



12.10.2023

Department of Journalism and Mass Communication

Report

Group Discussion on Effective Time Management

Academic Session: 2023-24

Activity: Group discussion on Effective Time Management

Subject: Personality Development (107)

Faculty in Charge: Ms Navya Singh, Assistant Professor BA (J&MC), TIAS

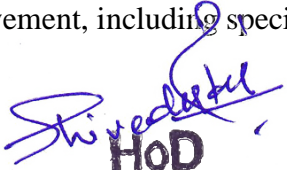
Participants: Students of 1st Semester Evening A (1st Year)

Objectives:

- To understand one's own strengths, weaknesses, values, beliefs, and emotions.
- To build confidence in one's abilities and talents, leading to assertiveness and positive self-esteem.
- To develop skills to express one's self clearly and confidently, while also being able to listen actively and empathetically.
- To develop the ability to recognize, understand, and manage one's own emotions as well as those of others.

Execution of the activity:

This framework provides a foundation for a thought-provoking discussion on personality development specifically tailored for journalism students. By exploring the interplay between personality, communication, and storytelling, this session can empower future journalists to become even more effective and impactful in their chosen career path. First year BA (JMC) students participated in this group discussion session. In this segment students created a Journalistic Profile highlighting their strengths and areas for improvement, including specific


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actions they will take to develop their desired personality traits. Also, a mock interview or news presentation exercise was conducted, focusing on how students would utilize their personality to communicate effectively and engage the audience. This was successfully finished by the BA (JMC) First-year students.

Learning Outcomes:

Personality development is a First-year BA(JMC) course to empower journalism students to identify and nurture key personality traits that will contribute to their success in storytelling, communication, and professional development.

- Students defined personality development and its relevance to a journalism career.
- Students articulated their individual strengths and areas for improvement related to journalism.
- Students practiced active listening and engage in respectful dialogue with diverse perspectives.
- Students critically analyzed the role of personality in communication and storytelling.

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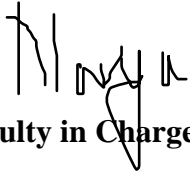
Students practicing & discussing the personality traits in the classroom session

List of Participants:

| Sr. No. | Enrolment no. | Name |
|---------|---------------|------------------|
| 1 | 00121302423 | Daksh Bajaj |
| 2 | 00221302423 | Bhumika Sharma |
| 3 | 00321302423 | Anshika |
| 4 | 00421302423 | Ujjwal Gupta |
| 5 | 00521302423 | Heenakshi Wadhwa |
| 6 | 00621302423 | Digonto Banerjee |
| 7 | 00721302423 | Anjali |
| 8 | 00821302423 | Manvi Sharma |
| 9 | 00921302423 | Rumesa Khan |
| 10 | 01021302423 | Kripa Grover |
| 11 | 01121302423 | Rachit Dhimri |
| 12 | 35221302423 | Abhishek Mishra |
| 13 | 35321302423 | Suhani Narain |

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| | | |
|----|-------------|-----------------|
| 14 | 35421302423 | Sanjana Singh |
| 15 | 35521302423 | Vidhi Sikka |
| 16 | 35621302423 | Diva Chawla |
| 17 | 35721302423 | Piyush Kathuria |
| 18 | 35821302423 | Krishnandu Das |
| 19 | 35921302423 | Tushar Verma |
| 20 | 36021302423 | Krish Khatri |
| 21 | 36121302423 | Dev Gupta |
| 22 | 36221302423 | Dhruv Yadav |

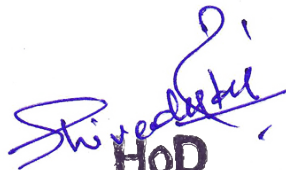


Faculty in Charge

Ms Navya Singh,

Assistant Professor

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