

## / Your Happiness mantra

Try writing 72 blogs and realise  
The gaps and clutter in your mind that exist.

And that is the solution to your existential  
burden and therein lies your trust

*Give it a thought or not*

*But that, my dear friend is what is sought*

*All else is a placebo or a bubble*

*Sit back and dimension life*

*And see the joy of your life double!*

Once again; you alone split the universe into two equal halves where you stand. In other words, you are the centre of the world and that above was the recipe for bespoke happiness, You are left below with 72 suggestions for the 72 blogs that you can modify and realize your bespoke happiness.

Even meteors that rise with light end up in a cosmic flash. Here is how you discover, uncover and recover your Mojo and your Ikigai. Don't come and go from no'where to now'here to go again into no'where

*Ordinary muscles grow with ordinary walks.*

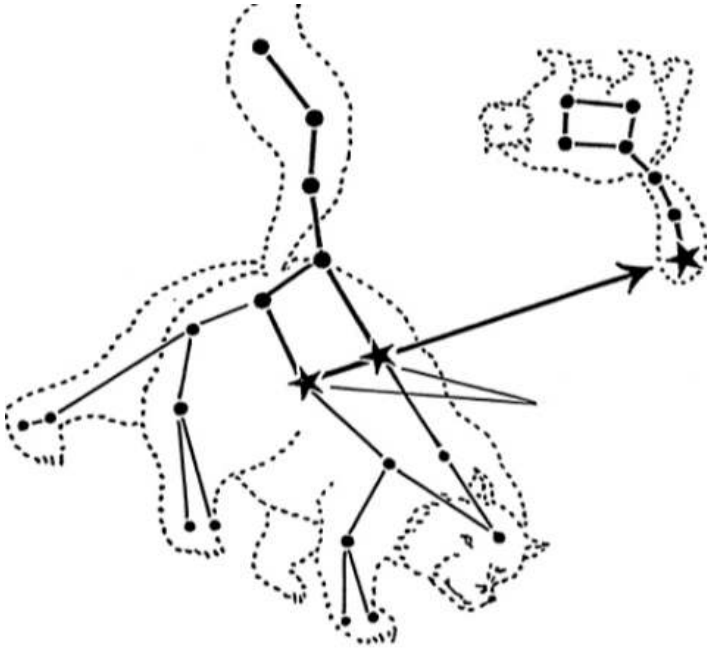
*No one grows a muscle without a work out.*

*You go on and calibrate your desires and celebrate your life.*

*This may require a periodic work out, so enjoy discovering, uncovering and recovering YourOneLife!*

This is a ready reckoner for desire. It will help you calibrate your desires too. This is your tool kit.

Allow it to occur that, "hey, its my life! and I alone need to connect its dots. I don't want to pass away like a blip in time."



***Moral of the story:***

We are all coded in a cohesive divine language and pursuit of a single or few goals ignoring other equally important aspects of our life will often result in the dark areas of your life falling victim to a dark hole!

## Six-Sigma of Happiness

*For; you can muffle a drum,  
or loosen a lyre's ring  
But, when the season comes,  
the skylark shall sing !  
- Gibran*