Fit India Youth Club & National Sports Organization (NSO)

REPORT

Title of the activity: World Bicycle Day

Values : Health Promotion, Disease Prevention, Physical Fitness

Learning Outcome:

The participants have learnt:

• About the significance of bicycling including the importance of good health.

• To strengthen the state and conditioning of human body through Bicycling.

• About the impact of Bicycling on overall health.

• The ways to improve health status enhance quality of life, reduced risk of premature death, increased life expectancy.

Program theme: World Bicycle Day

Organized by : Fit India Youth Club & National Sports Organization (NSO)

Convener : Mr. Nitin Yadav, FIYC- Nodal Officer

Date : 03th June, 2023

Day : Saturday

Time : 01:00 PM - 02:00 PM

Venue :TIAS Campus

Number

of beneficiaries : 45

Participants : Students of BBA,BJMC,BCA & MBA from Tecnia Institute of

Advanced Studies

Flyer/Poster of the event









Fit India Youth Club

in collaboration with

National Sports Organization (NSO)

Celebrating

WORLD BICYCLE DAY

iii 03rd June 2023 (01:00 - 02:00 PM

Venue: TIAS Campus

"Four wheels move the body, two wheels move the soul"

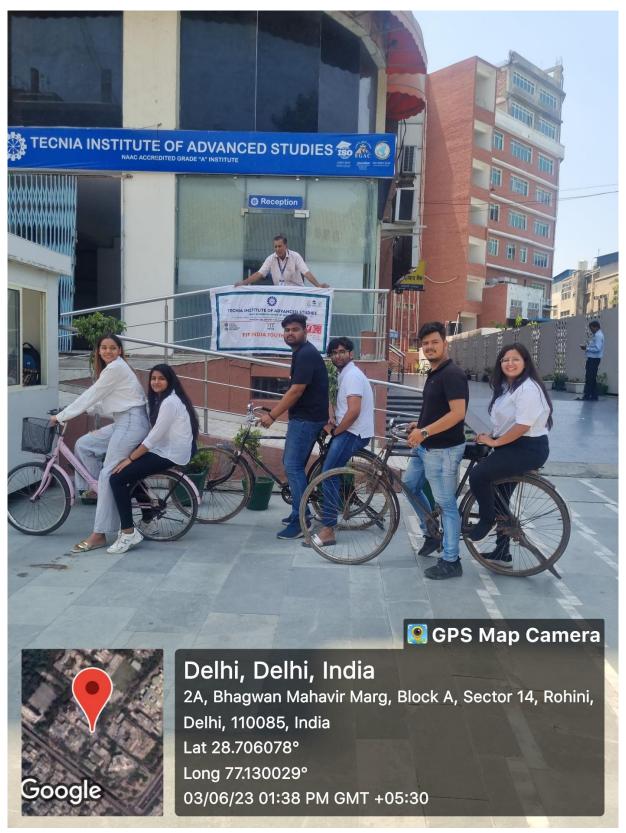
Nodal officer: Nitin Yadav

Student coordinator: Kunal

Mob.: 7827377223



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Students participating in the event by riding bicycles in the TIAS Campus