



**TECNIA INSTITUTE OF ADVANCED STUDIES**  
**GRADE "A" INSTITUTE**

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**INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085**

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**TECNIA**

**INSTITUTE OF ADVANCED STUDIES**

GRADE "A" INSTITUTE

DELHI INDIA



**UNIVERSAL HUMAN VALUE CELL**

**REPORT**

<b>Title of Activity*</b>	"Understanding Harmony & Ethical Human Conduct"
<b>Activity Type</b>	Workshop
<b>Values</b>	Moral and human values
<b>Learning Outcomes</b>	<p><b>Understanding harmony:</b> Participants got a deep understanding of the concept of happiness in self, family and society.</p> <p><b>Positive thinking:</b> Participants learnt that positive thinking plays a very important role in success.</p> <p><b>Ethical values:</b> Participants learnt that one should never adopt unethical practices in life.</p> <p><b>Meditation:</b> Participants acquired practical knowledge of how to do meditation. They were also made aware about the benefits of doing meditation on daily basis. It is very important for mental health.</p>
<b>Organized by (Dept./ Centre/ Cells/Clubs/ Committees Name)*</b>	UHV CELL
<b>Program Theme*</b>	Human values and Ethics
<b>Resource Person</b>	Dr. Preeti Jindal, Associate Professor, Dept. of Management Science, TIAS

*Preeti Jindal*  
 Associate Professor, UHV Cell

<b>Date*</b>	20 <sup>th</sup> November 2023
<b>Time*</b>	11:00 AM-12.00 PM
<b>Venue</b>	TIAS PG Building, 4 <sup>th</sup> Floor, Room No. 1408

Poster/Flyer/Notice\*

**TECNIA**  
INSTITUTE OF ADVANCED STUDIES  
GRADE "A" INSTITUTE

Universal  
Human Value Cell

Organizes a  
**Workshop on**  
**Understanding  
Harmony & Ethical  
Human Conduct**

20<sup>th</sup> November 2023  
11:00 - 12:00 PM

Venue: Room No-1109,  
PG Building, First Floor, TIAS

Resource Person  
**Dr. Preeti Jindal**  
Associate Professor, TIAS

• E certificates will be given to the All Participants  
• for Students BBA, BCA, BA(U&MC), MCA & MBA

Student Coordinator | **Archit Luthra : 9871017554**  
**Ayush Aggarwal : 9971365495**

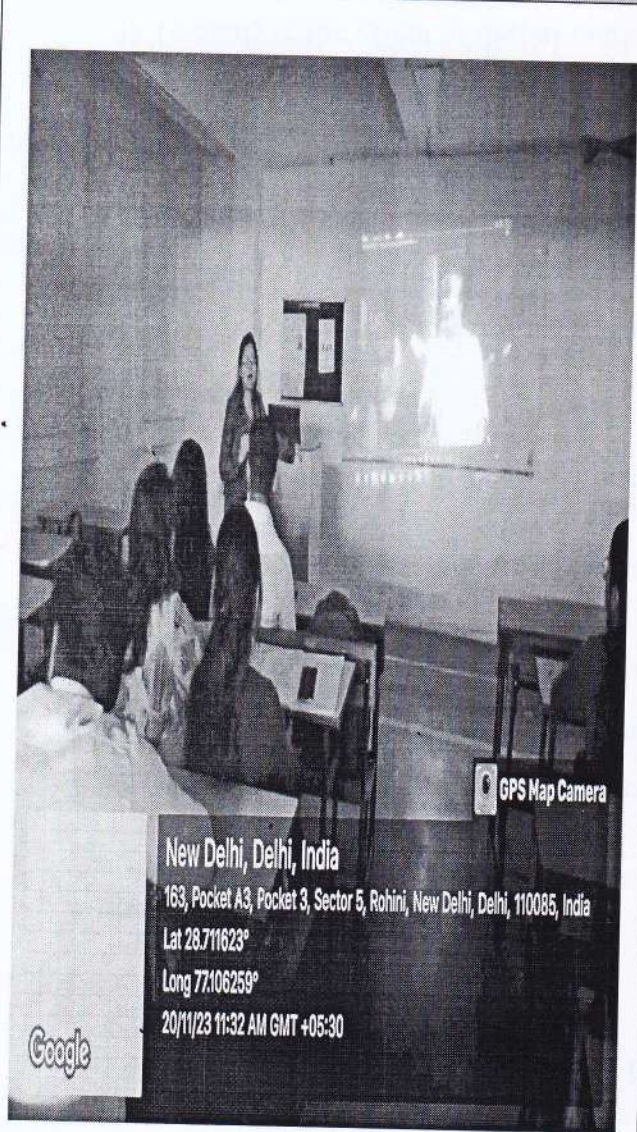
<b>Social media link</b> (promoting in any one Facebook/Instagram/Twitter is mandatory)	<a href="http://www.tiaspg.tecnia.in">www.tiaspg.tecnia.in</a>
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<b>No. of Students*</b> (only no. to be written, list in excel or word should be maintain at department)	19
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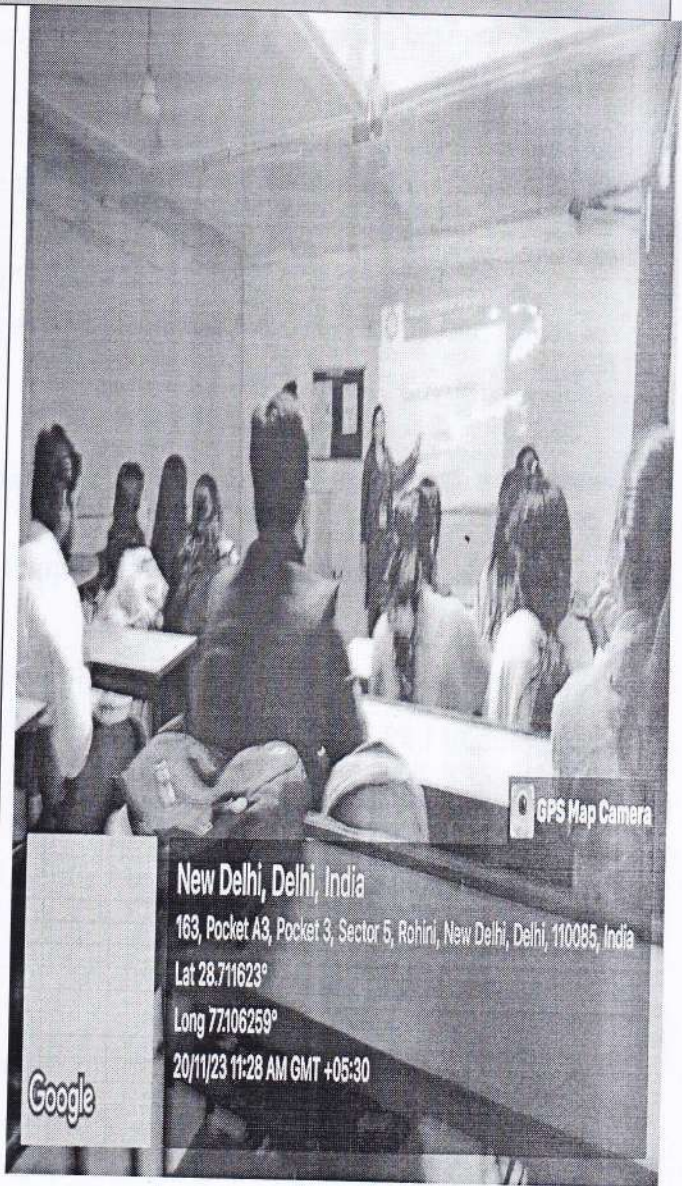


<i>level as proof for any further requirement)</i>	
<b>No. of Faculty*</b> <i>(only no. to be written , list in excel or word should be maintain at department level as proof for any further requirement)</i>	01
<b>No. of External Participants (students + faculty)</b> <i>[write NA if not applicable]</i>	Students from different colleges from Rukmini Devi Institute, DSPSR, GIBS also participated in the workshop

**(Geotag) Photograph\***

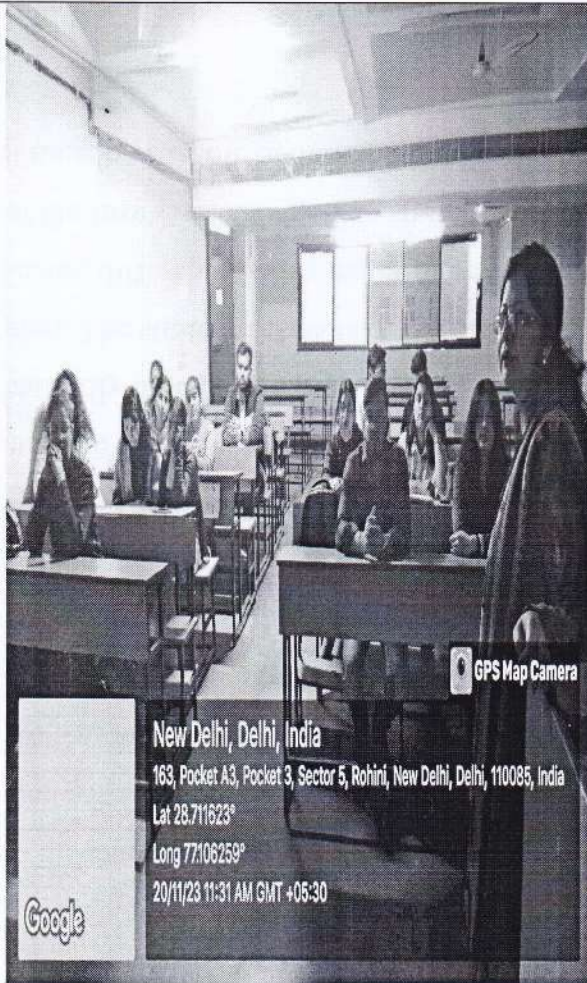


Students attending “Workshop on harmony and Ethics”

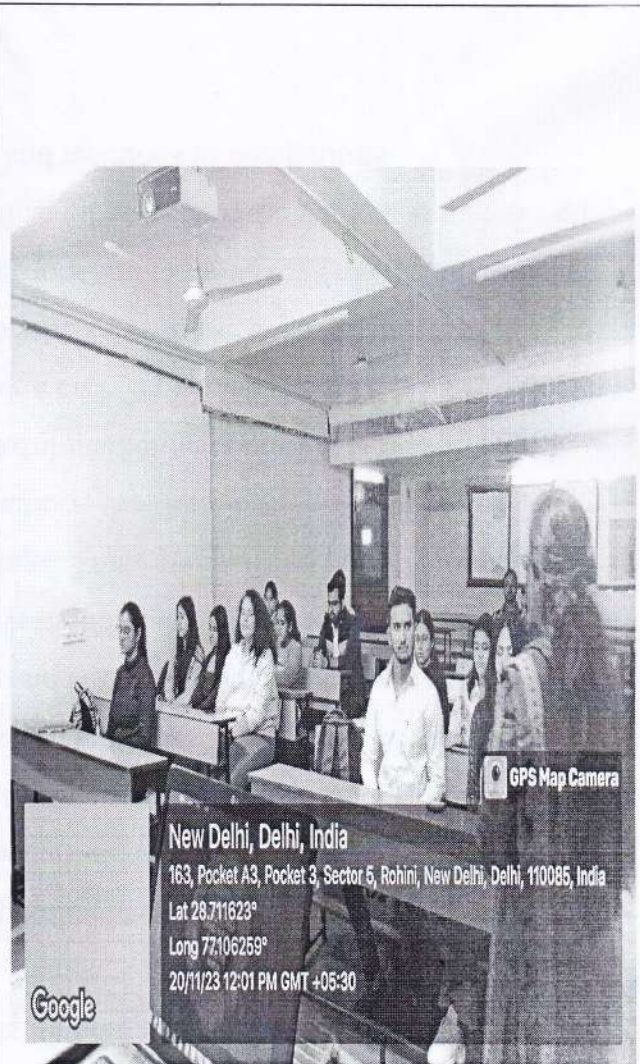


Students attending “Workshop on harmony and Ethics”





Students attending “Workshop on harmony and Ethics”



Students attending “Workshop on harmony and Ethics”

**Report: Description in (min 250 to max 800 words)\***

The UHV cell of Tecnia Institute of Advanced Studies, New Delhi has organized a workshop on 20<sup>th</sup> November 2023 at 4<sup>th</sup> floor of TIAS PG building. Twenty students from MBA and BBA program participated actively in this workshop.

In this workshop four activities were undertaken. Firstly, they were given clarity about the harmony in self, harmony and society. They were also told one should live in human consciousness. Everyone should concentrate on right understanding, feelings of relationship and effective utilization of natural resources. Mutual happiness and mutual prosperity are essential for holistic development.

Secondly, they were motivated for positive




	<p>thinking. Everyone should grab opportunities. Positive thinking is the key to success.</p> <p>Thirdly, the students learnt that one should never be unethical in life. They were learnt various ethical values like honesty, integrity, transparency, accountability, confidentiality, objectivity, respectfulness.</p> <p>Fourthly, a live session on meditation was taken. They were also told about the benefits of meditation. Meditation gives relief from stress and it provides you energy and freshness to work.</p> <p>PPTs and multimedia tools were used for presentation in the workshop</p>
Attendance Sheet*	Attached at the end of Report
Feedback	Sample feedback Attached at the end of Report
Report Submitted by Convener (write faculty coordinator name)	Dr. Preeti Jindal, UHV Coordinator
<i>For Office Use</i>	
Signature of Event Coordinator	Signature of School/Department Head (With Seal)
<u>List of Beneficiary</u>	19

*Nodal Officer, UHV Cell*  
*Tecnia Institute of Advanced Studies*  
*Madhuban Chowk, Rohini, Delhi - 03*


### Attendance List of Student (Present in the workshop)

S.No	Name	Class
1	Archit Luthra	MBA
2	Ayush Aggarwal	MBA
3	Aparna Mishra	MBA
4	Aashish Chaudhary	MBA
5	Jayant Chauhan	MBA
6	Aditi Kukreja	MBA
7	Manan Arora	MBA
8	Muskan	MBA
9	Khyati Rajput	MBA
10	Shristhi Lakra	MBA
11	Tripti Khandelwal	BBA
12	Riya Jain	BBA
13	Mehak Parnami	BBA
14	Megha	BBA
15	Sneha Srivastava	BBA
16	Ojas Chawla	BBA
17	Natasha Gupta	BBA
18	Vishesh	BBA
19	Harshit Garg	BBA


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 INSTITUTIONAL AREA MADHURAN CHOWK, ROBINI, DELHI 110085

**Attendance Sheet**  
 Workshop on "Understanding harmony and ethical conduct"  
 Conducted by Universal Human Value Cell

S.No.	Name	Enrollment No.	E-Mail ID	Signature
1.	Aditi Kukreja (MBA)		imaditikukreja@gmail.com	
2.	Manan Arora (MBA)		Mananarora255@gmail.com	
3.	Muskan (MBA)		muskandivyaja@gmail.com	
4.	Khyati Rajput (MBA)		khyati.rajput1@gmail.com	
5.	Shristhi Lakra (MBA)		shristhilakra17@gmail.com	
6.	Tripti Khandelwal (BBA)		triptikhandelwal19@gmail.com	
7.	Riya Jain (BBA)		jain.3561@gmail.com	
8.	Mehak Parnami (BBA)	02517001721	mehakparnamani@gmail.com	
9.	Megha (BBA)	04417001721	megha1319@gmail.com	
10.	Sneha Srivastava (BBA)	03217001721	snehasrivastava131@gmail.com	
11.	Ojas Chawla (BBA)	01021701721	ojaschawla13@gmail.com	
12.	Natasha Gupta (BBA)	02717001721	natashagupta13@gmail.com	
13.	Vishesh Lakshmi (BBA)	02817001721	visheshlakshmi13@gmail.com	
14.	Harshit Garg (BBA)	01717001721	harshitgarg13@gmail.com	
15.	Archit Luthra (MBA)		ArchitLuthra13@gmail.com	
16.	Jayant Chauhan (MBA)		Jayantc21@gmail.com	
17.	Aashish Chaudhary	01017003922	aashishchaudhary13@gmail.com	
18.	Muskan Gupta			
19.	Aparna Mishra	00317003922	aparnamishra233@gmail.com	
20.	Ayush Aggarwal	35517003922	ayush2938@gmail.com	

  
 NBDal Officer, UHV Cell  
 Tecnia Institute of Advanced Studies  
 Madhuran Chowk, Robini, Delhi - 85



**Feedback:** Participants are very enthusiasm to learn about universal human values. Moreover, they also get a sense of confidence by asking more questions about UHV. They are very satisfied with content and presentation, and also willing to attend such workshop in future. Finally, all students and faculties really learnt a valuable message from this workshop.

Dr. Preeti Jindal

Nodal Officer, UHV Cell

Tamra Institute of Advanced Studies

UHV CELL COORDINATOR  
Madhuban Chowk, Rohini, Delhi - 85