




Report on Personality Development (BAJMC 2nd Year)

Title of Activity*	Personality Development
Values	Personality Development
Learning Outcomes	<ul style="list-style-type: none">• Students understood that Strengths and Weaknesses play an important role in personality development and how one can work on developing weaker areas.• Students understood the ability to understand and manage your own emotions, as well as recognize and respond effectively to the emotions of others.• Students understood that effective communication such as verbal and non-verbal communication skills, including active listening, clear and concise expression, and confident body language plays an important role.
Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)*	Training & Placement Cell
Program Theme*	Personality Development
External Expert / Internal Expert	Internal Expert

Date*	14-Mar-24
Time*	9:00-10:00AM
Venue	Room No. 2403, UG Building , TIAS
Poster/Flyer/Notice*	
Social media link <i>(promoting in any one Facebook/Instagram/Twitter is mandatory)</i>	NA
No. of Students* <i>(only no. to be written, list in excel or word should be maintain at department level as proof for any further requirement)</i>	07
No. of Faculty* <i>(only no. to be written , list in excel or word should be maintain at department level as proof for any further requirement)</i>	01
No. of External Participants (students + faculty) <i>[write NA if not applicable]</i>	NA
(Geotag) Photograph*	

Photograph of the Event with the Caption




Report: Description in (min 250 to max 800 words)*

A session on Personality Development was organized by Training and Placement Cell, TIAS on 14.03.2024 for the students of BAJMC 2nd Floor program under the ambit of Capability Enhanced Program. The speaker was Mr Karan Babbar, Assistant TPO, TIAS, as Resource Person and Dr. Nivedita, Head Training and Placement Cell, TIAS

The resource person stated that personality development is a continuous process of self-discovery and growth aimed at refining your habits, behaviors, and overall approach to life. It's about understanding who you are, what your values are, and developing the skills and confidence to become the best version of yourself.

So the students should be self-aware on the foundation of personality development. It involves understanding your strengths, weaknesses, motivations, values, and emotions. This awareness allows you to make conscious choices and

	<p>navigate life with intention.</p> <p>At last resource person stated that personality development is an ongoing journey, not a destination. By actively working on yourself, you can unlock your potential, build fulfilling relationships, and achieve greater happiness and success in all aspects of your life.</p>
Recourse Person Profile	Mr Karan Babbar, Assistant TPO, TIAS
Attendance Sheet*	<i>Attached at the end of Report</i>
Feedback	<i>Feedback Attached at the end of Report</i>
Report Submitted by Convener (<i>write faculty coordinator name</i>)	
<i>For Office Use</i>	
Signature of Event Coordinator	 <p>Karan Babbar Assistant TPO TIAS</p>
<u>List of Beneficiary</u>	Attached Below

Fields marked with '' are mandatory*

14/03/24

Mornings

BAJMC

4th semester

NOTES

Name	Enrollment No.	Sign	feedback
Amanpreet Kaur	04217002422	<u>Amanpreet</u>	V. Good.
Jaya Jain	03217002422	<u>Jaya</u>	V. Good.
Ansa Patel	04617002422	<u>Ansa Patel</u>	V. Good.
Anjali	05017002422	<u>Anjan</u>	V. Good
Chandrika	36117002422	<u>Chandrika</u>	V. Good
Muskan	65517002422	<u>Muskan</u>	V. Good
Meghna Thakur	02217002422	<u>Meghna Thakur</u>	V. Good*

