kavya Saroop

Mr. Parth Bhandari

For Details Visit :

☎ : 011-27555121-24 | 🌐 : www.tiaspg.tecnia.in | ✉ : director@tecnia.in

INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085

Rated as 'A' Category by JAC, Govt. of NCT of Delhi;

A++ Category - Best Business School by AIMA - Business Standard

ISO 9001:2015, ISO 14001:2015, ISO 21001:2018, ISO 51001: 2018 Certified Institute;