Personality Development Event Report



Event: Session on

Topic: Personal Grooming

Date: 17/04/2023

Time: 9:50 AM to 10:40 AM

Duration: 50 minutes

Venue: MPH, PG Building, TIAS

Program: BCA (1st year)

Coordinator: Dr. Poonam Dua, Assistant Professor

No. of students: 49

Objectives:

- To understand Grooming & Personality Grooming & their difference.
- To realize the importance of Personality Grooming
- To understand the Tips for Personality Grooming.

Report:

A session on Personal Grooming was organized by Training and Placement Cell, TIAS on 17.04.2023 for the students of BBA program under the ambit of capacity building program. The speaker was Dr. Poonam Dua, Assistant Professor, TIAS. The Resource person Dr. Poonam Dua stated about Personal Grooming—what is grooming and what is the difference between Grooming & Personality Grooming—to the students. In today's world, grooming has become essential to all. Grooming plays an important role in maintaining a high self-esteem & self-confidence. She also differentiated the grooming and personal grooming and described that a positive change comes in oneself with the help of Personality Grooming. She presented that the importance of grooming lies in the fact that it not only keeps you from being embarrassed in the social arena but helps in learning etiquettes and manners. Personal Grooming is not just about grooming for ones' neatness & hygiene but about transforming the personality through developing good hobbies. The session was overall interactive & the students gave feedback after the session was over.

Learning Outcome:

- The Students understood the meaning of Grooming & Personal Grooming.
- The Students understood the difference between Grooming & Personal Grooming
- The Students realized the importance of Personal Grooming.
- The Students understood the tips for Personality Grooming.

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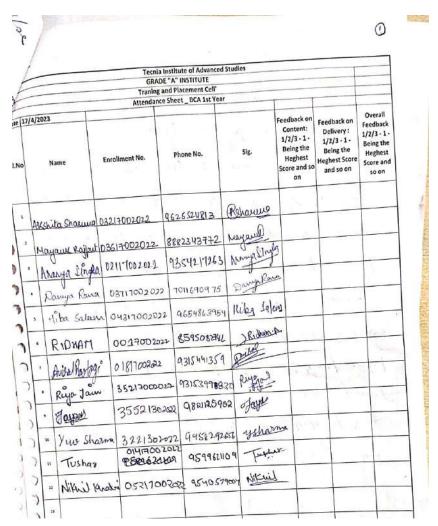


The resource person giving tips on personal grooming



Students participating in the session

Attendance:



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Dr. Nivedita Head - Training and Placement Cell