



**Report on event organised by Gender Champion Club at Tecnia Institute of Advanced Studies, Rohini 22/12/2022**

**EVENT** : Awareness Campaign on ‘Menstrual Hygiene’  
**Convener** : Ms Karishma, TIAS  
**Participation** : Students of BJMC, BBA, MCA, MBA  
**Date** : 22/12/2022  
**Venue** : TIAS Campus, PG Building  
**Timing** : 12:30 PM- 02:00 PM  
**No of Beneficiaries** : 37



## **LEARNING OBJECTIVE**

- **To create awareness among adolescent girls and boys on Menstrual Hygiene and significance of maintaining menstrual hygiene during periods.**

## **REPORT**

Gender Champion Club organised an awareness campaign on “Menstrual Hygiene”. The event was conducted mainly for the awareness and to provide knowledge among the students. For the better comprehension of students, presentation was delivered by **Ms. Karishma (Assistant Professor, BBA)** and **Ms. Gurleen Kaur Sethi (Assistant Professor, BBA)** including short clips on mensuration hygiene. The presentation covered meaning of menstrual cycle, problems suffered by women’s during periods and explaining the importance of menstrual hygiene. Every month, 1.8 billion people across the world menstruate. Millions of these girls, women, transgender men and non-binary persons are unable to manage their menstrual cycle in a dignified, healthy way (UNICEF).

Teenagers' life enter a new phase with the onset of menstruation, which also brings with it new vulnerabilities. However, many adolescent girls experience stigma, bullying, and social exclusion when they are menstruating. Due to discrimination based on gender identity, transgender males and non-binary people are denied access to the resources and facilities they require. Gender inequality, discriminatory social norms, cultural taboos, poverty and lack of basic services like toilets and sanitary products can all cause menstrual health and hygiene needs to go unmet. There were 37 students from MBA, BBA, BAJMC & BCA participated in this event. The event helped girls and boys to understand and enhance their knowledge for menstrual hygiene and diseases that can take place if not hygiene are not maintained. Many of the girls discussed their problems during menstrual period and myths they have been hearing from their elder ones.



**Gurpreet Kaur (BBA IInd year student)**



**Ms.Gurleen Kaur Sethi (Assistant Professor)**



**Ms.Karishma (Assistant Professor, Dept. Of Management)**





**Ishita Aggarwal (BBA, IInd year student)**

## LEARNING OUTCOME

The campaign enabled adolescents to understand the significance of menstrual hygiene through sharing personal stories and myths of participants and speakers.

## LIST OF BENEFICIARIES

S. No.	Enrollment no.	Name
1.	03921302021	GAGAN DEEP SINGH
2.	04021302021	MANAS THAKUR
3.	04321302021	SOURABH DALAL
4.	04421302021	SHIVANSH RAWAT
5.	04721302021	AMAN JHA
6.	05021302021	SHUBHAM
7.	05121302021	AKASH GAUR
8.	05221302021	SUMIT KUMAR GUPTA
9.	05321302021	SNEHA JAIN
10.	05421302021	GRACY GUPTA
11.	35121302021	TIYA AGGARWAL
12.	35221302021	RITIKA
13.	35321302021	MAHEK SANCHETI
14.	35421302021	Akshita Gupta

15.	35521302021	Devanshi Kapoor
16	35621302021	Hemang khullar
17	9654290421	Dhruv sharma
18	00121302021	Akshita Gupta
19	00321302021	Kunal Chaturvedi
20	00621302021	Navya Chakravarti
21	00821302021	Shekhar singh
22	01121302021	Shashank Juyal
23	01221302021	VIVEK SHARMA
24	01321302021	MANEESHA AGARWAL
25	01421302021	MAYANK SIKKA
26	01721302021	AARCHI SINGHAL
27	01821302021	SWAYAM GUPTA
28	01921302021	TISHA AGARWAL
29	02021302021	AAKASH GAMBHIR
30	02221302021	ANMA AHMED
31	02321302021	DINESH SINGH
32	02421302021	SAGAR
33	02521302021	KIRTI VARDHAN AJMANI

34	02621302021	RISHA
35	03021302021	ASHIMA MEHTA
36	02721302021	SAVIOUR VICTORY
37	02821302021	DEVINA DUGAR