



**TECNIA INSTITUTE OF ADVANCED STUDIES**  
**NAAC ACCREDITED GRADE "A" INSTITUTE**  
Approved by AICTE, Ministry of HRD, Govt. of India, Affiliated to GGSIP University  
Recognized Under Sec. 2(f) of UGC Act 1956  
**INSTITUTIONAL AREA MADHUBAN CHOWK, ROHINI, DELHI 110085**  
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## Fit India Youth Club

### REPORT

**EVENT:** Intra Institute Sports Competition

**Nodal Officer:** Dr. Ruchi Srivastava

**Convener-Incharge:** Mr. Inderpreet Singh

**Student Beneficiary:** 38

**Participation:** BBA, BJMC, BCA, MBA

**Date:** 18/12/2021

**Time:** 10:00 AM onwards

**Platform:** Online



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INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085



## Fit India Youth Club

Organizes

**Intra Institute Sports Competition:**  
**Indoor Game (Chess, Carom, Ludo Etc.) -Fitness Sporting Activity**  
**(Theme: The Perils of Smoking, Drugs and Alcohol)**

**Departments: MBA, BBA, BA(J&MC) & BCA**  
**18-Dec-2021, Saturday**  
**Time: 10 AM Onwards**  
**Platform: Online TIAS**

In Association With



Dr. Ruchi Srivastava  
Nodal Officer

Mr. Inderpreet Singh  
Incharge - Fitness Club

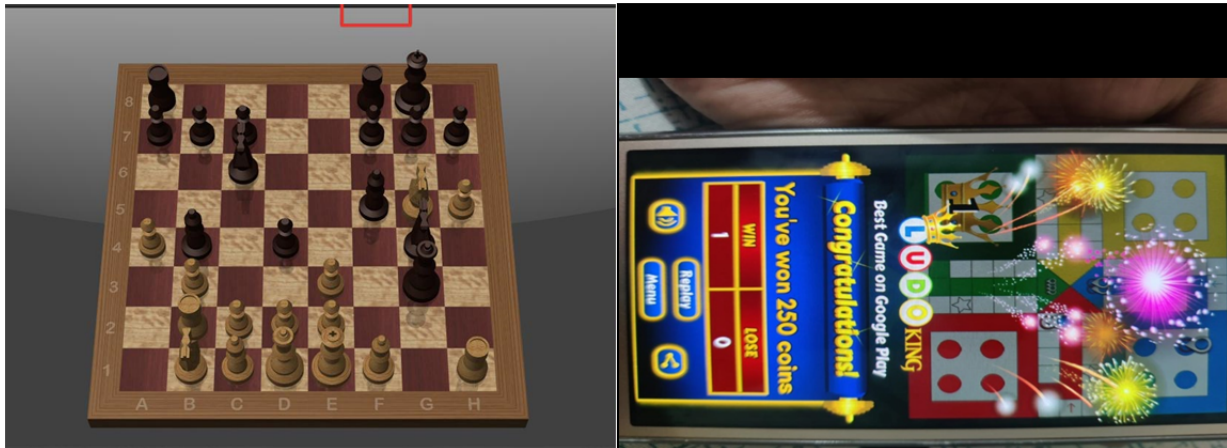
## OBJECTIVES

1. To provide an opportunities to the students for showcasing their talent
2. To promote sportsmanship among students
3. To develop the interests of the students among sports

## REPORT

This activity has been organized by the Fit India Youth Club of Tecnia Institute of Advanced Studies on 18.12.2021 in continuation of UGC's letter no 1-54/2019 (Website/Fit India) dated 13th December, 2019 regarding the implementation of "Fit India Campaign" in Higher Educational Institutions.. In this event, indoor games like chess, carom and Ludo was designed for the students where they can enhance themselves. All the participants enjoyed this event and were glad that these types of events were organised in the institution where they can achieve something and grow themselves. Sports helps an individual much more than in the physical aspects alone. It builds character, teaches and develops strategic thinking, analytical thinking, leadership skills, goal setting and risk taking.

All the students were motivated to devote time to each game and were also instructed to play each game. The main aim was to provide emotional concern for the students in Pandemic to build their mental health and to create awareness through this event.



*Students Participation in the event*

## LEARNING OUTCOME

1. Participants have acquired relevance of indoor games
2. Participants have enhanced their tactical and decision making skills on the basis of tactics involved in playing the games
3. Participants attain strategic skills by involving themselves in the mind game such as chess.

<b>List of Beneficiaries</b>			
<b>S. No</b>	<b>Name</b>	<b>Enrollment No</b>	<b>Course</b>
1	Namrata Rana	07921301720	BBA
2	Pritish Jain	09221301720	BBA
3	Piyush Kumar	08921301720	BBA
4	Dishank jain	01617002020	BCA
5	Namrata Rana	07921301720	BBA
6	Kapil	06221301720	BBA
7	Aarushi Saxena	12117001719	BBA
8	sahil duggal	10921301720	BBA
9	Sourabh jha	00121303920	MBA
10	Kritika Sabharwal	01017002419	BJMC
11	Prachi	06321302419	BJMC
12	Yashika	14817001720	BBA
13	Jahnvi Nayyar	12717001719	BBA
14	Vikas mishra	36521301720	BBA
15	Geetanshi Arora	04917002019	BCA
16	Naman Vij	07821301720	BBA
17	Disha Bansal	014217001719	BBA
18	Riya gupta	010117001720	BBA
19	Priya Tiwari	140170017119	BBA
20	SHRUTI	12021301720	BBA
21	PRIYANSHI JAIN	03117002020	BCA
22	PRIYANKA SINGH	09321301720	BBA
23	ABHISHEK ROY	00217002020	BCA
24	SHIVANI DHILLON	11621301720	BBA
25	RIYA GUPTA	03417002020	BCA
26	KESHAV GULATI	02517002019	BCA
27	ABHIJEET	00317001720	BBA

	SINGH BALI		
28	PIYUSH	08921301720	BBA
29	PRATIK SINGH	35617002020	BCA
30	AARTIK KAPOOR	00521301720	BBA
31	MAHIMA ARORA	07321301720	BBA
32	KUNIKA MAINDOLA	02817002019	BCA
33	BHAVYA AGGARWAL	04617002019	BCA
34	DESHIK CHAWLA	02617001720	BBA
35	SAGAR RATHOR	10821301720	BBA
36	ISHIKA SHARMA	05017001720	BBA
37	MANAV GUPTA	00117002019	BCA
38	SHIVANI	03717002020	BCA