

/ Happiness: VR & AI

The serenity prayer helps us guard against our desires and dreams turning into rogues.

Our minds however, have become tuned to a new neuroplasticity. It suggests to us placebos that eclipse our reality. Neuroplasticity is the change that occurs in neural pathways and synapses due to certain

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factors, like environment acting upon our behavior or neural processes.

The mind does adapt itself to the shoe it saw on a website that continues to appear thereafter on each page in Google and elsewhere almost miraculously and won't stop hitting the surfer like the metaphorical sandbag between the two eyes until she buys it.

"The shoe in crocodile skin!" from crocodiles raised in a crocodile farm to be razed and skinned to make that shoe.

Welcome to VR and AI that now wag us!

Artificial intelligence now leads us by the finger and sires our next desire as we become more and more neuroplastic.

During such changes, the brain engages in synaptic pruning, deleting the neural connections that are no longer necessary or useful, and strengthening the dominant ones that constantly reinforce our beliefs.

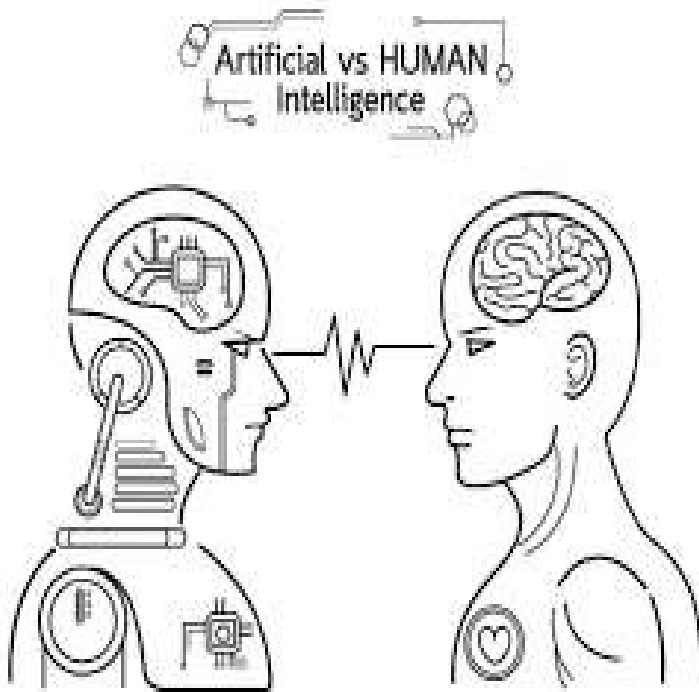
It is here that spurred now by new technology, VR/AI that suggests to us that in turn we end up justifying our position in life and claim entitlement over our own judgment of who or where we are or what we have or want. Thus AI or artificial intelligence mutates in us.

It is a self-hypnotic state. A state where our neurons are impacted by technology and we get a new narrative that we claim as our

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own.

That complexity is better defined as minds controlled more by technology inseminated by a suggestive environment that now suggests to the mind to adapt to it and the mind does. At this stage, the mind stops seeking, it gets soaked and stands claimed.



It is then led to secrete dopamine and endorphins both seeking instant gratification of desires.

Desires; that are brought about by neuroplasticity.

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Do you already smell technology?

Meanwhile we ceded control over our discretion to even choose. Our Neurons have been put to bed and sent to sleep.

As if Artificial Intelligence isn't a conspiracy already,

'Virtual Reality' is the oxymoron unleashed upon us. It's a carefully chosen semantic. Its an oxymoron that alludes to even the virtual or simulated experience as being real.

How can something that is virtual ever be real? It fogs our life and hijacks our reality.

We shall delve into this in our episode 3.

