

## Summing up:

The first episode in this series of 4 episodes pointed to how the world lugs its luggage in beautiful designs made from dried crocodile skin that was culled, desalted, dehaired, degreased and while the humankind is generally lost in this haze to discover “how much does she need and what for?”.

This essay, the second episode of happiness points to the meaning of life as being, to find your gift or 1. mojo with which to illuminate and catalyze the purpose of life or 2. ikigai.

To do that one has to be cautious of falling prey to neuroplasticity.

Bear in mind gratitude, that tempers and moderates our opinions and helps grow a healthy respect for others.

## Six-Sigma of Happiness

If as an individual, one calibrated those two questions above in the navigator of one's life, one would end up being honest to one's job or business equally as to one's personal life.

Vice versa and simultaneously if the HR practitioners mapped, in addition to the professional competence of an individual also her or his Mojo and Ikigai, it would help them extract the plasma from the blood but re-inject

that blood back into the humanoid that shall come to work tomorrow in the wake of the AI, VR and IOT driven world. Just so, the blood can grow its own plasma back and the individual is encouraged to pursue her/his Mojo and Ikigai.



## Six-Sigma of Happiness

That will keep the spirit and soul of the humanoid free to appropriate and seek its redemption back to life at the right time rather than delude and misappropriate her/himself and the organization.

It would also enable the organization grow, renew and refresh and remain agile. More; it puts a conscience in the heart of the organization.

That would be a perfect world appreciating imperfections leading to a healthy symbiotic relationship between Planet, People and Profit.

Such corporation would be built as a citadel on the solid foundation of bricks piled by happy souls that lent their hands to it and not a biblical fable such as that of the Tower of Babel.

The third episode “Evoke” shall show you, the need to face yourself in an honest mirror as we untangle some knots and attempt to straighten and smoothen some creases to make you presentable for yourself. That will then prepare you for the calibration and happiness should be your reward.

The forth episode “Bespoke” will then enable you to hold that mirror to your face.

It would only find its rest in paying an ode and homage to Steve Jobs as he ‘lies’ embracing his final ‘truth’ in an unmarked grave at the Alta Mesa Memorial Park in Palo Alto, CA.

## Six-Sigma of Happiness

He had wanted it that way.

Once again; you alone split the universe into two equal halves where you stand. In other words, you are the centre of its world.

And on that note, let us 'evoke' happiness.