

TECNIA INSTITUTE OF ADVANCED STUDIES
GRADE 'A' INSTITUTE

Ref No.: TIAS/Dean Academic/2023/24/017

Date: 20/06/2024

Notice

Subject: Arrangements for Yoga (Y-Break) Activity on International Yoga Day 21 June 2024.

In order to comply the Notice bearing No. P-29/NSS/RDD/2024-25/30 dated 13/06/2024 regarding conducting activities on International Yoga Day, following steps are required to be taken-

1. Admin is required to arrange preparedness of MPH Hall PG Building for Yoga from 9:15 Am to 10:15 Am.
2. Ms. Isha Sharma is to book MPH for above purpose.
3. Dr Gopal Thakur, Faculty BA (JMC) to take up as resource person for Yoga activities during Y-Break.

Note: All faculties/staff members are hereby advised to bring loose and comfortable attire with them for a comfortable experience during Yoga Activity.


(Dr. M. N. Jha)
Dean Academics 20/06/24

Director/TIAS: This has reference to your approval please.

HoDs: MBA/BBA/BA (JMC)/BCA/MCA

Event In-Charge
PRO
HR TIAS
Admin