



TECNIA INSTITUTE OF ADVANCED STUDIES
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Fit India Youth Club

REPORT

EVENT: Meeting of Fit India Youth Club

THEME: Hygiene and Cleanliness

Nodal Officer: Dr. Ruchi Srivastava

Convener-Incharge: Mr. Inderpreet Singh

Student/Faculty Beneficiary: 32/5

Participation: BBA, BJMC, BCA, MBA

Date: 27/11/2021

Time: 12:00 PM – 01:00 PM

Platform: - TIAS OFFLINE

Objectives

1. To discuss the improvements and wellness of Fit India Youth Club
2. To take the key decisions for the Hygiene and Cleanliness activities undertaken in the Fit India Youth Club
3. To make students understand the relevance in the Fit India Youth Club

Introduction

This meeting was organized by Fit India Youth Club of Tecnia Institute of Advanced Studies, Rohini, Delhi on 27/11/2021 in continuation of UGC's letter no 1-54/2019 (Website/Fit India) dated 13th December, 2019 regarding the implementation of "Fit India Campaign" in Higher Educational Institutions. The meeting was organized to address the coordinators about the improvement

activities. Moreover, discussions happened with the students in the improvements of their lifestyle.

Minutes to Minutes Schedule

Subject: Fit Indis Youth Club Meeting on 27 November, 2021, 12:00 - 1:00 PM

- Agenda:** 1. Increase participation of the students in Fit India Youth Club activities
2. Commencement of Fit India Youth Club Events offline

S. No	Sequence	Keynote Speaker	Profile	Timings
1	Welcome Speech	Mr. Inderpreet Singh	Assistant Prof, TIAS, New Delhi & Incharge Fit India Youth Club	12:00 PM
2	<p>A. Explained points related to welfare of Fit India Youth Club and encourage participation of students in the Fit India Youth Club</p> <p>B. Informed Hod, Class Incharges and Students coordinators about the events to be organized in Fit India Youth Club in offline mode</p> <p>C. Requested suggestions from Hod, Class Incharges and Students coordinators for the enhancement of Fit India Youth Club</p>	Dr. Ruchi Srivastava	Asso Prof, TIAS, New Delhi & Convener Fit India Youth Club	12:05 PM
3	He expressed his views for the improvements to be made in the Fit India Youth Club by coordinating the activities through the single window	Dr. Sandeep Kumar	Prof, TIAS, New Delhi	12:20 PM
4	He gave the coordinators recommendations for activities that the should plan.	Varaang Kansal	Student, TIAS, New Delhi	12:30 PM
5	She had suggested to organize intra events such as e-sport games online to encourage students participation	Khushi Malhotra	Fit India Youth Club Coordinator, TIAS, New Delhi	12:40 PM
7	Thanking note	Dr. Ruchi Srivastava	Asso. Prof, TIAS, New Delhi & Convener Fit India Youth Club	1:00 PM

Learning Outcome

1. Students will acquire knowledge of the physical activities undertaken in the Fit India Youth Club
2. It will improve the coordination of the students for the participation in the fitness activities
3. It will create awareness and sensitize the students to understand the relevance of hygiene and cleanliness activities to get performed at the college students.

LIST OF BENEFICIARIES		
S.NO	NAME	STUDENT/FACULTY
1	RIYA SHARMA	STUDENTS
2	ROHAN KARAYAT	STUDENTS
3	ROHIT GUPTA	STUDENTS
4	ROHIT KUMAR	STUDENTS
5	RUNALI	STUDENTS
6	SAHANAZ KHATUN	STUDENTS
7	SAHIL MOURYA	STUDENTS
8	SAKSHAM KAPOOR	STUDENTS
9	SALONI BARANWAL	STUDENTS
10	SANIDHYA SINGH	STUDENTS
11	SANKET GULYANI	STUDENTS
12	SANYA OBEROI	STUDENTS
13	SARTHAK ARORA	STUDENTS
14	SARTHAK BAJAJ	STUDENTS
15	SARTHAK JAIN	STUDENTS
16	SATVIK	STUDENTS
17	SAURAV SHARMA	STUDENTS
18	SAURYA VARDHAN	STUDENTS
19	VARAANG KANSAL	STUDENTS
20	KHUSHI MALHOTRA	STUDENTS
21	BHAVYA JAIN	STUDENTS
22	NAMAN VIJ	STUDENTS
23	CHARU BATRA	STUDENTS
24	SHOURYA SINGH	STUDENTS
25	SHREYA SHANDILYA	STUDENTS
26	DHRUV GUPTA	STUDENTS
27	DHRUV SINGH RATHORE	STUDENTS

28	DHRUVMUDGAL	STUDENTS
29	DIPANSHU PAHUJA	STUDENTS
30	FALGUNI SHARMA	STUDENTS
31	GAGAN BAGHEL	STUDENTS
32	PRIYANSHU DUBEY	STUDENTS
33	MS. MEGHA MOHAN	FACULTY
34	DR. NAMITA MISHRA	FACULTY
35	DR. RUCHI SRIVASTAVA	FACULTY
36	MR. INDERPREET SINGH	FACULTY
37	DR. SANDEEP KUMAR	FACULTY