



TECNIA INSTITUTE OF ADVANCED STUDIES

NAAC ACCREDITED GRADE "A" INSTITUTE

Approved by AICTE, Ministry of HRD, Govt. of India Affiliated To GGSIP University
Recognized under Sec 2(f) of UGC ACT 1956

INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI- 110085

Tel: 91-11-27555121-24, E-Mail: director@tecnia.in; Website: www.tiaapg.tecnia.in



FIT INDIA YOUTH CLUB

REPORT

EVENT: Intra Institute Sports Competition

Nodal Officer: Dr. Ruchi Srivastava

Convener-Incharge: Mr. Inderpreet Singh

Student Beneficiary: 19

Participation: BBA, BJMC, BCA, MBA

Date: 16/10/2021

Time: 10:00 AM onwards

Platform: Online



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INSTITUTIONAL AREA, MADHUBAN CHOWK, ROHINI, DELHI-110085

Fit India Youth Club

Organizes

Intra Institute Sports Competition:
Indoor Game (Chess, Carom, Etc.) -Fitness Sporting Activity
(Theme: Healthy Diet For Healthy Life)

Departments: MBA, BBA, BA(J&MC) & BCA
16-Oct-2021, Saturday
Time: 10 AM Onwards
Platform: Online- Google Form

In Association With



Dr. Ruchi Srivastava
Nodal Officer

Mr. Inderpreet Singh
Incharge - Fitness Club



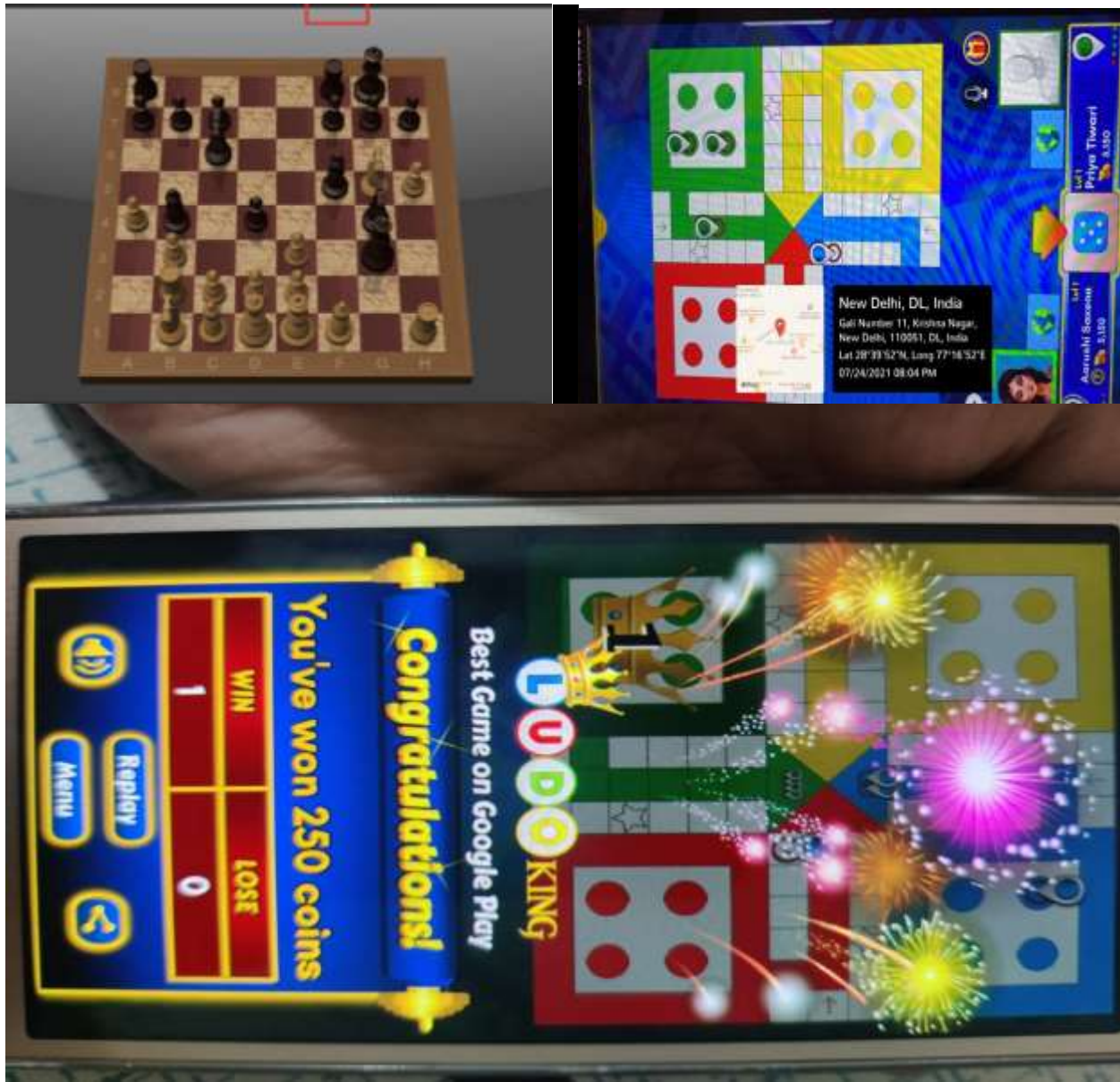
OBJECTIVES

1. To provide an opportunities to the students for showcasing their talent
2. To promote sportsmanship among students
3. To develop the interests of the students among sports

REPORT

This activity has been organized by the Fit India Youth Club of Tecnia Institute of Advanced Studies to provide an opportunity to the students at the institution to develop and display the skills in the fitness supporting activity. In this event, indoor games like chess, carom and Ludo was designed for the students where they can enhance themselves. All the participants enjoyed this event and were glad that these types of events were organised in the institution where they can achieve something and grow themselves. Sports helps an individual much more than in the physical aspects alone. It builds character, teaches and develops strategic thinking, analytical thinking, leadership skills, goal setting and risk taking.

All the students were motivated to devote time to each game and were also instructed to play each game. The main aim was to provide emotional concern for the students in Pandemic to build their mental health and to create awareness through this event.



Students Participation in the event

LEARNING OUTCOME

1. Participants have acquired relevance of indoor games
2. Participants have enhanced their tactical and decision making skills on the basis of tactics involved in playing the games
3. Participants attain strategic skills by involving themselves in the mind game such as chess.

List of Beneficiaries			
S. No	Name	Enrollment No	Course
1	Namrata Rana	07921301720	BBA
2	Pritish Jain	09221301720	BBA
3	Piyush Kumar	08921301720	BBA
4	Dishank jain	01617002020	BCA
5	Namrata Rana	07921301720	BBA
6	Kapil	06221301720	BBA
7	Aarushi Saxena	12117001719	BBA
8	sahil duggal	10921301720	BBA
9	Sourabh jha	00121303920	MBA
10	Kritika Sabharwal	01017002419	BJMC
11	Prachi	06321302419	BJMC
12	Yashika	14817001720	BBA
13	Jahnvi Nayyar	12717001719	BBA
14	Vikas mishra	36521301720	BBA
15	Geetanshi Arora	04917002019	BCA
16	Naman Vij	07821301720	BBA
17	Disha Bansal	014217001719	BBA
18	Riya gupta	010117001720	BBA
19	Priya Tiwari	140170017119	BBA

Inderpreet Singh
Convener- Incharge
- Fitness Club, TIAS

Dr. Kirti Jainani
Student Welfare Incharge. TIAS