

/ The Cycle of happiness

Here is your happiness reckoner. Try writing 72 blogs periodically and realise the gaps and the clutter in your life that exist. This explains how much you need and what for?

Minimalism will be the natural outcome of those. By no stretch of imagination is this meant to profess an austere life. These answers will on the contrary show you just how much you need.

If you answered those questions giving equal weightage to each of them, you will realise just how beautifully will you create a symphony between all the aspects of your life.

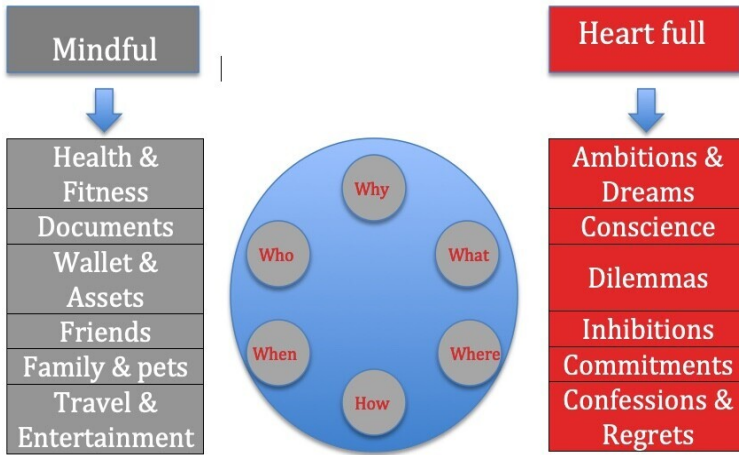
There is no Guru or Saint other than yourself that can help you moderate a wholesome life bouyant in happiness.

So R.I.P, the piper!

Given below is the prescription of happiness!

While its truth is within, it 'lies' with'out (pun intended: lies)

/ The Circle of happiness



/ Your Happiness mantra

Try writing 72 blogs and realise
The gaps and clutter in your mind that exist.

And that is the solution to your existential
burden and therein lies your trust

Give it a thought or not

But that, my dear friend is what is sought

All else is a placebo or a bubble

Sit back and dimension life

And see the joy of your life double!

Once again; you alone split the universe into two equal halves where you stand. In other words, you are the centre of the world and that above was the recipe for bespoke happiness, You are left below with 72 suggestions for the 72 blogs that you can modify and realize your bespoke happiness.