Six-Sigma of Happiness

/ Story One: Pay the exorcist

"Come hither" as the Piper dances menacingly to fish your mind away,

we need to pay an exorcist to get away from his sway!



H. A. P. P. I. N. E. S. S. S

Indeed, if facebook has had the world hooked to posing hold on and realize the effect of its dozing

that for a market cap of 780 Billion in glee You and I are a part of the 1.69 Billion posing for free

That makes us to him worth 460 dollars each

Where in this do I with my Ikigai reach

While I am lost in this mist and with my photos impress in vain

It fishes my mind and sells it only for its gain.

Spurred and turbo driven by social media, we all seem to come from No'where to Now'here to go to No'where.

A good illustration to understand that would be our social-media post or likes of the morning, that are lost in our memory by the evening.

The picture then, that remains is only the person lost like a dot between the lines.

That 'attic space' we spoke of in the mind becomes a casualty of the paradigm of commercial progress that invites us to buy what we do not need with money that we do not have through loans that we spend lives to repay in the name of pleasure that deludes happiness that remains at large and elusive.

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There is in the midst of all this noise is a pied piper who is at play in digital media, on TV, Radio, magazines and hoardings on the way

Note: If you imagine that I am from the age of puritans that dont like social media, or material comforts you are wrong! I love it! The point one makes as one goes thorough the rest of the journey here is between seeking this "new'sense" rather than getting soaked in this "nui'sance".

It is about consuming it to create rather than get consumed by it.

The trouble arises when we dont know what it is that we are looking for. Just like that blind black woman or man in a big dark room,

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looking for a black cat that probably does not even live in it.

A survey reveals that most users that enter Google looking for a specific product, move out with something else! ...and that is how the world expands.

This is then Eureka!

The Six Sigma of happiness will take you to that treasure that is yours and one that you are looking for! No more, No less!!

Moral of the story: The Real Social Fabric has been replaced by Virtual Social Media. Multiple choices driven by technology have spoilt us and taken us away from basic human values, emotions and sensitivity to valuing hoarding, amassing and cluttering that we dont know how to handle or in whose handling we tend to loose the threads of life. This is the dawn of the bionic age or the age of biologically inspired engineering that studies and designs engineering systems and modern technology.