



REPORT

International Women's Day- 07.03.2023

Event : **Holi Womania - International Women's**
Day Convener : Dr. Rajni Yadav, Nodal officer Gender
Champion club
Date : 7th March, 2023
Day : Tuesday
Time : 1:00 pm
Event Mode : Offline
Venue : Auditorium, TIAS



Objective:

1. The event "Holi Womania - International Women's Day" was organized by Tecnia Group of Institutions, New Delhi, with the primary objective of celebrating International Women's Day and raising awareness about women empowerment.
2. The event aimed to honor the contributions of women to society and promote gender equality and inclusivity.

Learning Outcomes:

1. Participants gained valuable insights into women's health and well-being through an informative health awareness drive organized in collaboration with Max Hospital.
2. Attendees acquired a deeper understanding of stress management, hormonal imbalances, metabolism boosting, and gut health through expert-led sessions.
3. The event fostered a sense of appreciation and recognition for the achievements of women, demonstrated by the presentation of Women Empowerment Awards.

OBE (Outcomes-Based Education) Values Demonstrated:

- Equity and Inclusivity: The event emphasized the importance of gender equality and empowerment, promoting an inclusive environment for all.
- Learning and Growth: Through educational sessions and expert talks, the event facilitated the intellectual growth and understanding of the attendees.
- Social Responsibility: By celebrating International Women's Day and organizing a health awareness drive, the event demonstrated a commitment to social responsibility and women's welfare.

Distinguished Dignitaries: The esteemed presence of dignitaries added prestige to the event. Notable personalities in attendance included:

- Dr. Ram Kailash Gupta (Chairman, Tecnia Group of Institutions)
- Dr. Ajay Kumar (Director, Tecnia Institute of Advanced Studies)
- Dr. M.N. Jha (Dean Academics, TIAS)
- Shri Suresh Khandelwal (Chairman, APG Group)
- Mrs. Poonam Matia (Delhi Hindi Sahitya Sammelan)
- Mrs. Sudha Sanj (Delhi Hindi Sahitya Sammelan)

Event Highlights:

The event commenced with an inaugural speech delivered by Ms. Preeti Batra, the Public Relation Officer of TIAS. Her address highlighted the significance of women's empowerment and the cultural importance of the Holi festival in India.

Dr. Saumya Hinduja, Ph.D. in Holistic Nutrition and MD Alternative Medicine from Max Hospital (Shalimar Bagh), led a session on women's health, stress management, hormonal imbalances, metabolism boosting, and gut health. The interactive session allowed attendees to seek expert guidance and clarify their queries related to women's health issues.

As part of the event, Women Empowerment Awards were presented by Dr. R. K. Gupta, Chairman of Tecnia Group of Institutions, to recognize the exceptional contributions of Dr. Nivedita (Training and Placement Officer) and Ms. Sandhya Srivastava (Account Officer). These awards honored their outstanding achievements and commitment to promoting women's empowerment.

Adding a touch of artistry to the event, Ms. Poonam Matia and Sudha Sanjeevini from Delhi Hindi Sahitya Sammelan mesmerized the audience with their poetry recitals on "Nari Shakti," celebrating the strength and resilience of women.

"Holi Womana - International Women's Day" was a resounding success, commemorating the spirit of womanhood and advocating for women's empowerment. The informative health awareness drive and expert-led sessions provided valuable knowledge to the attendees. The presentation of Women Empowerment Awards recognized the remarkable achievements of women at the institution.

The event exemplified the core values of equity, inclusivity, learning, growth, and social responsibility. We extend our heartfelt appreciation to all the dignitaries, speakers, participants, and organizing committees for their invaluable contributions in making this event a memorable celebration of International Women's Day

GLIMPSE



