



TECNIA INSTITUTE OF ADVANCED STUDIES
GRADE "A" INSTITUTE

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 Recognized Under Sec. 2(f) of UGC Act 1956

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OUTREACH ACTIVITY--"Healing Hands: First Aid for Children's Safety "

Title of Activity	Healing Hands: First Aid for Children's Safety
Values	Fostering a sense of community responsibility for child safety, compassion, empathy
Learning Outcomes	<p>Students have learnt about</p> <ul style="list-style-type: none"> • Improved First Aid Confidence: Participants reported feeling more confident in their ability to handle minor cuts and injuries. They were able to demonstrate proper wound cleaning, dressing, and bandaging techniques by the end of the session. • Increased Knowledge of Infection Prevention: Participants were able to identify the signs of infection and understood the importance of cleanliness in preventing complications. This increased awareness led to better hygiene practices while treating wounds. • Creation of First Aid Kits: Many participants built their own basic first aid kits after the session, including necessary items such as antiseptic wipes, bandages, gauze, and adhesive strips. This ensured that they were prepared to handle minor injuries at home or in school. • Reduction in Accident-Related Anxiety: The activity reduced anxiety among parents and caregivers, particularly when dealing with small but scary injuries. Participants felt better equipped to respond to minor accidents calmly and effectively. • Formation of Peer Support Networks: Participants, especially those in schools and daycare centers, formed informal support networks to share knowledge and resources. This created a culture of safety and preparedness within the community. • Improved Child Safety Awareness: Participants reported taking steps to childproof their homes and educational

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Happiness Projects Happiness Club
 Tecnia Institute of Advanced Studies
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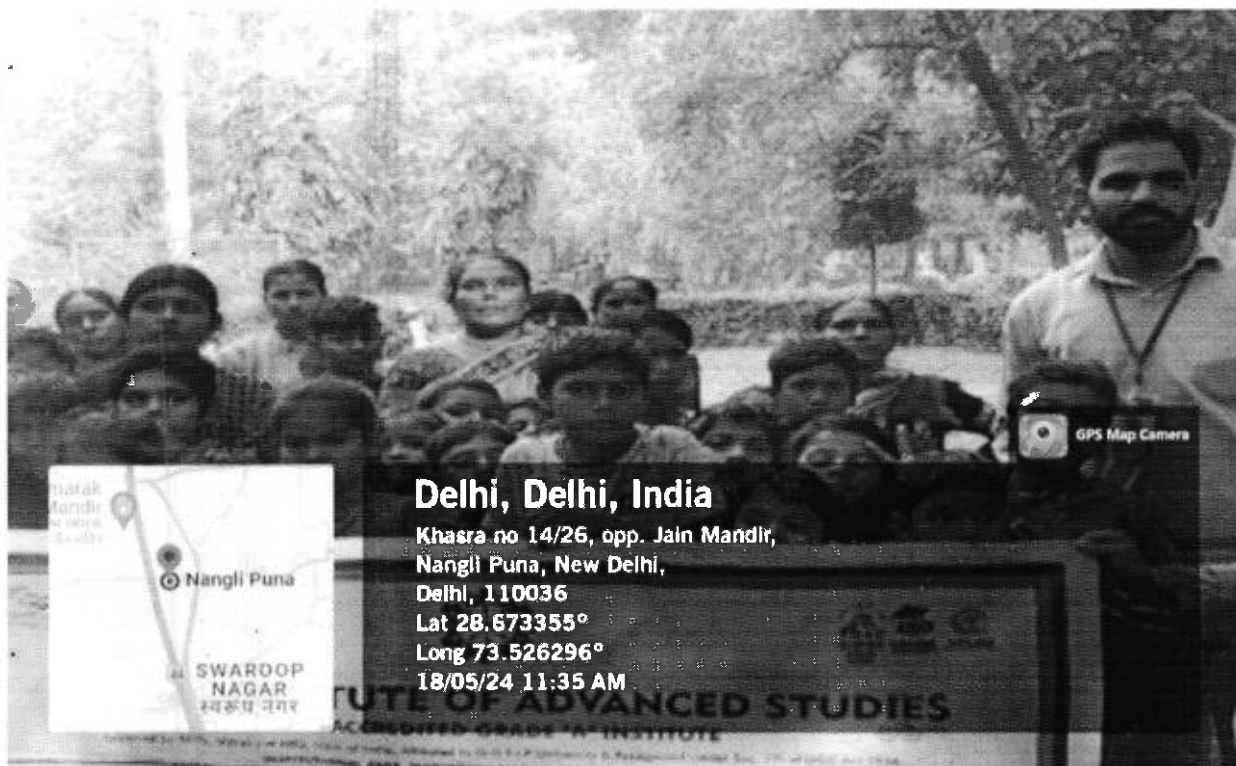
	environments, reducing the risk of future accidents. Additionally, children were more aware of basic safety rules, such as avoiding sharp objects and running in unsafe areas.
Objectives	<ul style="list-style-type: none"> ➤ To provide knowledge on how to treat minor cuts, scrapes, and wounds in children. ➤ To train participants in basic first aid skills, including wound cleaning, bandaging, and infection prevention. ➤ To teach parents, caregivers, and educators the importance of first aid in minimizing complications from minor injuries. ➤ To empower participants to remain calm and act swiftly when handling minor injuries. ➤ To create awareness about when to seek professional medical attention for children's injuries.
Organized by	Happiness Club
Program Theme	Promoting first aid awareness and skills for children and adult
External Expert / Internal Expert	Internal Expert
Date	18 th May 2024
Time	11:00 AM Onwards
Venue	Adopted Village-Nangli Puna, Delhi
Poster/Flyer/Notice*	 <p style="text-align: center;">   TECNIA <small>INSTITUTE OF ADVANCED STUDIES</small> <small>GRABE '27' INSTITUTION</small> </p> <p style="text-align: center;"> HAPPINESS CLUB <i>Organizing</i> OUTREACH ACTIVITY HEALING HANDS: FIRST AID FOR CHILDREN'S SAFETY </p> <p style="text-align: center;">  18 May, 2024  11:00 AM <small>Onwards</small> </p> <p style="text-align: center;">Venue: Nangli Puna, Delhi</p> <p style="text-align: center;"> <small>Nodal Officer</small> Dr. Rubeena Bano <small>Happiness Club</small> </p> <p style="text-align: center;"> <small>Student Coordinators:</small> Varun : 7042727250 Gurpreet : 7056052176 </p>

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Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	https://www.instagram.com/p/C6DUVBgSfpd/?igsh=c2ZhNm16cjQ3amRr
No. of Students* (only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)	10
No. of Faculty* (only no. to be written , list in excel or word should be maintain at department level as proof for any further requirement)	01
No. of External Participants (students + faculty) [write NA if not applicable]	NA

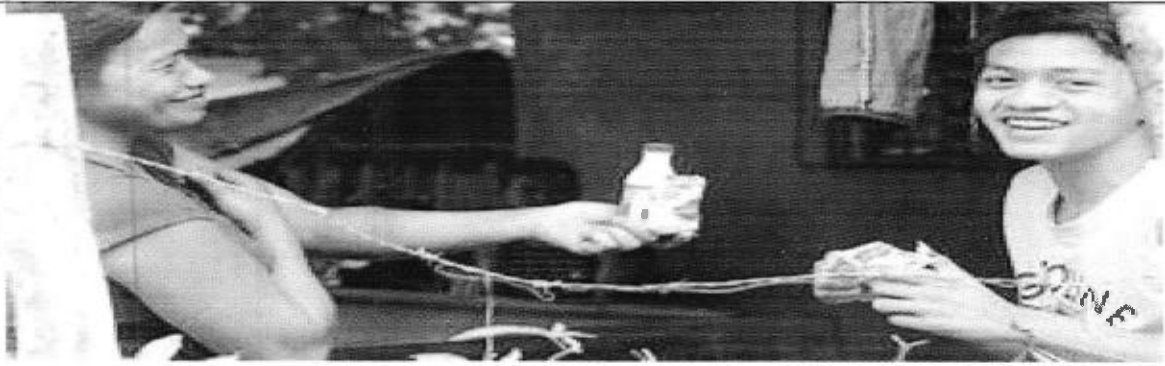
Photograph*



Healing Hands, Caring Hearts: Safeguarding Children's Safety with First Aid

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Empowering Little Lives: First Aid Skills for a Safer Tomorrow

Report: Description in (min 250 to max 800 words)*

On May 18, 2024, the Happiness Club of Tecnia Institute of Advanced Studies organized a compassionate event in Nangli Puna Village. The outreach activity titled "Healing Hands: First Aid for Children's Safety" aimed to educate parents, caregivers, teachers, and community volunteers on basic first aid techniques for children. The program emphasized the importance of prompt action, cleanliness, and effective wound care.

The outreach activity, "**Healing Hands: First Aid for Children's Safety**," was conducted by the Happiness Club to raise awareness and provide hands-on training in first aid for children's safety. The event aimed to equip children, parents, teachers, and community members with the knowledge and skills needed to effectively respond to emergencies and prevent injuries, creating a safer environment for children.

Basic First Aid Training for Children:

- **Bandaging and Wound Care:** Children were taught how to clean minor cuts and scrapes, apply a bandage, and seek adult help when needed.
- **Handling Nosebleeds:** A demonstration on how to stop a nosebleed was conducted, teaching children to tilt their heads slightly forward and apply pressure to their nostrils.
- **Choking Relief:** The Heimlich maneuver was explained to children in simple terms, showing them how to recognize signs of choking and call for help.
- **Burn Treatment Basics:** Children learned how to treat minor burns by cooling the

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	<p>area under running water and avoiding the use of ice or ointments.</p> <p>The goal was to ensure that participants could confidently administer basic first aid to children, handle minor injuries safely, and seek medical help when necessary. This report outlines the key components, learning objectives, and outcomes of the outreach activity.</p> <p>Aligned with the theme "An Opportunity to Give Back to the Community and Bring Smiles to Others," the initiative received generous contributions from the TIAS community. Volunteers diligently sorted the fruits by type to ensure efficient distribution.</p> <p>On the same day, these fruits were distributed to those in need in Nangli Puna. This initiative not only addressed immediate nutritional needs but also reinforced TIAS's commitment to nurturing compassionate leaders and making a positive impact on society. The "Providing First Aid to Children for Cuts and Minor Injuries" outreach activity successfully empowered parents, caregivers, and educators to administer basic first aid to children. By teaching essential skills such as wound cleaning, bandaging, and infection prevention, the program not only increased participants' confidence in handling minor injuries but also emphasized the importance of safety and accident prevention.</p> <p>This initiative contributed to the overall safety and well-being of children within the community, creating a more prepared and informed network of caregivers who can respond swiftly to injuries.</p>
Resource Person	Dr. Rubeena Bano – Club In-charge
Attendance Sheet*	<i>Attached at the end of Report</i>
Feedback	This event was well received by society.
Report Submitted by Convener	Dr. Rubeena Bano
For Office Use	


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Signature of Event Coordinator

List of Participants

S. No.	Enrolment No	Name
1	36017001722	Anandita Sharma
2	12317001722	Mehak Malhotra
3	36121301722	Vishakha Vaswani
4	06917001722	Ayushi tyagi
5	70421301722	Rubal Narang
6	09821301722	Dhruv Khandelwal
7	00721301722	Bhoomika Jain
8	10521301722	Nancy Garg
9	80117001722	Bharat Gupta
10	70121301722	Geetanshu Gupta


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