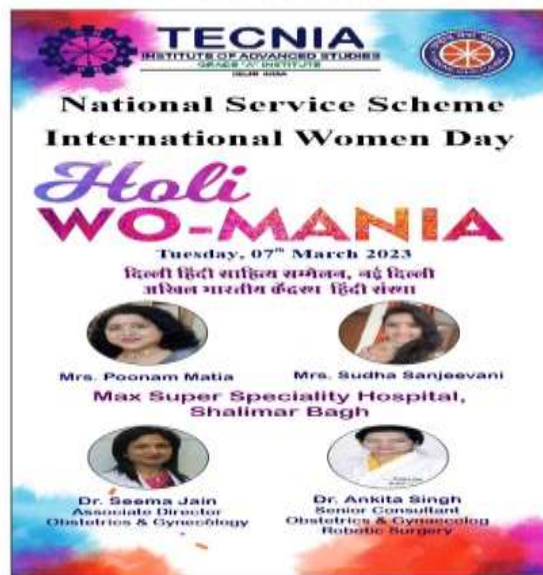


REPORT

International Women's Day- 07.03.2023

Event	:Holi Womania - International Women's Day
Convener	: Ms. Vaishali Prasad, NSS- Program Officer Dr. Sheenu Arora, Program Coordinator-Nss
Date	: 7th March, 2023
Day	: Tuesday
Time	: 1:00 pm
Event Mode	: Offline
Venue	: Auditorium, TIAS



OBJECTIVES:

1. The importance of girl's education to bring positive changes in the society.
2. All participants got to know about the issues of decline in girl child sex ratio and promote women's empowerment.
3. To understand the framework for a solid intervention aimed to push the needle for girls' empowerment in developing contexts.

REPORT

The event started with an inaugural speech by Ms Preeti Batra, Public Relation Officer, TIAS. He highlighted the key points of events are required to sensitize about women empowerment and the importance of Holi festival of India.

Tecnia Group of Institutions, New Delhi, organized "Holi Wo-mania"(Celebrating colours of Womanhood) on the occasion of International Women's Day and Holi Celebration" on 7th March, 2023 at Tecnia Auditorium, Rohini.

As part of International Women's Day celebrations, A session on health awareness drive was also organized in collaboration with Max Hospital (Shalimar Bagh). A team of Doctors advised the members of Tecnia Group of Institutions on health upkeep.

It started with an opening session on women's health and Stress Management, Hormonal Imbalances, Metabolism Boosting, Micro biome and Gut health awareness delivered by Dr.Saumya Hinduja, Ph.D. in Holistic Nutrition and MD Alternative Medicine from MAX Hospital (Shalimar Bagh). The audience also got an opportunity to clarify their queries regarding the symptoms of women's issues and the immediate medical help required for the patient in case of an emergency. The guest talk was followed by the distribution of health kits among the members of the Tecnia Group.

The dignitaries present during the program included Dr.Ram Kailash Gupta (Chairman, Tecnia Group of Institutions), Dr.Ajay Kumar (Director, Tecnia Institute of Advanced Studies), Dr.M.N. Jha (Dean Academics, TIAS), Shri Suresh Khandelwal (Chairman, APG Group), Mrs. Poonam Matia (Delhi Hindi Sahitya Sammelan), and Mrs. Sudha Sanj from the Delhi Hindi Sahitya Sammelan).

The Women Empowerment Award was also given on this occasion by Dr. R. K. Gupta, Chairman, Tecnia Group of Institutions namely Dr. Nivedita (Training and Placement Officer) and Sandhya Srivastava (Account officer) appreciated the efforts of the organizing committees to celebrate International Women's Day in a befitting manner through thoughtfully planned activities. He added that though women have come a long way, much still needs to be done to ensure an equitable and justice to society that treats women as equal members of the

society. He also wished everyone a joyous festival of colors and urged them to spread the colors of happiness, love, and compassion in this world.

Ms. Poonam Matia and Sudha Sanjeevini of Delhi Hindi Sahitya Sammelan mesmerized the audience with their poems on "Nari Shakti "during the program.

LEARNING OUTCOMES:

1. All participants understood the idea behind celebration of "International women's day" scheme.
2. The participants understood the importance of girl's education to bring positive changes in the society.
3. All participants got to know about the issues promote women's empowerment.

GLIMPSE





Ms. VAISHALI PRASAD
PROGRAM OFFICER-NSS

DR SHEENU ARORA
PROGRAM COORDINATOR-NSS