

Happiness Club <happinessclub@tecnia.in>

## Seek-Self Directed Emotional Learning for Empathy and Kindness for developing social emotional learning skills

1 message

Happiness Club <happinessclub@tecnia.in> To: "admin@aicte-india.org" <admin@aicte-india.org> Sat, Mar 2, 2024 at 10:25 AM

Dear Sir or Madam,

Thank you for your email regarding the Social and Emotional Learning (SEL) Course offered by the Mahatma Gandhi Institute of Education for Peace and Sustainable Development (MGIEP), a UNESCO research institute.

I appreciate you bringing this course to my attention and I will be happy to share this information with the faculty and students at our institution.

The course sounds valuable and I believe it would be beneficial for our community to learn more about SEL skills, which are important for personal and professional success.

I have reviewed the course description and I am particularly impressed by the following aspects:

- The course is designed to teach students 10 essential SEL skills, including self-regulation, self-compassion, compassion for others, and critical thinking.
- The course is learner-centered and provides support through an online learner's community and monthly masterclasses.
- Upon completion, learners receive a globally recognized certificate from UNESCO MGIEP.

I will share this information with the relevant departments at our institution and encourage them to consider incorporating the course into their programs or recommending it to students.

Thank you again for bringing this valuable opportunity to our attention.

Sincerely,

Ms. Himani Chaudhary

Nodal Officer-Happiness Club

Tecnia Institute of Advanced Studies

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