



TECNIA INSTITUTE OF ADVANCED STUDIES
NAAC ACCREDITED GRADE "A" INSTITUTE
Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to GGSIP University
Recognized Under Sec. 2(f) of UGC Act 1956
INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085
Tel:91-11-27555121-24, E-Mail : directortias@tecnia.in, Website: www.tiaspg.tecnia.in





Fit India Youth Club

REPORT

On

Intra Institute Sports Competition

- EVENT:** Intra Institute Sports Competition
- Theme:** Yoga and Meditation: Looking Inwards for Mental Peace
- Nodal Officer:** Dr. Rahul Tripathi
- Convener-Incharge:** Mr. Inderpreet Singh
- Student Beneficiary:** 74
- Participation:** BBA, BJMC, BCA, MBA
- Date:** 02/06/2021
- Time:** 09:00 AM onwards
- Platform:** Online



TECNIA INSTITUTE OF ADVANCED STUDIES
Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to G.G.S.I.P. University & Recognized Under Sec. 2(f) of UGC Act 1956.
INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085

Fit India Youth Club

Organizes

**Intra Institute Sports Competition:
Indoor Game (Chess, Carom) -
Fitness Sporting Activity**

Theme: Yoga and Meditation: Looking Inwards for Mental Peace





Departments: MBA, BBA, BA(J&MC) & BCA



02.06.2021

Time: 09 AM Onwards

Platform: Online

In Association With





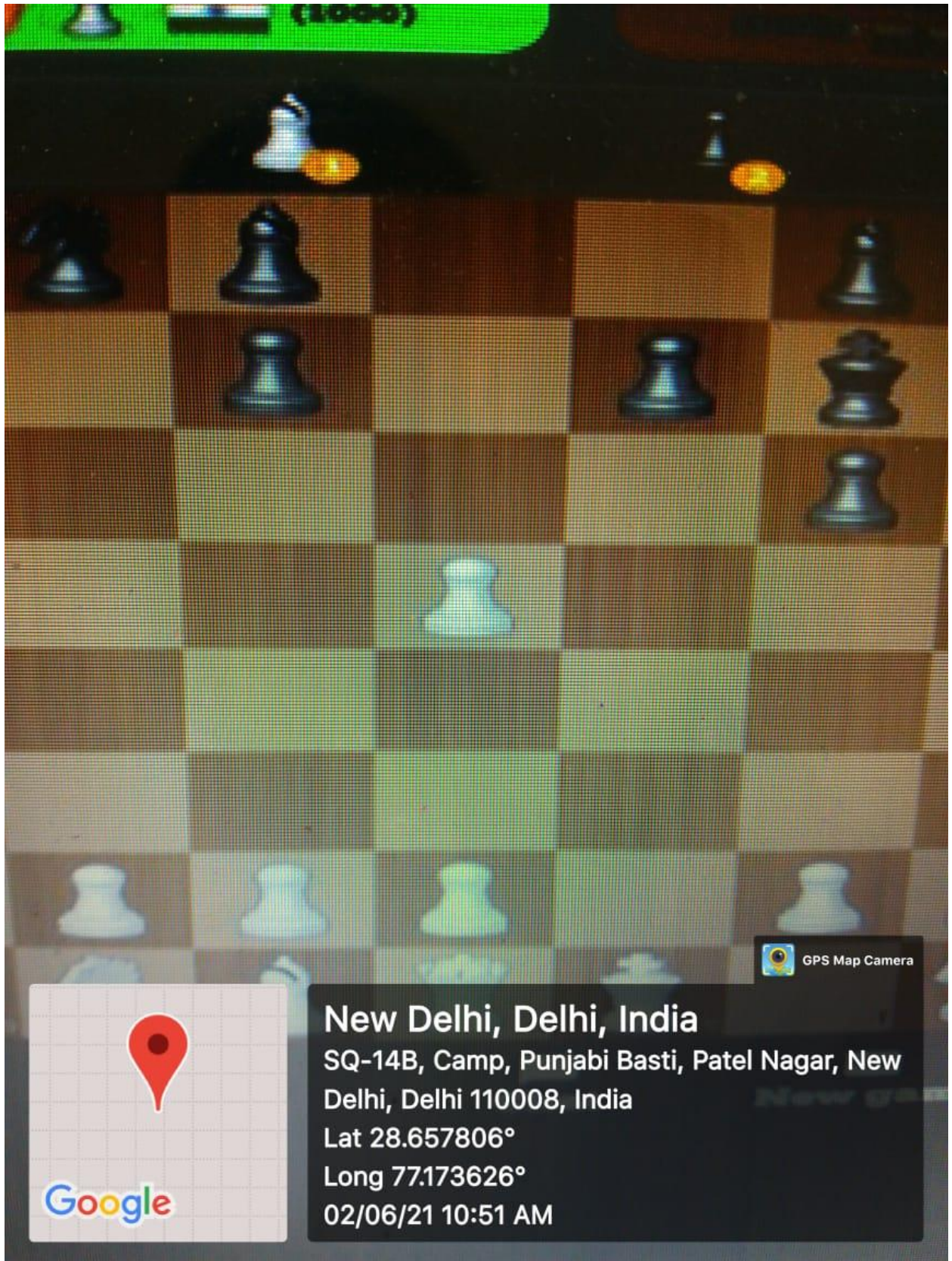
OBJECTIVES

1. To provide an opportunities to the students for showcasing their talent
2. To promote sportsmanship among students
3. To develop the interests of the students among sports

REPORT

An event Intra Institute Sports Competition was organised on 02.06.2021 in Fit India Youth Club of Tecnia Institute of Advanced Studies with reference to UGC's letter no 1-54/2019 (Website/Fit India) dated 13th December, 2019 for the implementation of "Fit India Campaign" in Higher Educational Institutions. In this event, indoor games like chess, carom and Ludo was designed for the students where they can enhance themselves. All the participants enjoyed this event and were glad that these types of events were organised in the institution where they can achieve something and grow themselves. Sports helps an individual much more than in the physical aspects alone. It builds character, teaches and develops strategic thinking, analytical thinking, leadership skills, goal setting and risk taking.

All the students were motivated to devote time to each game and were also instructed to play each game. The main aim was to provide emotional concern for the students in Pandemic to build their mental health and to create awareness through this event.



(1000)

GPS Map Camera

New Delhi, Delhi, India

SQ-14B, Camp, Punjabi Basti, Patel Nagar, New Delhi, Delhi 110008, India

Lat 28.657806°

Long 77.173626°

02/06/21 10:51 AM



LEARNING OUTCOME

1. Students have acquired relevance of indoor games
2. Students have enhanced their tactical and decision making skills on the basis of tactics involved in playing the games
3. Students attain strategic skills by involving themselves in the mind game such as chess.

INTRA INSTITUTE SPORTS COMPETITION: INDOOR GAME (CHESS, CAROM) (Yoga and Meditation: Looking Inwards for Mental Peace) LIST OF BENEFICIARIES DATED:02.06.2021			
S. NO	NAME	ENROLLMENT NO	COURSE
1	DEEPANSHU MITTAL	11921301719	BBA
2	DEVANSHI KANSAL	00821301718	MBA
3	DHRUV GARG	04617001719	BBA
4	DIKSHIT JAIN	01617001718	BBA
5	DIVYA SHARMA	05717001719	BBA
6	DIVYENDU VATSA	01717001718	BA(J&MC)
7	DUSHYANT MALHOTRA	01817001718	BBA
8	GAGAN GOEL	00117001719	BBA
9	HARDIK SHARMA	01417001719	MBA
10	HARDIK SUNEJA	0217001719	BBA
11	HARSH MALHOTRA	05517001719	BBA
12	HARSHIT ASIJA	04017001719	BBA
13	HARSHITA RAJPAL	08621301719	BA(J&MC)
14	HARSHITA WADHWA	46821301718	BBA
15	HIMANSHU BANSAL	05917001719	BBA
16	HIREN SHARMA	10521301719	MBA
17	HRITIK SYAL	06121301719	BBA
18	ISHIKA KANSAL	04717001719	BBA
19	JAGRIT MUNIAPPAN	10321301719	BBA
20	JATIN KATARIA	03517001719	BA(J&MC)
21	JOYSHREE KARMAKAR	01921301718	BBA

22	KABIR CHHABRA	02021301718	BBA
23	KAJAL KAPOOR	02121301718	MBA
24	KALASH JAIN	04817001719	BBA
25	KANAN SAPRA	41617001718	BBA
26	KARAN PREET SINGH	02221301718	BBA
27	KASHISH JAIN	02421301718	BA(J&MC)
28	LAKSHYA DHINGRA	02521301718	BBA
29	LOVISH ARORA	12721301719	BBA
30	MANAN BHUTANI	06321301719	MBA
31	MANAV JAWA	03717001719	BBA
32	MANISH SINGH NEGI	03317001719	BBA
33	MANSI	02621301718	BBA
34	MAYANK JINDAL	03017001719	BA(J&MC)
35	MAYANK MALHOTRA	04317001719	BBA
36	MEHAK	44821301718	BBA
37	MENARK SINGH	06521301719	MBA
38	MUSKAAN MAHESHWARI	41417001718	BBA
39	MUSKAN GUPTA	03917001718	BBA
40	MUSKAN LOHIA	40217001718	BBA
41	MUSKAN SHARMA	43317001718	BA(J&MC)
42	NAKUL BADAL	05317001719	BBA
43	NIMISHA GUPTA	42021301718	BBA
44	NIPUN	04017001718	MBA
45	NIPUN DIWAN	08421301719	BBA
46	PALAK KOCHAR	04117001718	BBA
47	PALLAVI MALIK	04217001718	BBA
48	PANSY KHARJURIA	02017001719	BA(J&MC)
49	PARVEEN PUROHIT	43617001718	BBA
50	UTKARSH GAUR	02217001719	BBA
51	VAIBHAV SATIJA	10421301719	MBA
52	PIYUSH MEHTA	41221301718	BBA
53	PRATEEK ARORA	44721301718	BBA
54	VANSHIKA GOEL	46521301718	BBA
55	VARUN CHOPRA	00417001719	BA(J&MC)
56	VIBHAV BANSAL	41717001718	BBA
57	VIBHOR SHARMA	01617001719	BBA
58	VIDHI THUKRAL	08321301719	MBA
59	RAGHAV GOYAL	12821301719	BBA
60	RAHUL	06721301719	BBA
61	TWINKLE DHINGRA	05417001719	BBA
62	TWINKLE GROVER	06717001718	BBA

63	UMAR FAROOQ	02317001719	BBA
64	RAHUL SACHDEVA	41921301718	BCA
65	RATAN	10621301719	BBA
66	RITANJAY AMAR	44521301718	BBA
67	RITIK	06421301719	BBA
68	RITIKA LAKHOTIA	43717001718	BA(J&MC)
69	RIYA CHADHA	03817001719	BCA
70	RIYA GOEL	05817001719	BBA
71	ROHAN AGGARWAL	00817001719	BBA
72	RUDRANSH SHARMA	0517001719	BBA
73	SABIH ZAIDI	44421301718	BA(J&MC)
74	SACHIN SAKLANI	05317001718	BBA