



TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC ACCREDITED GRADE "A" INSTITUTE

Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to G.G.S.I.P. University
& Recognized Under Sec. 2(f) of UGC Act 1956.



Happiness Club Meeting

Session: 2022-23

Ref. No: TIAS/Club/HC/2022-23/9

Date: 28/10/2022

Minutes of the Meeting

The Happiness Club Meeting scheduled on 27/10/2022 was held at 1:00 pm in room 2204 (TIAS UG building) under the chairmanship of Dr. Neha Gupta to discuss and approve the agenda. The meeting started with the welcome of all members by the chair. The following members were present:

1. Dr. Neha Gupta (Chairperson)
2. Dr. Ruchi Srivastava (Events' Incharge)
3. Dr. Rubeena Bano (Faculty)
4. Dr. Rajneesh Pandey (Faculty)
5. Dr. Sheenu Arora (Faculty)
6. Ms. Priyanka (Faculty)
7. Mehak Goel (Student)
8. Naman Vij (Student)
9. Khushi Manchanda (Student)
10. Aanchal (Student)

The following agenda points were discussed in the meeting:

1. **Discussion on the objectives of the Happiness Club:** The objectives of the Happiness Club, as provided in the Club manual namely Six Sigma of Happiness, were discussed and propagated by the chair among the committee members. The following points were discussed:

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Happiness Evangelist, Happiness Club
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- E1: 'PROVOKE' the thought "How much do we need and what for?" among students.
 - E2: 'INVOKE' gratitude and flexibility in opinions among learners.
 - E3: 'EVOKE' curiosity to replace anxiety among students
 - E4: Achieve 'BESPOKE' happiness using both mindful and heart-full activities
2. **Club Activity Planning and Implementation for upcoming session 2022-23:** As per the guidelines of club manual, the activities to be conducted for academic session 2022-23 were discussed. The proposed event calendar was approved by all the members unanimously.
 3. **Updating of the webpage contents of the Club:** The Chairperson discussed the contents of the Happiness Club webpage present on the Institute's website. She also apprised the members about the Happiness Club manual named Six Sigma of Happiness and the YOL application.
 4. **Discussion on finalizing the list of student volunteers:** A short discussion was held to finalize the list of student volunteers for the academic session 2022-23. The updated list of student volunteers was approved by all the members and finalized.
 5. **Discussion on the roles and responsibilities of student coordinators:** The roles and responsibilities of student coordinators in the activities of the Club were discussed and approved by all the members.

All the resolutions and minutes are put-up in front of Institutional Academic Committee for approval.

Neha Gupta

Dr. Neha Gupta
(Happiness Evangelist)

CC:

- To Dean, Tecnia Institute of Advanced Studies for kind information
- To Director, Tecnia Institute of Advanced Studies for kind information
- HOD's- MBA/BBA/BCA/BAJMC

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P44H+MXQ, Block A, Sector 14, Rohini, Delhi, 110085, India

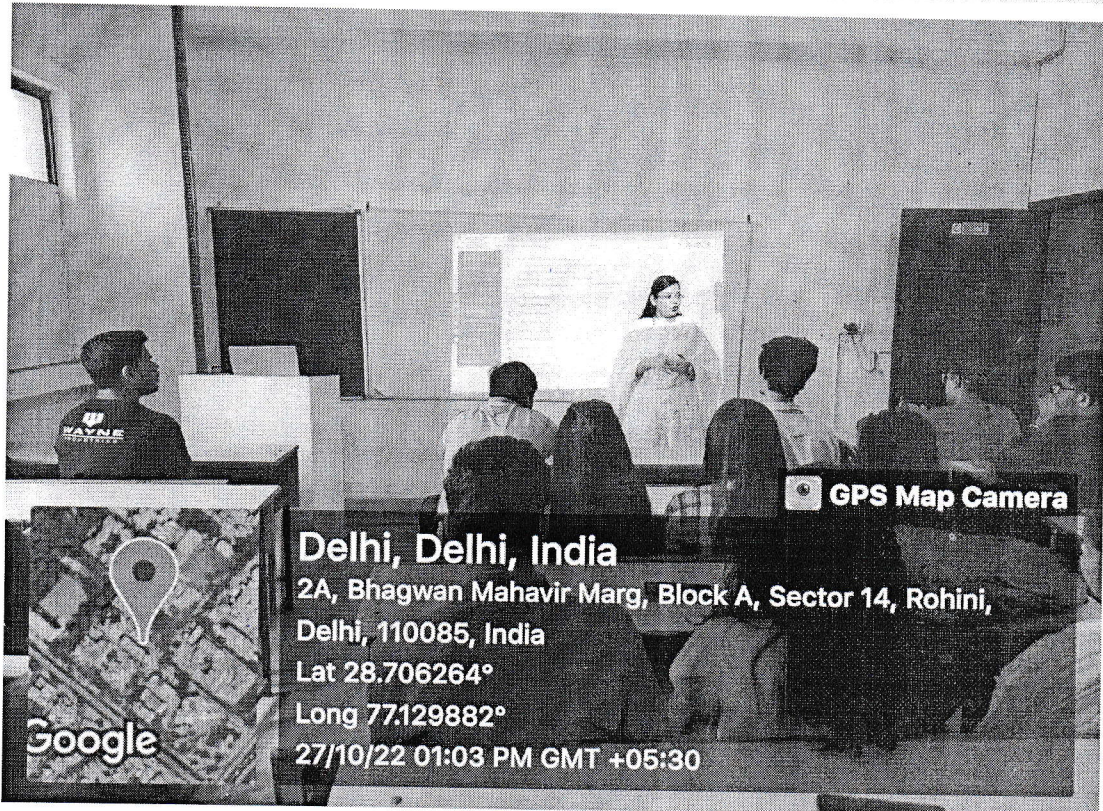
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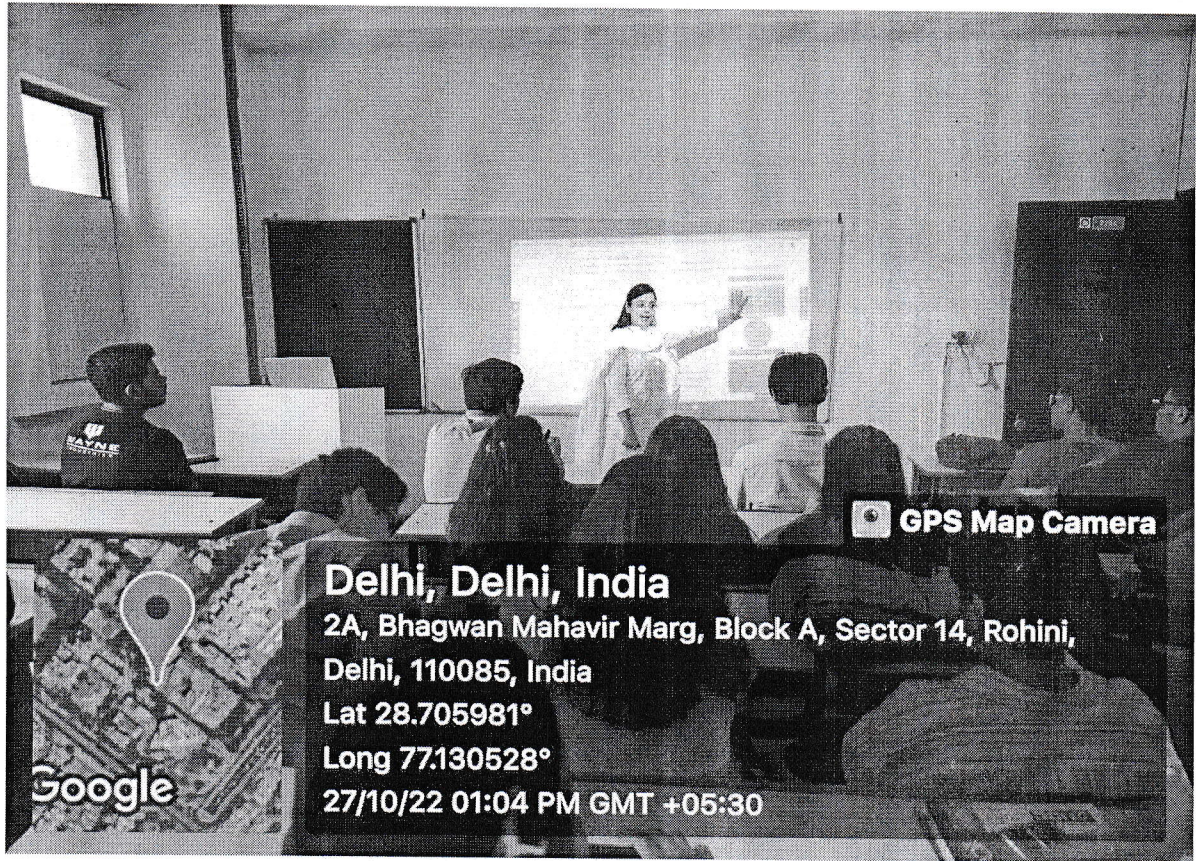
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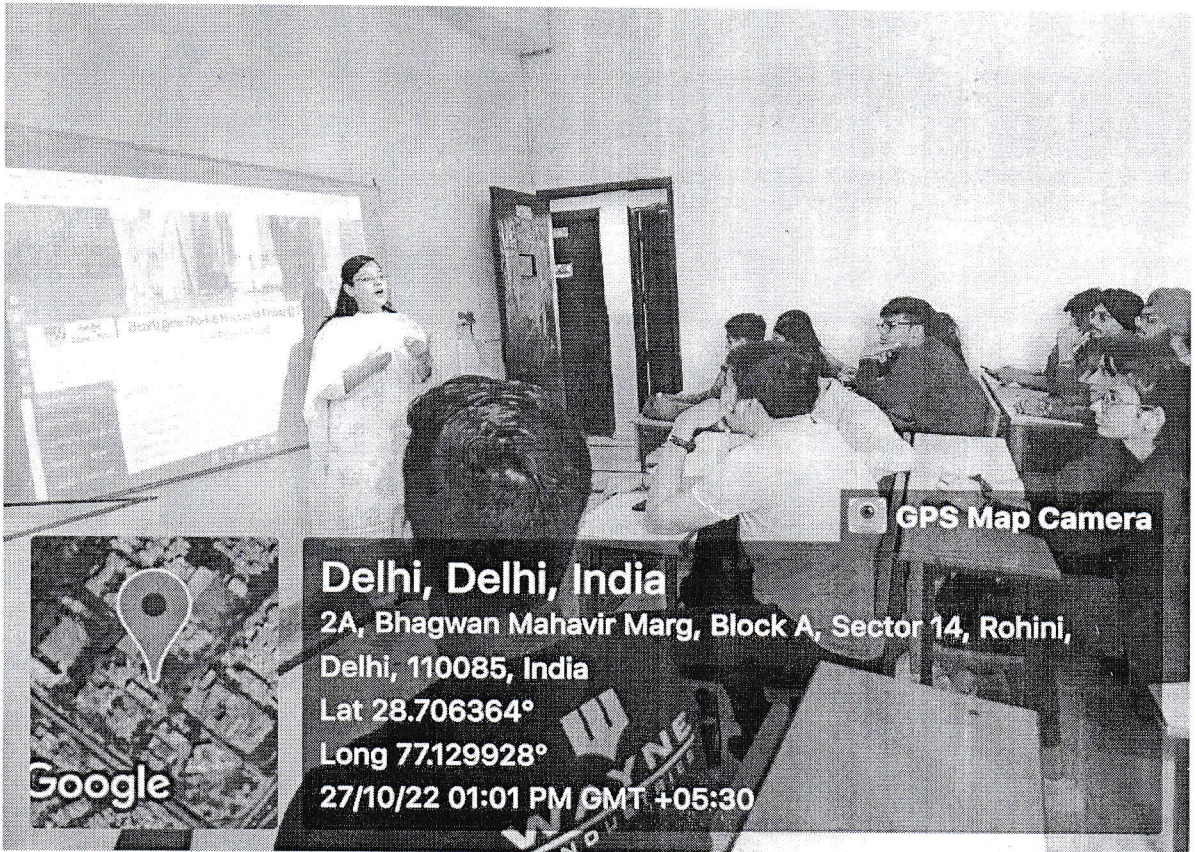
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Delhi, 110085, India

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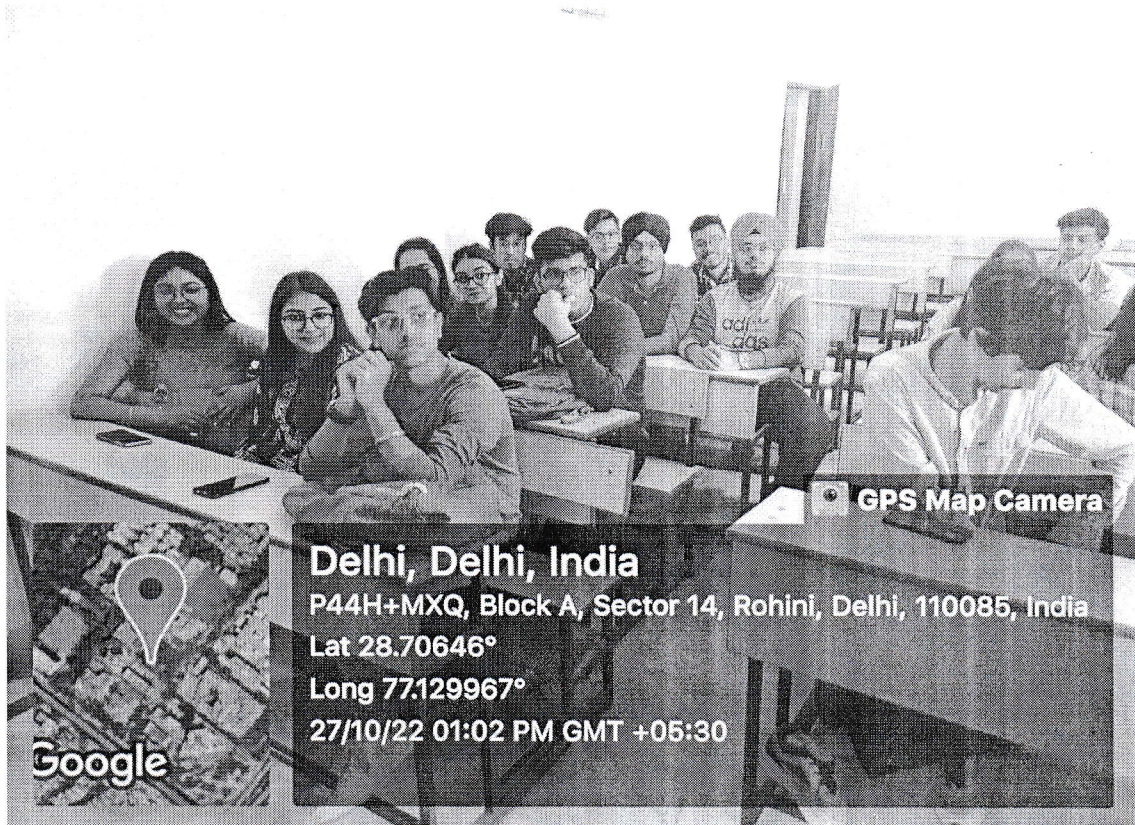
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gupta..*
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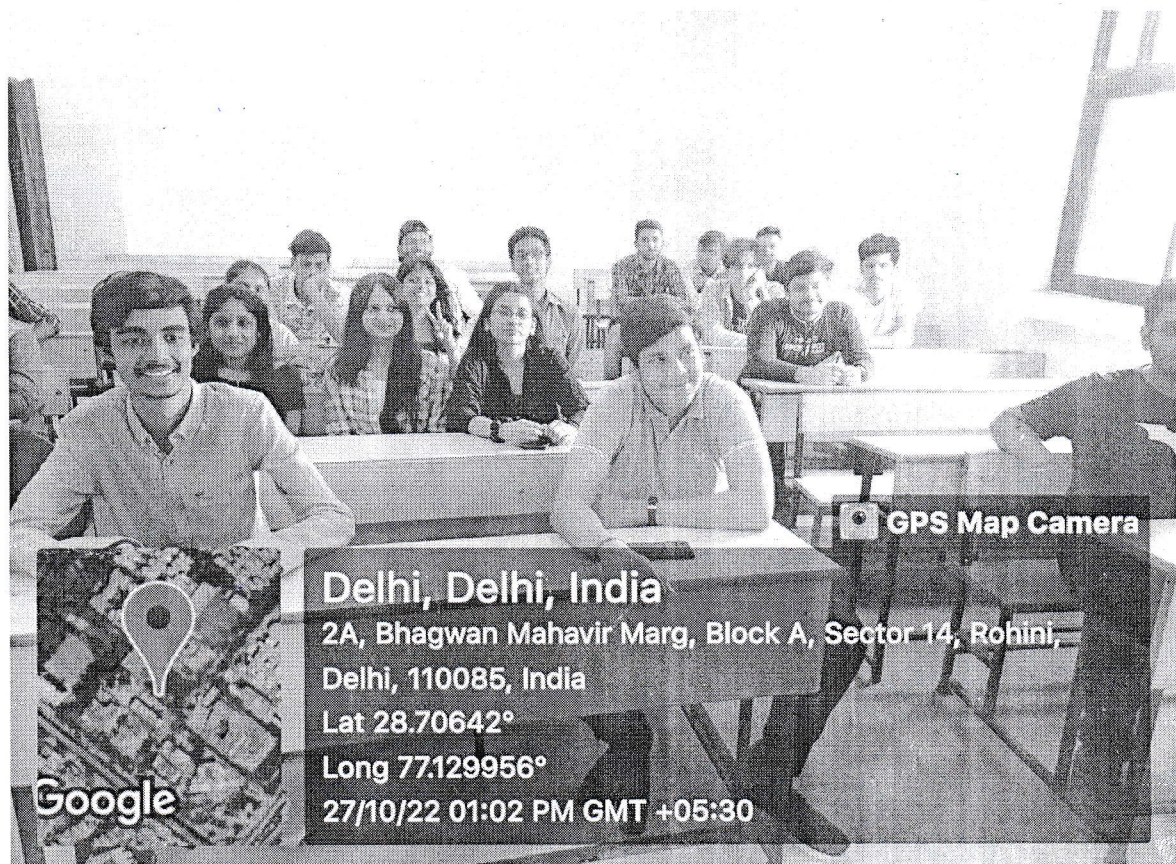
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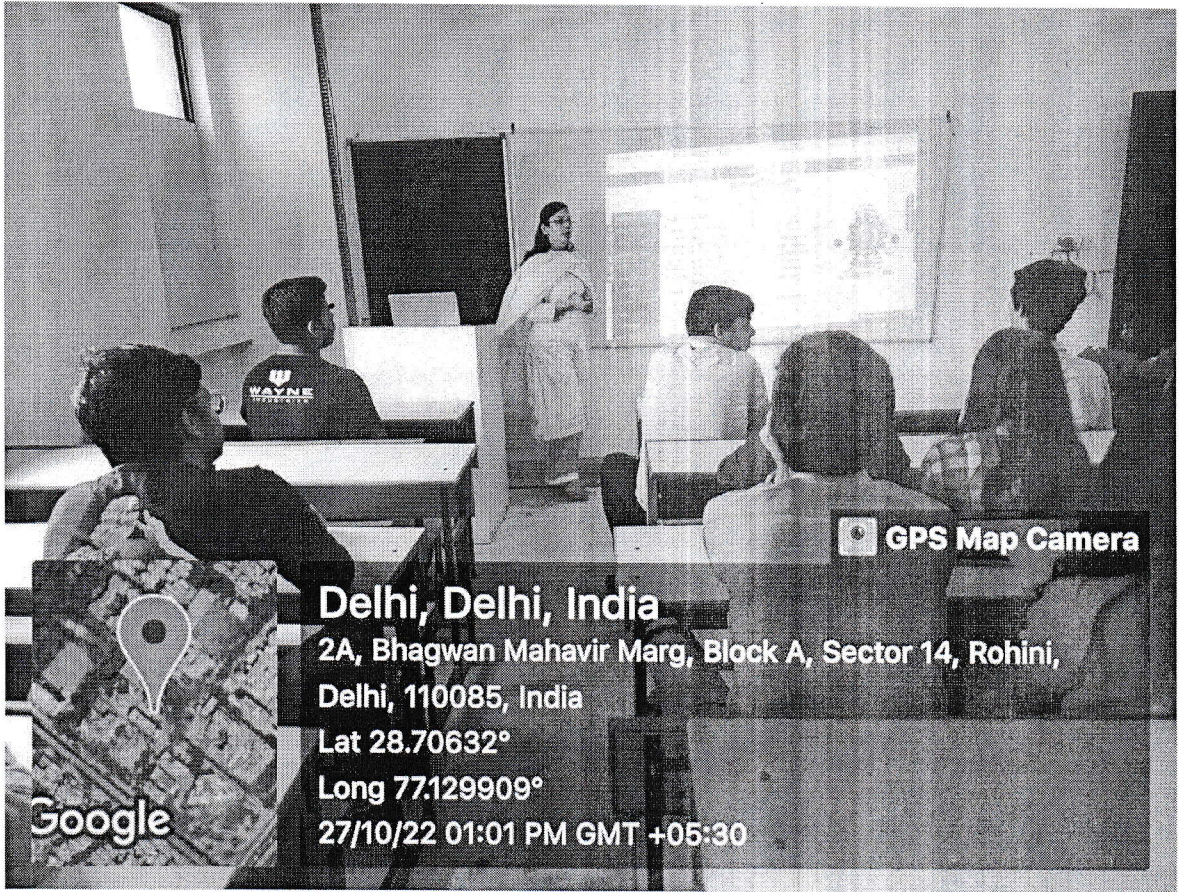
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*Melha
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