

TECNIA
INSTITUTE OF ADVANCED STUDIES
GRADE "A" INSTITUTE
DELHI INDIA



HAPPINESS CLUB

Event Report

Event Name: Writing Thank You Notes
Theme: Gratitude is the best Attitude
Date: 12/1/2023 - 13/1/2023
Nodal Officer: Dr. Neha Gupta
Mode: Offline
Participants: 73

TECNIA
INSTITUTE OF ADVANCED STUDIES
NAAC ACCREDITED GRADE "A" INSTITUTE
DELHI INDIA

75
Azadi Ka
Amrit Mahotsav

Happiness Club
Established under the norms of
All India Council for Technical Education (AICTE)

organizes

Writing Thank You Notes

Theme: "Gratitude is the best Attitude"

Date: 13th Jan 2023

Mode: Offline (Room 2204 UG Building)

Thank you

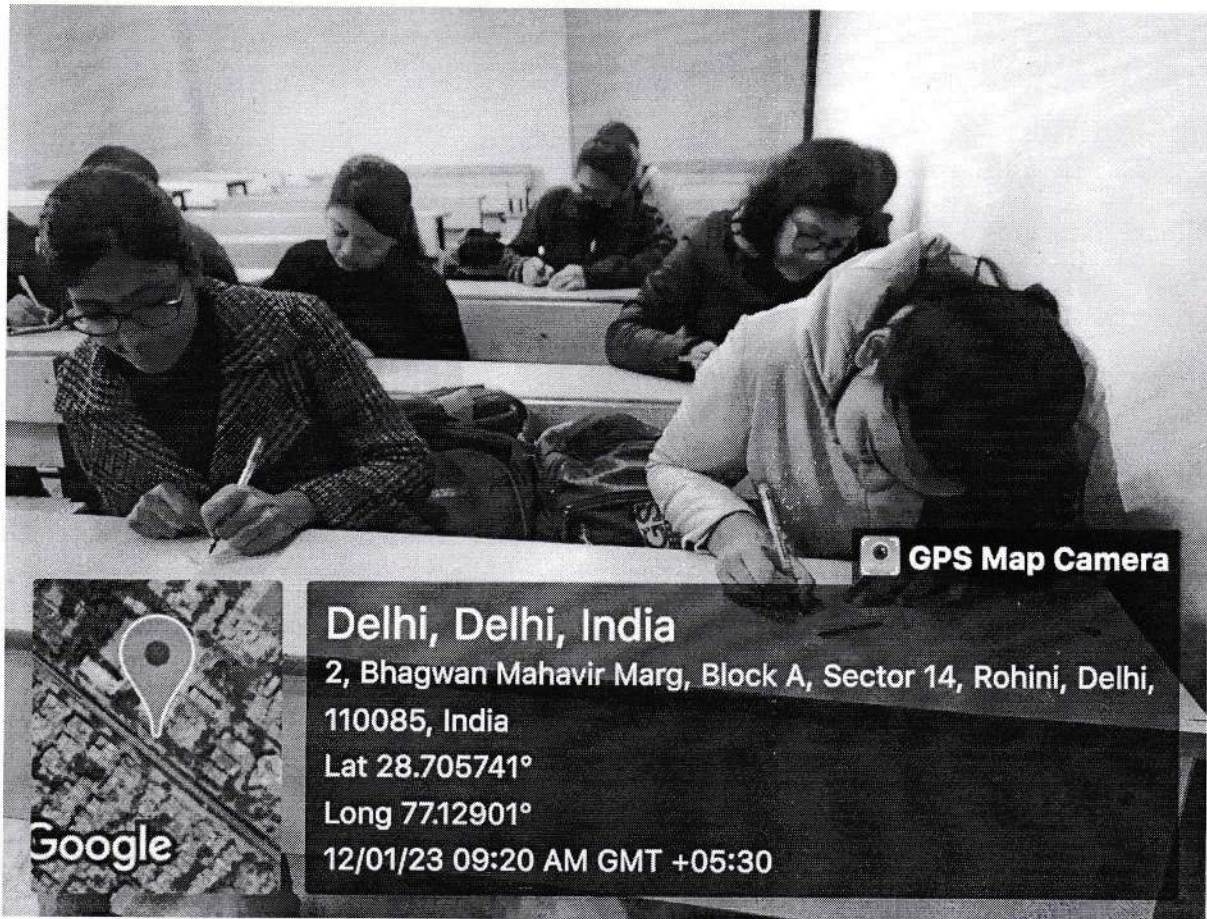
Event Flier

Happiness Club
Tecnica Institute of Advanced Studies
Delhi-25

Neha Gupta

To invoke gratitude among its students, the Happiness Club of Tecnia Institute of Advanced Studies organized an activity on writing Thank You / Gratitude notes on 12th and 13th January 2023. The event was organized in an offline mode in room 2204 of TIAS UG Building. The aim of this activity was to inculcate the feeling of gratitude and thankfulness among the students. It also aimed to instil the feeling of happiness in the students by making them feel grateful for the positive things in their lives. The students actively participated in this event by writing down what they were grateful/thankful for in their lives. Some students expressed gratitude for having great friends at the Institute, some were thankful for having caring family and others were happy to express how blessed they feel to have enough money for sustaining their life. The event received 73 entries from various programs of the Institute.

Learning Outcome: Students were able to understand that feeling gratitude for what they have, is the first step to finding true happiness.



Students writing Thank You/ Gratitude notes

Happiness Evangelist, Happiness
Tecnia Institute of Advanced Studies
Madhuban, Delhi-110085
Neha Gupta



 **GPS Map Camera**



Delhi, Delhi, India

2, Bhagwan Mahavir Marg, Block A, Sector 14, Rohini, Delhi,
110085, India

Lat 28.705762°

Long 77.128977°

12/01/23 10:11 AM GMT +05:30



 **GPS Map Camera**



Delhi, Delhi, India

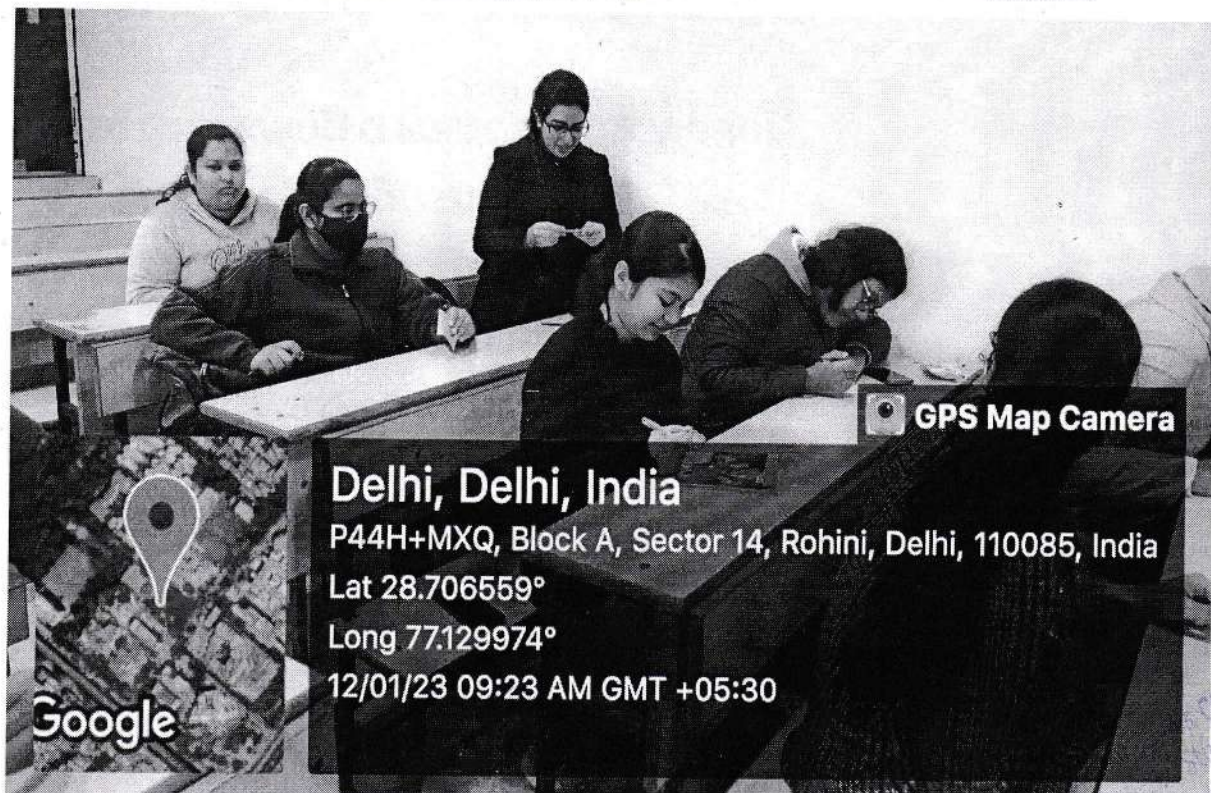
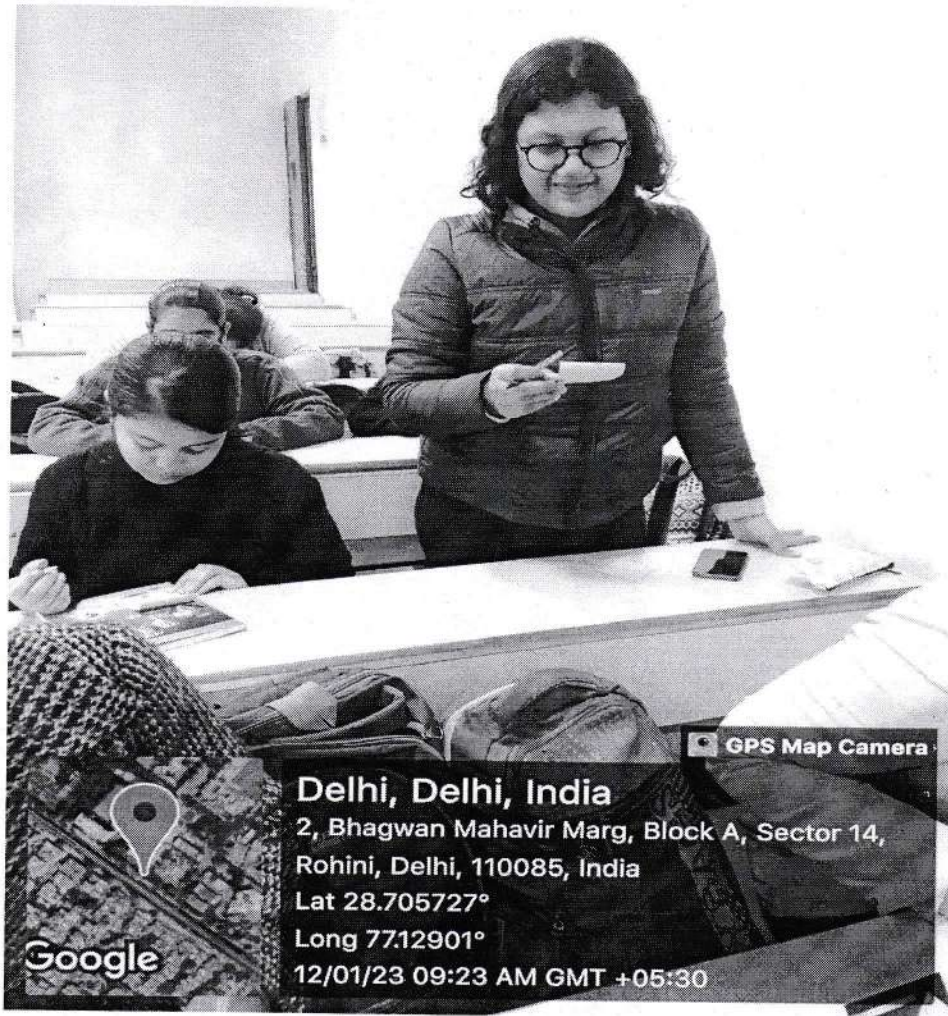
2, Bhagwan Mahavir Marg, Block A, Sector 14, Rohini, Delhi,
110085, India

Lat 28.705741°

Long 77.12901°

12/01/23 09:21 AM GMT +05:30

Happiness Evaluation
Delhi Institute of
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Students reading their Gratitude note in the class

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Tecnia Institute of
Neha
Gupta



GPS Map Camera

New Delhi, DL, India
Rohini Sector 14 Extension, New Delhi,
110085, DL, India
Lat 28.706096, Long 77.129936
01/12/2023 02:11 PM GMT+05:30
Note : Captured by GPS Map Camera



Maps

Student putting up the gratitude note on the Happiness Wall

Happiness Club
Tecnica Institute of Advanced Studies
Rohini, Delhi-85
(Handwritten signature)



GPS Map Camera

New Delhi, DL, India

Rohini Sector 14 Extension, New Delhi,
110085, DL, India

Lat 28.706111, Long 77.129991

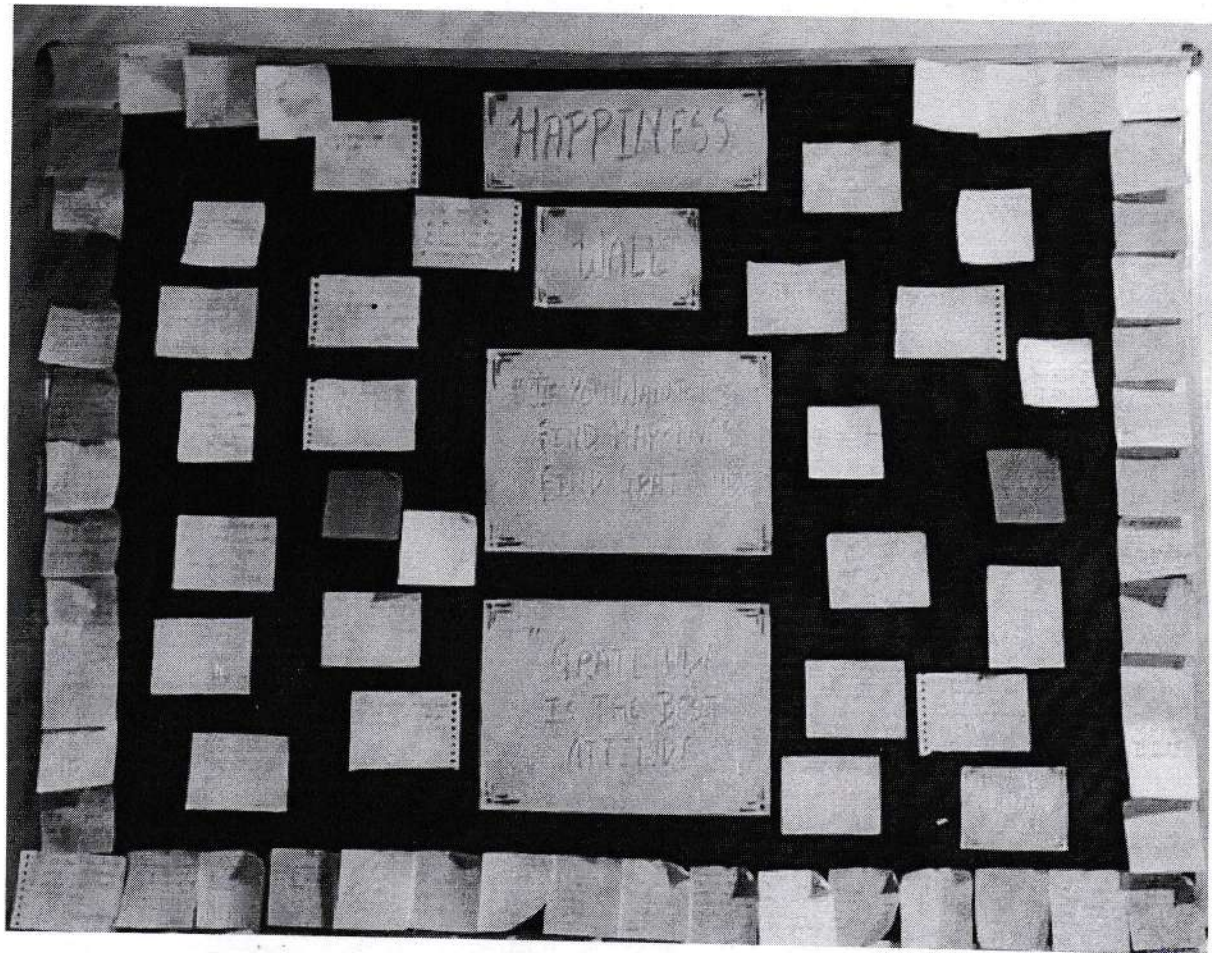
01/12/2023 02:12 PM GMT+05:30

Note : Captured by GPS Map Camera



Maps

*Happiness Club
Gender Studies
Noun, Delhi 85*



Gratitude Notes put up on the Happiness Wall

Happiness Evangelist, Happiness Club
Technia Institute of Advanced Studies
Mathurba, Delhi-85
Neha Gupta