



# YOGA

for unity & wellbeing

Ruchi Srivastava

has participated towards the **International Day of Yoga 2022**  
in the **100 days of Yoga** program, March 14 to June 21,

## Yoga for Unity & Well-Being



*स्वामी रामदेव*

**YogRishi**  
**Swami Ramdev**  
President,  
Patanjali Yogpeeth, Haridwar

*Kamlesh Patel*

**Kamlesh Patel**  
Heartfulness Guide,  
Kanha Shanti Vanam



Neyyar Dam  
**Sivananda**  
YOGA VEDANTA DHANWANTARI ASHRAM



**yogavahini**  
towards wellness, wholeness and wisdom



**KAIVALYADHAMA**  
Where Yoga tradition and Science meet



**Yogaweg**



Krishnamacharya Yoga Mandiram



Ramamani Iyengar Memorial Yoga Institute



LIFE SPRING  
YOGA INSTITUTE



Vivekananda Yoga University



THE  
PEACE

2022-06-20

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