



**TECNIA INSTITUTE OF ADVANCED STUDIES**

**NAAC ACCREDITED GRADE "A" INSTITUTE**

Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to GGSIP University  
Recognized Under Sec. 2(f) of UGC Act 1956

**INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085**

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## Fit India Youth Club

### REPORT

On

Meeting of

**Fit India Youth Club**

<b>EVENT</b>	:	Meeting of Fit India Youth Club
<b>THEME</b>	:	The Perils of Smoking, Drugs and Alcohol
<b>Nodal Officer</b>	:	Dr. Rahul Tripathi
<b>Student Beneficiary</b>	:	19
<b>Faculty Beneficiary</b>	:	4
<b>Course</b>	:	BBA, BJMC, BCA, MBA
<b>Date</b>	:	22/05/2021
<b>Time</b>	:	12:00 PM – 01:00 PM
<b>Platform</b>	:	Online MS Team

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INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085

**Fit India Youth Club**  
Organizes

**Meeting of Fit India Youth Club**  
**(Theme: "The Perils of Smoking, Drugs and Alcohol")**

**Departments: MBA, BBA, BA(J&MC) & BCA**  
**22/05/2021, Saturday**  
**Time: 12:00 PM – 01:00 PM onwards**  
**Platform: Online**

In Association With

15th Anniversary of Fit India  
Defeat Corona

Dr. Rahul Tripathi  
Nodal Officer

## Objectives

1. To discuss the improvements and wellness of Fit India Youth Club
2. To take the key activities to be undertaken to spread awareness of perils of smoking, drugs and alcohol in the Fit India Youth Club

## Introduction

This meeting was organized by Fit India Youth Club of Tecnia Institute of Advanced Studies, Rohini, Delhi on 22/05/2021 in continuation of UGC's letter no 1-54/2019 (Website/Fit India) dated 13th December, 2019 regarding the implementation of "Fit India Campaign" in Higher Educational Institutions. The meeting was organized to address the coordinators about the improvement

activities. Moreover, discussions happened with the students in the improvements of their lifestyle.

## Minutes to Minutes Schedule

**Subject:** Fit India Youth Club Meeting on 22 May, 2021, 12:00 - 1:00 PM

**Agenda:** Increase awareness of the students regarding perils of smoking, drugs and alcohol activities to be undertaken in Fit India Youth Club activities

S. No	Sequence	Keynote Speaker	Profile	Timings
1	Welcome Speech	Ms. Megha Mohan	Assistant Prof, TIAS, New Delhi & Incharge Fit India Youth Club	12:00 PM
2	<p><b>A.</b> Explained points related to welfare of Fit India Youth Club and encourage participation of students in the Fit India Youth Club</p> <p><b>B.</b> Informed Hod, Class Incharges and Students coordinators to create awareness regarding perils of smoking, drugs and activities alcohol to be organized in Fit India Youth Club.</p> <p><b>C.</b> Requested suggestions from Hod, Class Incharges and Students coordinators for the enhancement of Fit India Youth Club</p>	Dr. Rahul Tripathi	Assi Prof, TIAS, New Delhi & Convener Fit India Youth Club	12:05 PM
3	He provided suggestions of events to be conducted in an organized way to generate awareness regarding the key issues of drugs and alcohol addiction	Dr. Sandeep Kumar	Prof, TIAS, New Delhi	12:20 PM
4	He gave the assurance to generate awareness among students	Harsh Nakoti	Student, TIAS, New Delhi	12:30 PM
5	She had suggested to organize webinars from the renowned personalities for students	Isha Chaubey	Fit India Youth Club Coordinator, TIAS, New Delhi	12:40 PM
7	Thanking note	Dr. Rahul Tripathi	Assi. Prof, TIAS, New Delhi & Convener Fit India Youth Club	1:00 PM

## Learning Outcome

1. Students will acquire understanding of the physical activities undertaken in the Fit India Youth Club
2. It will improve the knowledge of the students regarding the perils of smoking, drugs and alcohol
3. It will create awareness and sensitize the students to understand the removal of addiction in drugs, alcohol and their side-effects

LIST OF BENEFICIARIES		
S.NO	NAME	STUDENT/FACULTY
1	DHRUV RAWAT	STUDENTS
2	DIKSHIT JAIN	STUDENTS
3	DIMPLE KHANNA	STUDENTS
4	DIVYANSH SINGHAL	STUDENTS
5	DIVYANSHUMISHRA	STUDENTS
6	HARSHIT GROVER	STUDENTS
7	HARSHITAMA HESHWARI	STUDENTS
8	HARSH NAKOTI	STUDENTS
9	HIMANSHI JAIN	STUDENTS
10	HIMANSHI GOGIA	STUDENTS
11	ISHA CHAUBEY	STUDENTS
12	ISHA PRASAD	STUDENTS
13	ISHITA	STUDENTS
14	JANVITI WARI	STUDENTS
15	JAYANT CHAURASIA	STUDENTS
16	KAILASH TALREJA	STUDENTS
17	KAJAL GOYAL	STUDENTS
18	KAJAL SHARMA	STUDENTS
19	KANDARP MALHOTRA	STUDENTS
20	MS. MEGHA MOHAN	FACULTY
21	DR. NAMITA MISHRA	FACULTY
22	DR. RAHUL TRIPATHI	FACULTY
23	MR. INDERPREET SINGH	FACULTY

