



TECNIA INSTITUTE OF ADVANCED STUDIES

GRADE "A" INSTITUTE

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Recognized Under Sec. 2(f) of UGC Act 1956.

INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085

Tel: 91-11-27555121-24, E-Mail : directortias@tecnia.in, Website: www.tiaspg.tecnia.in




CULTURAL CLUB



CULTURAL CLUB

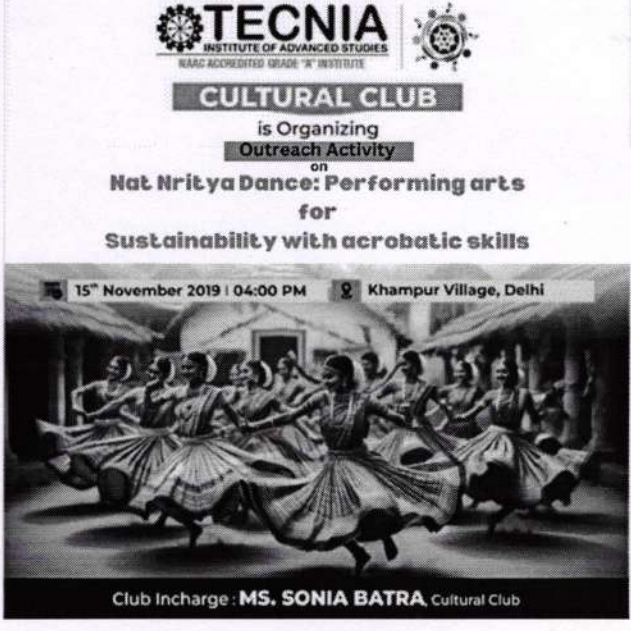




 <p>TECNIA INSTITUTE OF ADVANCED STUDIES GRADE "A" INSTITUTE DELHI INDIA</p>	
Report on Outreach Activity on Nat Nritya Dance: Performing arts for Sustainability with acrobatic skills	
Title of Activity*	Nat Nritya Dance: Performing arts for Sustainability with acrobatic skills
Values	Cultural preservation, community bonding
Learning Outcomes	<input type="checkbox"/> Understanding the fundamentals of acrobatic dance. <input type="checkbox"/> Developing coordination, flexibility, and strength through practice. <input type="checkbox"/> Gaining insight into the history and cultural significance of various dance forms. <input type="checkbox"/> Enhancing performance skills in a group setting.
Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)*	Cultural Club, Tecnia Institute of Advanced Studies
Program Theme*	Fusion of Acrobatic Skills and Traditional Dance Forms
External Expert / Internal Expert	-

Coordinator

Internal Quality Assessment Cell (IQAC)
Tecnia Institute of Advanced Studies
New Delhi-110085

Sonia
In-Charge Cultural Club
In-Charge Technical Club
Tecnia Institute of Advanced Studies
Madhuban Chowk, Rohini, Delhi

Date*	15th November 2019
Time*	4:00 PM - 6:00 PM
Venue	Khampur Village
Poster/Flyer/Notice*	 <p> TECNIA <small>INSTITUTE OF ADVANCED STUDIES</small> <small>NAAC ACCREDITED GRADE "A" INSTITUTE</small> </p> <p> CULTURAL CLUB is Organizing Outreach Activity on Nat Nritya Dance: Performing arts for Sustainability with acrobatic skills </p> <p> <small>15th November 2019 04:00 PM</small> <small>Khampur Village, Delhi</small> </p> <p> <small>Club Incharge - MS. SONIA BATRA, Cultural Club</small> </p>
Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	www.tiaspg.tecnia.in
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	20
No. of Faculty* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	1
No. of External Participants (students + faculty) [write NA if not applicable]	NA
Photograph*	
 <p>Villagers representing their culture through their performance</p>	 <p>Students showing their local talent</p>

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 New Delhi-110085

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 In-Charge Technical Club
 Tecnia Institute of Advanced Studies
 Madhban Chowk, Rohini, Delhi

Report: Description in (min 250 to max 800 words)*

On 15th November 2019, the Cultural Club of Tecnia Institute of Advanced Studies organized an outreach activity on Nat Nritya Dance: Performing arts for Sustainability with acrobatic skills.

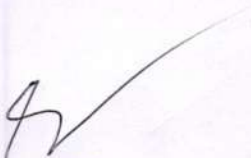
The event began with an introduction to Nat Nritya, highlighting its historical significance and cultural roots. Participants were welcomed by professional dancers who showcased the intricate movements and acrobatic elements that characterize this dynamic dance form. The opening performance captivated the audience, illustrating the connection between dance and storytelling.

Following the performances, interactive learning sessions were conducted, where attendees learned the fundamental steps and acrobatic techniques of Nat Nritya. Experienced instructors guided participants through various poses and movements, emphasizing the importance of physical fitness and body awareness. The workshops catered to participants of all ages, fostering an inclusive environment that encouraged everyone to explore their creative potential.

A discussion was held to explore the themes of sustainability reflected in Nat Nritya. Experts in environmental conservation joined local artists to discuss the ecological messages conveyed through the dance, including the importance of preserving nature and cultural heritage. Participants engaged in meaningful dialogue, sharing their thoughts on how performing arts can be a catalyst for environmental awareness.

The event concluded with a collaborative dance, where both students and villagers danced together, showcasing the unifying power of art and culture. The elders expressed their appreciation for the efforts of the students in bringing traditional folk dances to life and involving the community in such an interactive manner.

Through this event, the Cultural Club was able to create an atmosphere of joy, cultural exchange, and learning. The activity also strengthened the bond between the students of Tecnia Institute and the local community. The outreach activity was a resounding success, leaving a lasting impression on both the performers and the villagers.


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New Delhi-110085

Stamp:
Cultural Club
In-Charge of Advanced Studies
Rohini, Delhi

Resource Person Profile	NA
Attendance Sheet*	<i>Attached at the end of Report</i>
Feedback	<i>Sample feedback Attached at the end of Report</i>
Report Submitted by Convener (write faculty coordinator name)	Ms. Sonia Batra
For Office Use	
Signature of Event Coordinator	Signature of School/Department Head In-Charge Cultural Club In-Charge Technical Club (With Seal) Tecnia Institute of Advanced Studies Madhban Chowk, Rohini, Delhi
<u>List of Beneficiary</u>	Attached

S. No.	Enrolment No.	Name
1	06117002419	Abhishek Kumar
2	06117001719	Hardik Sharma
3	06217002419	Sagar Jethani
4	06217001719	Sanyam Ahuja
5	06317002419	Jigyasa Sharma
6	06317001719	Sakshi Sharma
7	06417002419	Medha Joshi
8	06517002419	Sanskriti Arora
9	06617002419	Muskan Kumar
10	06417001719	Saksham Khanna
11	06817002419	Bhavay
12	06517001719	Nityam Talwar
13	06917002419	Manvi Upadhyaya
14	06717001719	Vanshika Tandon
15	07017002419	Akanksha
16	09517002419	Khushi Aggarwal
17	09617002419	Kartik Sharma
18	08717001719	Ayush Goel
19	09517002419	Khushi Aggarwal
20	09717002419	Rishabh Munjal


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