



TECNIA INSTITUTE OF ADVANCED STUDIES
NAAC ACCREDITED GRADE "A" INSTITUTE
Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to GGSIP University
Recognized Under Sec. 2(f) of UGC Act 1956
INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085
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Fit India Youth Club

REPORT

ON

INTRA INSTITUTE SPORTS COMPETITION: INDOOR GAMES

- EVENT** : Intra Institute Sports Competition: Indoor Games (Table Tennis, Arm Wrestling)
- Theme** : The Perils of Smoking, Drugs and Alcohol
- Nodal Officer** : Dr. Ruchi Srivastava
- Convener-Incharge** : Mr. Inderpreet Singh
- Student Beneficiary** : 60
- Participation** : BBA, BJMC, BCA, MBA
- Date** : 21/05/2022
- Time** : 10:00 AM Onwards
- Platform** : Offline, TIAS



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INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085



Fit India Youth Club

Organizes

Intra Institute Sports Competition: Indoor Games (Table Tennis, Arm Wrestling)
Theme: The Perils of Smoking, Drugs and Alcohol

Departments: MBA, BBA, BA(J&MC) & BCA
21-May-2022, Saturday
Time: 10 AM Onwards
Venue: Offline, TIAS

In Association With



Dr. Ruchi Srivastava
Nodal Officer

Mr. Inderpreet Singh
Incharge - Fitness Club

OBJECTIVES

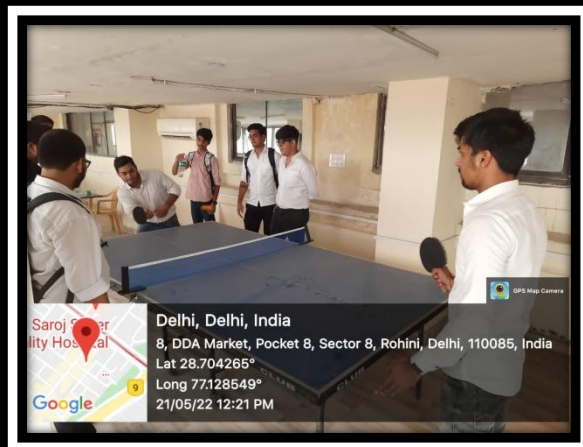
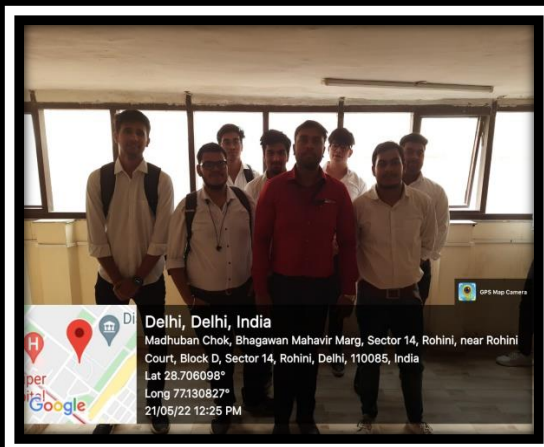
1. To provide an opportunities to the students for showcasing their talent
2. To promote sportsmanship among students
3. To develop the interests of the students among sports

REPORT

This activity has been organized by the Fit India Youth Club of Tecnia Institute of Advanced Studies on 21.05.2022 in continuation of UGC's letter no 1-54/2019 (Website/Fit India) dated 13th December, 2019 regarding the implementation of "Fit India Campaign" in Higher Educational Institutions. In this event, indoor games like table tennis and arm wrestling was designed for the students where they can enhance themselves. All the participants enjoyed this event and were glad that these types of events were organized in the institution where they can achieve something and grow themselves. Sports helps an individual much more than in the physical aspects alone. It builds character, teaches and develops strategic thinking, analytical thinking, leadership skills, goal setting and risk taking.

All the students were motivated to devote time to each game such as table tennis and arm wrestling. The main aim was to provide emotional concern for the students in Pandemic to build their mental health and to create awareness through this event.





Students Participation in the event

LEARNING OUTCOME

Participants have

1. Showcased their talent in the activities which enhanced their skills
2. understood the importance of indoor games in their life skills
3. enhanced their physical skills on the basis of games involved complement with strategic skills

FIT INDIA YOUTH CLUB			
INTRA INSTITUTE SPORTS COMPETITION: INDOOR GAMES (TABLE TENNIS, ARM WRESTLING)			
DATE: 21.05.2022			
LIST OF BENEFICIARIES			
S. NO	NAME	ENROLLMENT NO	COURSE
1	APEKSHA NEGI	13921301721	BBA
2	AYUSH GOEL	08617001721	BBA
3	SUCHITA UPADHYAY	14021301721	BBA
4	PRASHANT KUMAR	09317001721	BBA
5	KASHISH MALHOTRA	06317001721	BBA
6	CHIRAG JHA	14121301721	BBA
7	SHRUTI JAIN	08117001721	BBA
8	RISHABH KUMAR GUPTA	14221301721	BBA
9	HARSH MISHRA	14321301721	BBA
10	RISHABH JINDAL	00317001721	BBA
11	SEVANSHU WADHWA	14421301721	BBA
12	LAKSHITA	09617001721	BBA
13	MOHMAD SUHAIL	14521301721	BBA
14	HARSH GUPTA	01217001721	BBA
15	SALONI KHANDELWAL	14621301721	BBA
16	ANMOL JAIN	03517001721	BBA
17	RAKSHIT CHAUDHARY	14721301721	BBA
18	GAUTAM KUKREJA	14821301721	BBA
19	TRIPTI KHANDELWAL	05417001721	BBA
20	YASHIKA RAWAT	15217001721	BBA
21	SAYAN SASMAL	15317001721	BBA
22	ARMAN KHAN	15417001721	BBA
23	ABHINAV VERMA	50117001721	BBA
24	SANAT ROOPRAI	15517001721	BBA
25	GAGAN DEEP SINGH	03921302021	BCA
26	ABHISHEK KUMAR SINGH	04521302021	BCA
27	YASH KHANNA	03321302021	BCA
28	SURYA CHAWLA	02721302021	BCA
29	AMAN	02221302021	BCA
30	ISHIKA CHHABRA	02821302021	BCA
31	MANAS THAKUR	04021302021	BCA
32	SOURABH DALAL	04321302021	BCA
33	SUMIT KUMAR GUPTA	05221302021	BCA
34	SHIVANSH RAWAT	04421302021	BCA
35	PAESHA	04817002021	BCA

36	VANSHIKA NEGI	05217002021	BCA
37	SATVIK	00817002021	BCA
38	MAYANK CHAUDHARY	01017002021	BCA
39	PRATHAM BABBERWAL	01417002021	BCA
40	PRIYANSHU CHOUDHARY	02117002021	BCA
41	PRATHAM ARORA	02317002021	BCA
42	ANKUSH YADAV	02617002021	BCA
43	VASU JAIN	04417002020	BCA
44	YASH SHARMA	04617002020	BCA
45	AKSHIT	00317002020	BCA
46	RIYA GUPTA	03417002020	BCA
47	SMARTH RAHEJA	04017002020	BCA
48	PRIYANSHU SINGHAL	06317002420	BAJMC
49	AKSHIT BANSAL	00521302420	BAJMC
50	PUNEET JAIN	06417002420	BAJMC
51	ANANYA JAIN	00821302420	BAJMC
52	RACHIT SINGH	06517002420	BAJMC
53	DIVYANSHU MISHRA	02321302420	BAJMC
54	RAHUL ALEX R DASS	06617002420	BAJMC
55	HARSH TEJANIYA	03021302420	BAJMC
56	RANVEER SINGH AHLUWALIA	06717002420	BAJMC
57	JAI KHURANA	03521302420	BAJMC
58	RENU SHARMA	06817002420	BAJMC
59	KUSHAGRA GABA	04421302420	BAJMC
60	RISHABH DIWAN	06917002420	BAJMC