



प्रो. राजीव कुमार  
सदस्य सचिव  
Prof. Rajive Kumar  
Member Secretary



सत्यमेव जयते

## अखिल भारतीय तकनीकी शिक्षा परिषद

(भारत सरकार का एक सांविधिक निकाय)

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### CIRCULAR

Date : 14-06-2022

Subject: Observing International Day of Yoga (IDY) on 21.06.2022 – reg.

“Yoga is the journey of the self, through the self, to the self”

This is in continuation to AICTE Circular dated 24-03-2022 regarding International Day of Yoga (IDY) 2022.

We understand that Universities and Colleges have been undertaking several activities in the run up to the IDY 2022. As less than 7 days are left now to the countdown leading to the IDY 2022 on 21<sup>st</sup> June, 2022. All the Higher Educational Institutions are once again requested to share the details of the various activities conducted / to be conducted by them for stakeholders.

Details of the plan and activities can be provided in a Google Form link that has already been provided to you. Once again AICTE is providing the link of Google Form to submit all the details after the completion of the said program.

[https://docs.google.com/forms/d/1RIRv\\_58DNXoO3pv84qs4PC-EAZMhVIitDN7YTGnI\\_E/prefill](https://docs.google.com/forms/d/1RIRv_58DNXoO3pv84qs4PC-EAZMhVIitDN7YTGnI_E/prefill)

The Institutes are requested to follow of custom made 45 minute protocols namely, Common Yoga Protocol (CYPE). It is to be practiced at all the event locations during the IDY celebration. CYP is freely available in YouTube and Yoga Portal in various Indian Languages. The link is given below :  
(Hindi version url: <https://www.youtube.com/watch?v=w4CE-SMokQI>).

We look forward to the active participation of students, teachers, educational administrators and family members to take an active part in all the activities and program of International Day of Yoga.

(Prof. Rajive Kumar)  
Member Secretary

To

1. All the Heads of Institutes affiliated to AICTE
2. All Regional Offices of AICTE