



TECNIA INSTITUTE OF ADVANCED STUDIES

GRADE "A" INSTITUTE

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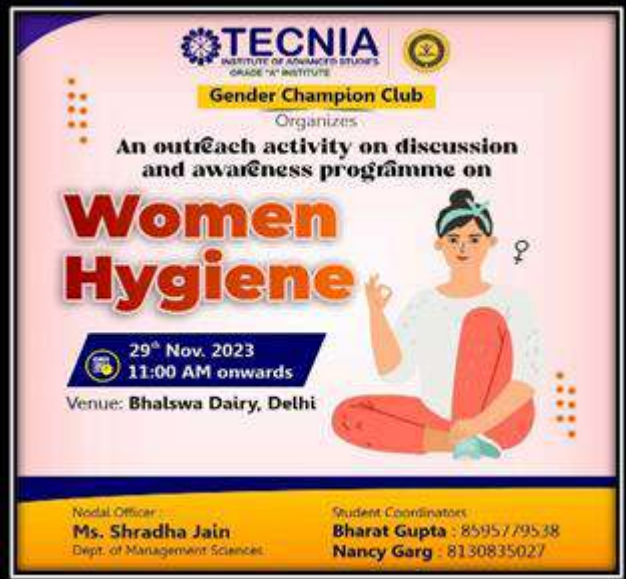
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Gender Champion Club

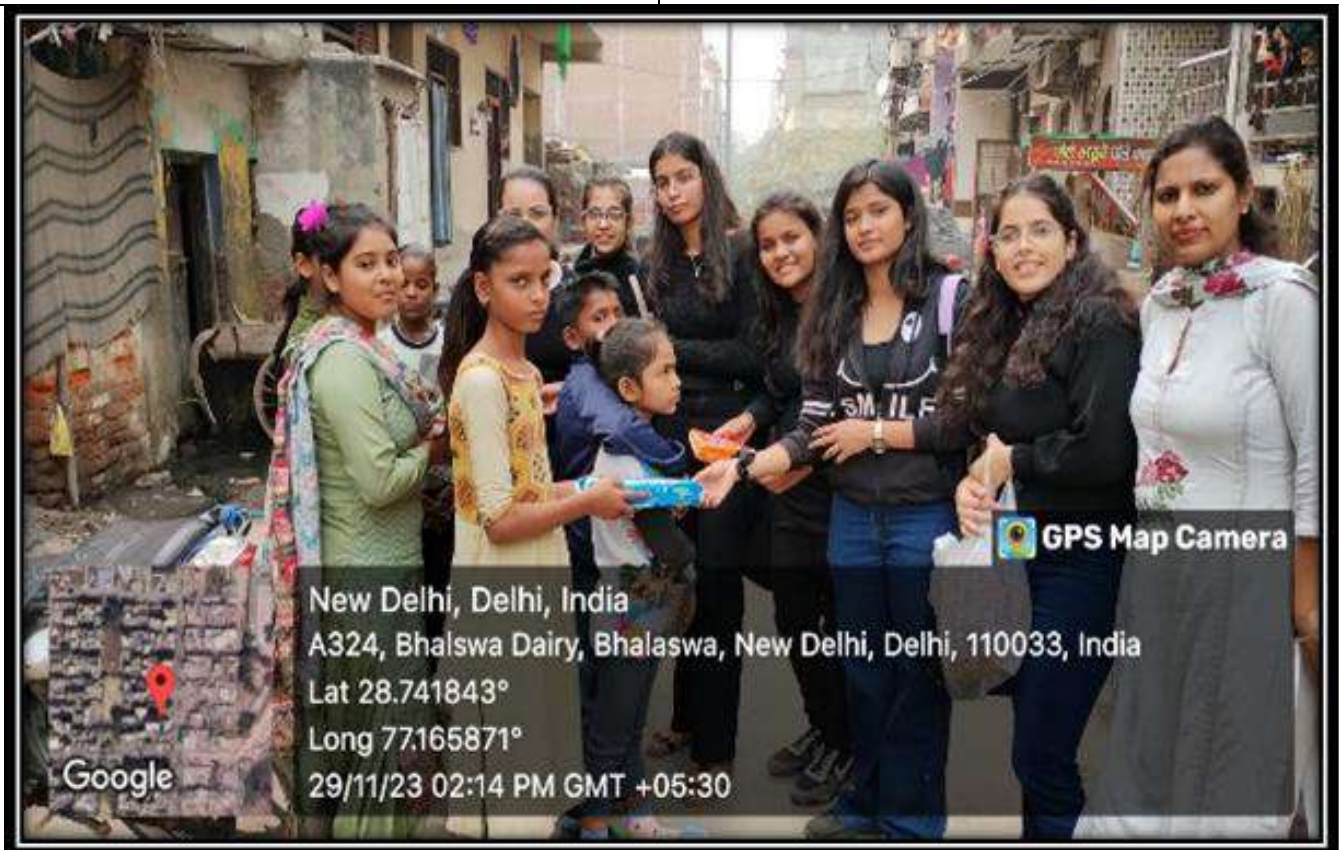


Report on an outreach activity on Discussion and Awareness Program on Women Hygiene

Title of Activity*	Discussion and Awareness Program on Women Hygiene
Values	Hygiene enables people to have a healthy interaction with their surroundings.
Learning Outcomes	Participants have learned about: <ol style="list-style-type: none"> 1. To expand consciousness amongst young girls on Hygiene 2. To ensure utmost care while using public washrooms 3. To improve hygiene behavior
Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name) *	Gender Champion Club
Program Theme*	Girls' Hygiene
External Expert / Internal Expert	Ms. Shradha Jain
Date*	29 th , November, 2023
Time*	11:00 AM Onwards
Venue	Bhalswa Dairy
Poster/Flyer/Notice	 <p>The poster features the TECNIA logo at the top left. Below it, the text reads 'Gender Champion Club Organizes'. The main title is 'An outreach activity on discussion and awareness programme on Women Hygiene'. The date and time are '29th Nov. 2023 11:00 AM onwards' and the venue is 'Bhalswa Dairy, Delhi'. At the bottom, the Nodal Officer is 'Ms. Shradha Jain, Dept. of Management Sciences' and the Student Coordinators are 'Bharat Gupta : 8595779538' and 'Nancy Garg : 8130835027'. An illustration of a woman in a red and white outfit is on the right side of the poster.</p>

Shradha Jain
Nodal Teacher, Gender Champion Club
Tecnia Institute of Advanced Studies
Madhuban Chowk, Rohini, Delhi-85

Social media link (promoting in any one Facebook/Instagram/Twitter is mandatory)	NA
No. of Students* (only no. to be written, list in excel or word should be maintained at department level as proof for any further requirement)	08
No. of Faculty* (only no. to be written, list in excel or word should be maintained at department level as proof for any further requirement)	01
No. of External Participants (students + faculty) [write NA if not applicable]	NA
(Geotag) Photograph*	



Distribution of Menstrual Necessaries


Aradhya
 Nodal Teacher Gender Champion Club
 Technia Institute of Advanced Studies
 Madhuban Chowk, Rohini, Delhi-85



TIAS students interact with community girls for a hygiene initiative

On November 29th, an awareness program on women's hygiene was held at Bhalswa Dairy. It was an initiative by TIAS students to combat social stigma. The project successfully raised awareness about the significance of proper hygiene practices in preventing infections, particularly during menstruation. Students interacted and encouraged the use of sanitary napkins rather than cloth, which is a positive step because it can help minimize bacterial infections and improve overall comfort and hygiene during menstruation. While promoting sanitary napkins is important, participants were also given practical tips on how to use and dispose these items. They also informed them that sanitary napkins could be obtained at a reduced cost at the government-owned Jan Aushadhi Kendra.

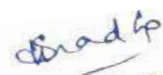
Overall, the women's hygiene awareness program at Bhalswa Dairy appears to be a worthwhile initiative with the potential to improve the health and well-being of women in the community. Building on existing efforts and identifying possible areas for improvement, such programs can make a substantial contribution to breaking down taboos and ensuring everyone has access to safe and dignified menstruation hygiene.

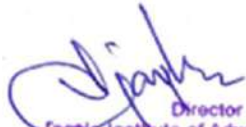
Resource Person Profile	NA
Attendance Sheet*	<i>Attached at the end of Report</i>
Feedback	NA
Report Submitted by Convener <i>(write faculty coordinator name)</i>	Ms. Shradha Jain
For Office Use	
Signature of Event Coordinator	 Nodal Teacher Gender Champion Club Tecnia Institute of Advanced Studies Madhuban Chowk, Rohini, Delhi-85

List of beneficiaries

Activity on Discussion and Awareness Program on Women Hygiene

S.No.	Enrollment Number	Name
1	921301722	SNEHA GUPTA
2	1721301722	AASTHA RASTOGI
3	0221301722	ANAMIKA
4	5521301722	TIYA
5	6421301722	PRERNA
6	5421301722	BHUMIKA
7	80117001722	BHARAT GUPTA
8	10521301722	NANCY GARG


Nodal Teacher Gender Champion Club
Tecnia Institute of Advanced Studies
Madhuban Chowk, Rohini, Delhi-85


Director
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(Affiliated to GGSIP University Delhi)
Madhuban Chowk, Rohini, Delhi-85