

Report on World No Tobacco Day

2nd June, 2022 Report on World No Tobacco Day at Tecnia Institute of Advanced Studies, Rohini

EVENT:	World No Tobacco Day	
Convener:	Ms Vaishali Prasad, NSS Programme Officer, TIAS	
	Dr Sheenu Arora, NSS Programme Officer, TIAS	
Participation:	Student of BJMC, BBA, MCA, MBA	
Date:	2 nd June, 2022	
Event Mode :	Online	
Timing:	11:30 AM	
No of Beneficiaries	:50	
No of Particinants:	08	



OBJECTIVE

- This workshop is intended to sensitize Higher Educational Institutions about the influence of tobacco on youth and significance of National Legislation of Tobacco Control in India i.e., Cigarette and Other Tobacco Products Act (COTPA), 2003.
- To reorient the faculty and staff of Higher Educational Institutions about National Legislation of Tobacco Control in India (COTPA) and existing guidelines (TOFEI) pertaining to educational institutions.
- > To strengthen the tobacco control measures among Higher Educational Institutions

REPORT

"Stop smoking before smoking stops you"

The NSS Cell, Tecnia Institute of Advanced Studies, Rohini in collaboration with Maulana Azad Institute of Dental Science conducted workshop on the topic "Reorienting Higher Educational Institutions towards Tobacco Control" on 2nd June, 2022 as a part of "World No Tobacco Day". The vital subject of the event was to focus on "SAY NO TO TOBACCO" which witnessed participation of around 50 volunteeers including Students, Director, Dean and Teaching and Non-Teaching staff of Tecnia Institute of Advanced Studies. The event began with welcome speech of Dr Radhika, she invited Dr Vikrant Mohanty, Professor and Head, Department of Public Health Dentistry, MAIDS and welcome all the guests. He invited first speaker of the event Dr Kavita Rajhwani, Senior Resident, Department of Public Health Dentistry, MAIDS. She brief about harmful impacts of tobacco among youth. The second speaker was Dr Ashwini Y.B., Professor, Department of Public Health Dentistry, MAIDS. He brief about COTPA (Cigarettes and Other Tobacco Products). It's Prohibition of Advertisement and Regulation of Trade and Commerce, Production, Supply and Distribution Amendment Act, 2007. The objective of COTPA 2003 is to provide effective protection to non-smokers from involuntary exposure to tobacco smoke. Then Dr Radhika invited Dr Amit Yadav, Senior Technical Advisor, International Union Against Tuberclosis and Lung Disease (The Union). He explained TOFEI (Tobacco Free Educational Institution) Guidelines to the participant. Some important points of

TOFEI (Tobacco Free Educational Institution) Guidelines are:

- Use of tobacco products in the premises of the institution by anybody, including students, teachers, other staff members, school buses' drivers & staff and visitors is NOT permitted.
- Smoking inside the premises of an Educational Institution (EI) is a violation of section 4 of the COTPA. The Head of the Institution is authorized to impose and collect fine under the COTPA, 2003 for such violations.
- Tobacco users shall NOT be eligible for the Student\Teacher\Staff of the Year Award or other awards given for co-curricular excellence.
- > Sale of tobacco products to and by minors is strictly prohibited.
- Sale of tobacco products inside the school premises and within 100 yards of the educational institution is prohibited by law. Any violation should be reported to the National Quitline at 1800-11-2356.
- Direct and indirect advertising and promotion of tobacco products is not permitted.
- Smokeless Tobacco Products such as Gutkha, Zarda, Khaini etc. have been prohibited vide the Food Safety and Standards (Prohibition and Restrictions on Sales) Regulation, 2011 under Food Safety and Standards Act, 2006.
- The tobacco substitutes such as e-cigarettes and the like devices viz. HeatNot-Burn devices, Vape, e-Sheesha, e-Nicotine Flavoured Hookah are health hazards. The use of such products is NOT permitted on the school campus

Violation of "No Tobacco Use" norms shall invite imposition of fine and stringent punishment.

At the end Dr Vikrant Mohanty, explained some harmful impacts of tobacco on environment. He then started question answer session, in which Dr M N Jha, Dean-Academics, Tecnia Institute of Advanced Studies, Rohini asked question about street vendors on roadside selling tobacco and how government is controlling and what are the actions they are taking for stop selling of Tobaccos nearby college premises. Then Dr. Radhika ended the session with vote of thanks. Through this session volunteers absorbing all the facts of consuming tobacco and how it slowly drags the smoker onto the tracks of death. The statistics shown to everybody regarding death figures causeddue to tobacco consumption left everyone awestruck. This was followed by a video screening that made everyone a ware about the after effects of having tobacco in any form.

Students became well aware about the tobacco monster and made up their mind to stay miles away from it. The event concluded with students taking pledge with their fists raised up. The pledge pointed out assurance from students that they won't consume tobacco in any form such as cigarettes, bidis or gutkas, etc and would also encourage others not to do so. The event was a smash hit and truly made students to take "PLEDGE FOR LIFE".

Tecnia Institute of Advanced Studies along with student, faculty and staff members celebrated **World No Tobacco Day** and took Pledge

On the occasion of World No Tobacco day, I take a pledge that I shall never smoke and consume any type of Tobacco products in my life and motivate my family or acquaintances to not to smoke/use any tobacco products.

I shall motivate my colleagues for the same.

The certificates have been provided to all the beneficiaries by Maulana Azad Institute of Dental Science.

GLIMPSE

S.No.	Name	Designation
1	Dr Ajay Kumar	Director
2	Dr M N Jha	Dean
3	Dr Sachin Sabharwal	Associate Professor
4	Dr Ruchi Srivastava	Associate Professor
5	Ms Vaishali Prasad	Assistant Professor
6	Dr Sheenu Arora	Assistant Professor
7	Dr. Suhail Ahtesham	Assistant Professor

8	Dr. Jagriti Basera	Assistant Professor
9	Dr. Shivendu Kumar Rai	Assistant Professor
10	Dr. Monu Singh	Associate Professor
11	Ms. Priyanka Singh	Assistant Professor
12	Mr. Ajay Dureja	Assistant Professor
13	Ms. Megha Sharma	Assistant Professor
14	Mr Indeerpreet Singh	Assistant Professor
15	Ms Punam Agarwal	Assistant Professor
16	Ms Sania Kukkar	Assistant Professor
17	Ms Megha Mohan	Assistant Professor
18	Varun Mendiratta	Student
19	Vishesh Bhatia	Student
20	Yiesha Sharma	Student
21	Yash Priye	Student
22	Mohd Zaid	Student
23	Chitransh Bhatnagar	Student
24	Jayant Goyal	Student
25	Harshita Maheshwari	Student
26	Mehak Goel	Student
27	Ishita Aggarwal	Student
28	Vanshika Verma	Student
29	Rishika Arora	Student
30	Deshik Chawla	Student
31	Rohit Panjrath	Student
32	Aayush Arya	Student
33	Siddharth Jakhar	Student
34	Rohit Panjrath	Student
35	Bhavay Sehgal	Student
36	Harshit Bana	Student
37	Naman Bhagat	Student

38	Sakshi Sajnani	Student
39	Umang Gupta	Student
40	Mahak Malhotra	Student
41	Mehul Bhalla	Student
42	Gagan Goel	Student
43	Maneesha	Student
44	Natasha Gupta	Student
45	Purvi Ahluwalia	Student
46	Bhavna Jain	Student
47	Shubh Ahuja	Student
48	Yash Upadhyay	Student
49	Aarushi Singh	Student
50	Divyanshu Sharma	Student