

/ The Cycle of happiness

Here is your happiness reckoner. Try writing 72 blogs periodically and realise the gaps and the clutter in your life that exist. This explains how much you need and what for?

Minimalism will be the natural outcome of those. By no stretch of imagination is this meant to profess an austere life. These answers will on the contrary show you just how much you need.

If you answered those questions giving equal weightage to each of them, you will realise just how beautifully will you create a symphony between all the aspects of your life.

There is no Guru or Saint other than yourself that can help you moderate a wholesome life bouyant in happiness.

So R.I.P, the piper!

Given below is the prescription of happiness!

While its truth is within, it 'lies' with'out (pun intended: lies)

/ The Circle of happiness