



प्रो. अनिल डी. सहस्रबुद्धे

अध्यक्ष

Prof. Anil D. Sahasrabudhe

Chairman



सत्यमेव जयते

अखिल भारतीय तकनीकी शिक्षा परिषद्

(भारत सरकार का एक सांविधिक निकाय)

(शिक्षा मंत्रालय, भारत सरकार)

नेल्सन मंडेला मार्ग, वसंत कुंज, नई दिल्ली-110070

दूरभाष : 011-26131498

ई-मेल : chairman@aicte-india.org

ALL INDIA COUNCIL FOR TECHNICAL EDUCATION

(A STATUTORY BODY OF THE GOVT. OF INDIA)

(Ministry of Education, Govt. of India)

Nelson Mandela Marg, Vasant Kunj, New Delhi-110070

Phone : 011-26131498

E-mail : chairman@aicte-india.org

F.No. 1-29/CM/AICTE/2021

SUB: HAPPINESS RANKING & LINKS:

YOL-YourOneLife

Dear Director/Principal,

I begin by wishing you happiness ahead.

Further to my earlier communication pertaining to the release of happiness app, I once again reiterate that this initiative is being taken to address the post covid stress build-up that further underscores the need to reinforce the social and emotional learning faculties of our students.

Happy students will contribute to nation building as good citizens.

The app not only assesses the social and emotional well being of our students, it also helps each of them and thus the institute calibrate to its own collective happiness. We shall be releasing the happiness rankings of colleges on the 20th March 2022, which is the **World Happiness Day**.

India ranks 139th out of 155 countries in the world happiness rankings although we may be much better. With your participation we intend to send a massive **e-campaign** using the app and involving our youth to the **UN** for them to acknowledge this effort which could improve our ranking. Your participation therefore is imperative and imminent.

The app: YourOneLife is being launched as per the schedule below:

Ceremony at 11 AM at Raj Bhawan, Jammu on 20th December 2021 at the hands of the honorable Lt. Governor Jammu & Kashmir.

J&K has been specifically chosen for the launch of happiness in our mission to reach across our community from North to South and East to West.

I provide below the guidelines and links:

1. All the institutes, faculty and students shall download the link from
 - a) Android APP for Download:
<https://play.google.com/store/apps/details?id=com.yol>
 - b) iOS APP For Registrations
<https://youronelifes.com/>

AICTE will be tracking your downloads and institutes shall download it and propagate it as their token of acceptance and encouragement for happiness in their campus.

Usage of the app by students will be assessed by the software. Those who wish to give a credit may do so. The training and monitoring of the outcomes will be conducted through the inbuilt features of the software in a DIY (Do it yourself) manner and is designed to not burden the faculty of the institutions or universities. The monitoring process will be carried out by the software and appropriate assigned credit per student per institution/university will be conveyed by the system to you.

The app shall be made active for use on the 20th December by 12noon after its formal inauguration and launch. Due notification will be sent to all institutes to register and start using it.

The credit system followed in India is as defined by Carnegie Mellon University and happiness is an integral part of the system.

2. YourOneLife is also an e-book published by Mr. Yogesh Kochhar and is available online at <https://youronelives.com/SixSigmaHappiness>

The book in story telling format in graphic and sequential art contains guidance and very engaging and fascinating happiness exercises. You are advised to download and circulate adequate copies of this book (1 copy for 250 students) and encourage the students to read it too. A link to this book from your libraries may also be included in the fresher kits for the upcoming fresh sessions.

3. We would also like to see your attendance and we shall track it at the event online on the 20th December at:

Facebook live Event Link **for event registration**:-
<https://fb.me/e/Ro00HLDd>

You are encouraged to share and post your comments also on the following channels. Let us build a happy nation.

Twitter page link:
<https://twitter.com/YYouronelifelife>

Linked in link:
<https://www.linkedin.com/company/yol-your-one-life/about/?viewAsMember=true>

Youtube Link:-
<https://youtu.be/TaNrU5DqIE0>

4. Usage of this app by all will be treated not only as your commitment to happiness, it shall be monitored by AICTE that shall release the first happiness rankings on national and regional levels on 20th March 2022 that is the world happiness day.

This will mark the biggest happiness impact not only in India but the world with over 5 million students driving it together.

5. I also encourage you to plan happiness fests in your college.

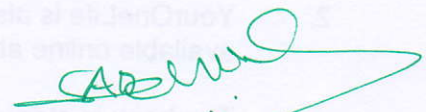
Your acknowledgement and revert to the above shall be taken on record as your affirmation to the cause of happiness.

Pl acknowledge and confirm compliance with the above 5 points to Mr. Pradeep Bhaskar on, assttdir.papb@aicte-india.org and Mr. Yogesh Kochhar, on yogi@yol.one

To ensure that our efforts are galvanized and achieve the purpose of creating a happy environment and world, I look up to your active participation as per the guidelines above.

Do also convey my best wishes and blessings to all your students and share this notification immediately on your notice boards so that it reaches each student and encourages them to register on the links provided above.

Wishing you all happiness ahead.



(Anil D. Sahasrabudhe)



सत्यमेव जयते

MINUTE-TO-MINUTE PROGRAMME
OF HON'BLE LIEUTENANT GOVERNOR'S VISIT TO CONVENTION CENTRE
CANAL ROAD, JAMMU W.R.T. "UNVEILING OF A UNIQUE PERSONAL
INSTITUTIONAL HAPPINESS APP: YOI-YOUR ONE LIFE" ON MONDAY, THE 20TH
DECEMBER, 2021

1545 Hrs	Dep	Raj Bhawan for Convention Centre Canal Road Jammu
1600 Hrs		Hon'ble Lieutenant Governor arrives
1601 Hrs	-	National Anthem
1602 Hrs	-	Lighting of candle and felicitation
1605 Hrs	-	Welcome address by Mr. Anoop Bansal (Founder)
1610 Hrs	-	Mr. Yogesh Kochhar (Founder) describes the app
1620 Hrs	-	Mr. Sumit Gilhotra CTO explains the technology
1625 Hrs	-	Launching of App
1630 Hrs	-	Address by Dr. Sahasrabudhe, Chairman AICTE
1635 Hrs	-	Address by Dr. A Katraia, President, Self Financed technical institutions in India
1640 Hrs	-	Observations by Hon'ble Lieutenant Governor.
1655 Hrs	-	Vote of Thanks by Mr. Yogesh Kochhar
1657 Hrs	-	National Anthem
1658 Hrs	Dep	For Raj Bhawan


PR. PVT SECY TO LT. GOVERNOR

Dated: 17.12.2021

No: PS/LG/2021/862

Copy to the: -

- i. Director, S.S.F, Raj Bhavan.
- ii. DPR / Media Consultant / Physician, Raj Bhavan.
- iii. Mr. Yogesh Kochhar, Founder Your One Life .



Prof. Anil D. Sahasrbudhe, **Chairman, AICTE**
&
Yogesh Kochhar & Anoop Bansal, **Founding team: YourOneLife**
Invite you

on the the occasion of the unveiling of a unique
Personal and Institutional Happiness index:
Yol- YourOneLife

By the Lt. Governor, Sh. Manoj Sinha Ji

at the Convention Centre, Jammu
On 20th December 2021 at 4 PM



This unique app will show the index of personal and institutional happiness.
12000 higher-Ed institutions and more than 50 lakh students will benefit from it.

REMINDER: HAPPINESS RANKING & LINKS: YOL-YourOneLife

1 message

no-reply <admin@aicte-india.org>
To: directortias@tecnia.in

Mon, Dec 20, 2021 at 9:58 AM

Dear Sir/ Madam,

Greetings from AICTE..!!

IMPORTANT INFORMATION

Further to the earlier communication is connection with Happiness, PI note and confirm the following:

1. The app: YourOneLife is being launched as per the schedule below:
Ceremony at 4 PM at Raj Bhawan, Jammu on 20th December 2021 at the hands of the honorable Lt. Governor Jammu & Kashmir.
J&K has been specifically chosen for the launch of happiness in our mission to reach across our community from North to South and East to West.
I provide below the guidelines and links: :
 2. All the institutes, faculty and students shall download the link from
 3. a) Android APP for Download: <https://play.google.com/store/apps/details?id=com.yol>
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manner and is designed to not burden the faculty of the institutions or universities. The monitoring process will be carried out by the software and appropriate assigned credits per student per institution/university will be conveyed by the system to you.

The app shall be made active for use on the 20th December by 12noon after its formal inauguration and launch. Due notification will be sent to all institutes to register and start using i

2. The credit system followed in India is as defined by Carnegie Mellon University and happiness is an integral part of the system. Students may be encouraged to use this app and this will be monitored at the back end entitle each student to 1 credit per semester.

1. YourOneLife is also an **e-book** published by Mr. Yogesh Kochhar and is available online at <https://youronelifes.com/buybook> The book in story telling format in graphic and sequential art contains guidance and very engaging and fascinating

happiness exercises. You are advised to download and circulate adequate copies of this book (1 copy for 250 students) and encourage the students to read it too. A link to this book from your libraries may also be included in the fresher kits

for the upcoming fresh sessions.

1. We would also like to see your attendance and we shall track is at the event online on the 20th December at 4.00 PM:

Facebook live Event Link **for event registration:-**
<https://fb.me/e/Ro00HLdD>

Youtube Link:-
<https://youtu.be/TaNrU5DqIE0>

1. Usage of this app by all will be treated not only as your commitment to happiness, it shall be monitored by AICTE that shall release the first happiness rankings on national and regional levels on 20th March 2022 that is the world happiness

day. This will mark the biggest happiness impact not only in India but the world with over 5 million students driving it together

Your acknowledgement and revert to the above 5 points shall be taken on record as your affirmation to the cause of happiness. These will also be monitored at the back end.

PI acknowledge and confirm compliance with the above 5 points to Mr. Pradeep Bhaskar on, assttdir.papb@aicte-india.org and Mr. Yogesh Kochhar, on yoqi@yol.one

To ensure that our efforts are galvanized and achieve the purpose of creating a happy environment and world, I look up to your active participation as per the guidelines above.

Do also convey my best wishes and blessings to all your students and share this notification immediately on your notice boards so that it reaches each student and encourages them to register on the links provided above.

Wishing you all happiness ahead.

PFA:- <https://drive.google.com/file/d/15x9ltmu6UhNIaE8J2MuM2wHqa29sa1IG/view?usp=sharing>

PFA:- <https://drive.google.com/file/d/1BW2fwnbQXp21KJSV6YMuUZK6zLYOKDX4/view?usp=sharing>

PFA:- <https://drive.google.com/file/d/1oSvnRDEryiKf4io333EEIrk6mNIIYsWQ/view?usp=sharing>

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