



**Department of Management Sciences**  
**(Session: 2024-25)**

Ref: TIAS/2024-25/BBA/ACAD/VAC/06

Dated: 28/12/2024

**NOTICE**

**Subject: Value Added Course: Certificate Course in Mediation and Mindfulness**

With reference to the approval of Departmental Academic Committee (Ref. No. TIAS/DMS/DAC/2024-25/52, Agenda No. 12 dated on 21/12/2024) Department of Management Sciences for all programs on the subject mentioned above, to enrich the curriculum of all programs it was recommended to commence Value Added Course titled Certificate Course in Mediation and Mindfulness scheduled to commence w.e.f 16/01/2025 for all students of TIAS.

The detail scheduled of the same is as under:

S.No.	Course offered	Name of the Resource Person	Beneficiary	Day & Time	Venue
1.	Mediation and Mindfulness	Dr. Archana Dixit	TIAS Students	Monday & Tuesday- 12.30pm-1.30pm	Room no.- 2204 (Batch 1)
		Dr. Pragati		Monday & Tuesday- 12.30pm-1.30pm	Room no.- 2207 (Batch 2)
		Ms. Shreya Chauhan		Friday & Saturday- 12.30pm-1.30pm	Room no.- 2204 (Batch 3)
		Dr. Archana Dixit		Monday & Tuesday- 1.30pm-1.30pm	Room no.- 2204 (Batch 4)
		Dr. Pragati		Monday & Tuesday- 12.30pm-1.30pm	Room no.-2207 (Batch 1)

**Note:**

1. Interested students can report in the office of HoD BBA till 13/01/2025, by 5:00 pm.
2. The course classes will be scheduled w.e.f 16/01/2025.
3. 75% attendance is mandatory.
4. Assessment will be held on the basis of viva voce and written/ practical examination.

Annexures -

- 1: Brochure
- 2: Course Contents

Dr. Pragati

VAC Coordinator

Dr. Monisha

HoD, Shift-1

Dr. Archana Dixit

HoD, Shift-2

CC to:

Dean Academics

IQAC

ITC Head for updation of the website

HoD  
BBA-TIAS

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