



TECNIA INSTITUTE OF ADVANCED STUDIES GRADE "A" INSTITUTE

Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to GGSIP University
Recognized Under Sec. 2(f) of UGC Act 1956

INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085

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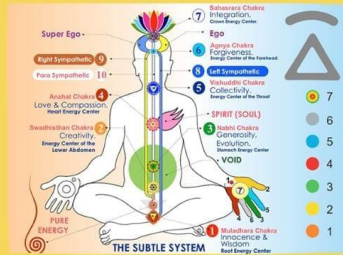
NATIONAL SPORTS ORGANIZATION (NSO)



SAHAJA YOGA

JOURNEY TO SELF-REALIZATION

Spirituality | Health | Wellness | Peace



Date: 17th March 2023
Time: 10:00AM
Venue: Tecnia Auditorium

Mr. Nitin Yadav
Nodal Officer FIYC, NSO

Mr. Kunal
Student Coordinator
+91 78273 77223

TECNIA INSTITUTE OF ADVANCED STUDIES
GRADE "A" INSTITUTE
DELHI - INDIA

FIT INDIA YOUTH CLUB
NATIONAL SPORTS ORGANISATION (NSO)

FIT INDIA

organizing
Specialist Talk
on
**Healthy Eating:
A Key to Good Health**


Expert Speaker:

Dr. Shivendu Kumar Rai
HOD - BAJMC
TIAS



Date: 28th March, 2023; **Time:** 12:00 P.M. to 01:00 P.M.
Venue: Room No. 2307, UG Building TIAS

Nodal Officer
Mr. Nitin Yadav
FIYC, NSO

Student Coordinator
Mr. Kunal
+91- 7827377223



TECNIA
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FIT INDIA YOUTH CLUB

In collaboraton with

NATIONAL SPORTS ORGANISATION (NSO)

Organizing

Intra Institute

Chess and Carom Competition


Date : 31st March, 2023


Time : 12:00 P.M. Onwards

Venue: 4th Floor,PG Building

Nodal Officer:
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राष्ट्रीय सेवा योजना
National Service Scheme
युवा कार्यक्रम और खेल मंत्रालय
Ministry of Youth Affairs and Sports
भारत सरकार
Government of India

NATIONAL SPORTS ORGANISATION (NSO)

Organizing


Health Check Up

Theme: Dental Hygiene

Date: 12th April 2023, Wednesday

Timing: 09:00 A.M. to 12:00 P.M.

Venue: MPH Hall PG Building, TIAS



Dr. Sarika Jain
Sr. Dental Surgeon



Student Coordinator
Kunal: 7827377223

Nodal Officer
Mr. Nitin Yadav
(FIYC, NSO)

Nodal Officer
Mr. Piyush Kumar (NSS)





FIT INDIA YOUTH CLUB

NATIONAL SPORTS ORGANISATION (NSO)

Organizing

Intra Institute Final Cricket Match

BBA

VS

BA(JMC)

Date: April 28, 2023, Friday; Time: 09:00 AM Onwards
Venue: District Park, Sector 14, Rohini



CRICKET EVENT

Nodal Officer
Mr. Nitin Yadav FIYC, NSO

Student Coordinator
Mr. Kunal
7827377223

Note:- This is the Final Match to be Conducted Between Winners of Semi-Final Held in Odd Semester 2022-23