

**TECNIA INSTITUTE OF ADVANCED STUDIES**

**NAAC ACCREDITED 'A' GRADE INSTITUTE**

**Ref. No.: TIAS/2021-22/FIT INDIA YOUTHCLUB / AP-1**

**DATED: 12.4.2022**

**Notice**

Kind Attention: MBA, BBA, BA (J&MC), BCA

Subject: Enrol-for-Free-Yoga-Courses-Conducted-for-Students-Faculty-and-Staff.

In continuation of the mail received from GGSIPU dated 11/04/2022 ref no GGSIPU/DSW/19/22/5713. All students, staffs and faculties of the institute are requested to Enrol-for-Free-Yoga-Courses at the given link :[www.yoga4unity.com/](http://www.yoga4unity.com/) on or before 15.04.2022

All the departmental head and class Incharges of respective programmes are requested to motivate the students to participate for the same.



**Dr. Ruchi Srivastava**

**Nodal Officer, Fit India Youth Club, TIAS**



**Mr. Inderpreet Singh**

**Incharge- Fit India Youth Club, TIAS**

CC to:

1. Director, TIAS
2. HOD – MBA, BCA , BBA, BAJMC, Dean and Head IQAC
3. IT Dept. For uploading on the website.



## Directorate of Students' Welfare

Guru Gobind Singh Indraprastha University

Sector-16 C, Dwarka, New Delhi-110078,

Website: <http://ipu.ac.in>, Email id: [sports@ipu.ac.in](mailto:sports@ipu.ac.in)



GGSIU/DSW/19/22/5713

Dated: 07.04.2022

### NOTICE

**Subject: - Enrol for Free Yoga Courses Conducted for Students, Faculty and Staff**

All Students, Faculty and Staff, GGSIP University are hereby informed that 100 day- Yoga for Unity and Well Being 2022 event is being organised by Association of Indian Universities (AIU) in partnership with eminent Yoga organizations from 20<sup>th</sup> March to 22<sup>nd</sup> June 2022.

The said event will be organised at global level and the participants shall be able to enrol without any fee on the link [www.yoga4unity.com](http://www.yoga4unity.com) in one or more of the 5 courses viz Master Classes, Yoga 4 Beginners, Yoga 4 Seniors, Yoga 4 Yoga Teachers, Yoga 4 Kids. The session in the courses shall be conducted by renowned personalities like Swami Ramdev, Patanjali, Shri Kamlesh D.Patel (Daaji), Heartfulness, Dr Chinmay Pandya, Saraswati Vasudevashn, Subodh Tiwari, Dr. Vijay Kumar etc.

All Students, Faculty and Staff, GGSIP University may avail this opportunity by registering themselves as per the details mentioned above on or before 15<sup>th</sup> April 2022. All the participants will receive a Certificate of Participation after 21.06.2022

  
(Dr. Gulshan Kumar) 7/04/2022

Associate Director, Students' Welfare

Copy to: -

1. All Deans / Directors (USS & Affiliated Institutions) / All HODs / Branch In-charge- with a request to circulate information amongst the students, faculty and staff to participate in the event
2. AR to Hon'ble Vice Chancellor-for kind information of Hon'ble Vice Chancellor
3. AR to Registrar-for kind information of the Registrar
4. In-charge, Server Room with a request to upload on University website for information of all concerned.
5. Guard File

  
(Neeraj Pant)  
Section Officer (SW)

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