



# TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC ACCREDITED GRADE "A" INSTITUTE

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INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085

**TIAS NATIONAL SERVICE SCHEME (NSS) CELL**

SELF-FINANCING UNIT\* - I



Donate Blood  
Save Life



Beti Bachao  
Beti Padhao



Health  
Camps



Tree  
Plantation

Ref:.....

Date:.....

## REPORT

Event	World Human Rights Day
Topic	Shared values like dignity, fairness, equality, respect and independence
Date	10 DECEMBER 2022
Timing	11 AM Onwards
Venue	Shiv Ashray, Sector 9 Rohini, New Delhi
Convener	Ms. Vaishali Prasad, NSS- Nodal Officer Dr Sheenu Arora, NSS- Program Coordinator
Beneficiary	BBA, BA (J&MC), MBA, BCA

**TECNIA**  
INSTITUTE OF ADVANCED STUDIES  
NAAC ACCREDITED GRADE 'A' INSTITUTE

**NSS**  
is Organizing  
*International*  
**HUMAN RIGHTS DAY**

TOPIC : SHARED VALUES  
LIKE DIGNITY, FAIRNESS, EQUALITY,  
RESPECT AND INDEPENDENCE.

10<sup>th</sup> December, 2022  
11:00 AM Onwards

Venue : SHIV ASHRAY, Sector-9  
Rohini, Delhi

Programme Officer  
**Ms. Vaishali Prasad**  
National Service Scheme (NSS)

## **OBJECTIVES:**

- Raise awareness about the fundamental human rights of elderly individuals and advocate for their dignity and respect within society.
- Organize health awareness sessions or activities focused on promoting physical and mental well-being among elderly residents.
- Establish ongoing relationships between visitors and elderly residents to provide continued support, companionship, and advocacy for their rights beyond the visit.
- Educate visitors about the prevalence of elder abuse and the importance of safeguarding the rights of older persons.

On World Human Rights Day, December 10th, 2022, students and volunteers from Tecnia Institute of Advanced Studies undertook a poignant visit to a local old-age home, embodying the spirit of respect and advocacy for the rights of elderly individuals. The visit aimed not only to bring companionship and warmth to the residents but also to raise awareness about the fundamental human rights that older persons deserve. Interactive sessions were held where residents shared their life stories and experiences, offering valuable insights into their journeys and the challenges they face. Volunteers engaged in activities designed to promote physical and mental well-being, including gentle exercises and health awareness discussions. Cultural performances and intergenerational dialogues further enriched the day, fostering understanding and empathy between generations. The event underscored the importance of combating social isolation among the elderly and empowered both residents and visitors alike through meaningful interactions that celebrated dignity, respect, and the inherent rights of every individual, regardless of age.

## **LEARNING OUTCOMES:**

- The visit heightened awareness among participants about the human rights issues faced by elderly individuals, fostering greater sensitivity towards their needs and challenges.
- The visit established lasting bonds between the volunteers and residents, encouraging continued support and advocacy for the rights and dignity of elderly individuals. Participants were inspired to take proactive steps in their communities to uphold human rights and promote inclusivity for older persons.

**GLIMPSE:**




## LIST OF BENEFICIARIES

S.No	Course	Event
1	Tanisha Sarraf	BBA
2	Priyank Jain	BBA
3	Akshita Gupta	BBA
4	Arshiya Goel	BBA
5	Devanshi Kapoor	BBA
6	Ronak Babbar	BBA
7	Lavanya Agarwal	BA(J&MC)
8	Drishti Pandey	BA(J&MC)
9	bhumi Vashisht	BA(J&MC)
10	Vansh jindal	BA(J&MC)
11	Naman Vij	BBA
12	Nikhil Sandal	BBA
13	Vanshika Verma	BBA
14	Jyoti Singh	BBA
11	NAMYA GANDHI	MBA
12	VAANYA KANSAL	MBA
13	ABHAY TYAGI	BA(JMC)
14	YASHIKA RAWAT	BA(JMC)

15	MANISHA SRISHTI	BA(JMC)
16	ISHIKA BHANDARI1	BA(JMC)
17	NATASHA GUPTA	BA(JMC)
18	TANYA GERA	BBA
19	DHRUV JAIN	BBA
20	SWAYAM GUPTA	BBA
21	AARUSHI SINGH	BBA
22	LOKCY MISHRA	BBA
23	PRATHAM GUPTA	BBA
24	MANEESHA	BBA
25	AANCHAL	BBA
26	KIRTI GROVER	BCA
27	PAAVAN BHASIN	MBA
28	VANSHIKA GOYAL	BCA
29	KANISHKA	BCA
30	SHUBHAM	BCA
31	SHRUTI JAIN	MBA
32	RAHUL	MBA
	CHOUDHARY	
33	SEEMA SHARMA	MBA
34	RICHA TEOTIA	MBA
35	KARTIK JINDAL	MBA

36	SNEHA SRIVASTAVA	BA(JMC)
37	YIESHA SHARMA	BBA
38	ANJALI BERA	BCA
39	ANUSHKA GOEL	BA(JMC)
40	HARDEEP SINGH	BA(JMC)
41	NIKITA	BBA
42	AJAY FARTYAL	BBA
43	KANIKA GOYAL	BBA
44	JASMINE WASON	BA(J&MC)

  
Programme Officer, NSS (SFU)  
Tecnia Institute of Advanced Studies  
Madhuban Chowk, Rohini, Delhi -85